



New Directions Newsletter

Issue 1
April 2019



Welcome

Welcome to the first issue of the 2019 New Directions Newsletter. This newsletter provides an outline of the current status of the work of the National New Directions Implementation Group. The members of the group are busy working with the multiple strands of work around New Directions, this involves a number subgroups.

Interim Standards for New Directions

In the November 2018 issue of the Newsletter we focused on the roll out of the newly developed **E**valuation, **A**ction and **S**ervice Improvement (EASI) process to support the implementation of the Interim Standards for New Directions. All 84 Day Service Provider Organisations nationally are involved in the EASI process – Theme I.

The EASI Process was reviewed in all nine CHO Areas and feedback from the review is being incorporated into a revised EASI tool and Guidance.

The annual results of Theme I are due to be reported on in May 2019 from all Day Service Locations. Service Locations have developed their Continuous Quality Improvement (CQI) Actions Plans for Theme I and are busy working on them.



The revised EASI tool and Guidance will be outlined at Workshops on May 27th, 28th and June 6th.

The New Directions National Interim Standards Subgroup will introduce the remaining Themes over the coming year.



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Day Service Placements



Day service supports are provided at approximately 950 HSE Funded Day Service Locations. Each year there are people leaving school and Rehabilitative Training (RT) Programmes that require HSE Funded Day Services.

The Department of Health provide additional funding annually for the development of day service placements to meet the needs of School Leavers and those exiting RT each year that require a HSE funded day service. In 2019 €12m has been provided to enable these new services to commence in September.

So far, almost 1,700 people have been referred for 2019 placements. The support needs of these people have been identified within their local area. In the next two months the HSE will work with potential service provider organisations to secure placements for people that require them. It is hoped to confirm placements to families by end of May 2019.

New RT/School Leaver Referrals

Referrals for people leaving RT/School in 2020 should be sent to the local disability services no later than October 2019.

National Person-Centred Planning Framework

A National Framework for Person-Centred Planning (PCP) in Services for Persons with a Disability is being introduced in 2019. Five Service Provider Organisations have agreed to demonstrate the operation of the national framework. These are KARE, CoAction, Brothers of Charity Galway, HSE in Donegal, Sligo, Leitrim, Cavan and Monaghan and the Central Remedial Clinic.

These five organisations will use the framework to identify how their current PCP model performs against the framework and then identify actions for service improvement. The learning from these five demonstration projects will be reviewed and will inform the wider implementation of the framework throughout all adult disability services.



The five organisations are currently planning their work to advance these projects and a workshop in early May will launch the work. A report on the demonstration projects will be available in November 2019.



Service Provider Organisations in the disability sector have asked for support and clarity on a number of key areas. These include:



- **Community Inclusion and Active Citizenship** - a group has been established to develop a national guidance document on Community Inclusion and Active Citizenship in the context of the New Directions Policy.
- **Service and Service User Funding** - a group has been established to develop guidance in regard to what HSE adult day service funding is used for.
- **New Directions eLearning Module** – this module will support management and front line staff in day services to provide day service supports that are in line with the New Directions policy. The development of the module is at an advanced stage. It is planned to have the New Directions eLearning module operational by June 2019.

Communications - New Directions

The National New Directions Implementation Group is currently updating the documentation associated with New Directions.

A New Directions logo has been created which is shown here on the New Directions Report. The purpose of the logo is to enable all interested parties to easily identify any information that relates to New Directions.

Initially the New Directions policy document has had the logo and a style applied to it, this can be viewed and downloaded on our website www.hse.ie/newdirections. All other documentation will be updated in the coming months. It's important to note that the content of existing documentation has not been changed.



New Directions Website

The New Directions website has been updated to include information on Adult Disability Day Service Locations. The list of HSE funded Adult Disability Day Service Locations by Community Healthcare Organisation Area can be accessed on the New Directions website.

We will keep you updated about new documentation that has been developed to support the day service sector.

Support For Health & Wellbeing



Nationally, New Directions is working with the HSE Healthy Eating and Active Living (HEAL) Programme.

I'm in Too Education Programme: As part of the HEAL work there is a partnership with Cara who have developed an "I'm in Too Education Programme". This is a physical activity education programme for people with disabilities.

The aim of the programme is to increase the knowledge and understanding of people with disabilities on the benefits of being physical active and the opportunities that are available to participate within their local community.

Expressions of interest have been received from day service provider organisations to participate in phase 2 of the project. This work will be advanced later in the year.

Fit for all week: national **fit for all week**, is also a Cara initiative taking place from the 5th to the 11th May 2019. It is a national campaign aimed at increasing opportunities for people with disabilities to participate within their local leisure centre or fitness facilities.

Leisure centres are currently registering and will continue to do so right up to the start of the fit for all week. Find a participating leisure centre or fitness professional at www.caracentre.ie/event/fit-for-all/



Fit For All is a national campaign aimed at increasing opportunities for people with disabilities to participate within their local leisure centre or fitness facilities



COME AND TRY

- **FIND** a participating leisure centre or fitness professional at www.caracentre.ie/event/fit-for-all
- **CONTACT** them and find out whats happening during the week
- **ENJOY** the benefits of physical activity

For further information please contact Brenda O'Donnell at 01 6251160



Cork Kerry Community Healthcare New Directions Implementation Group is holding a Learning Event on May 8th. This event will enable day service providers to share learning on initiatives they have developed to support the implementation of New Directions.



For Further Information on New Directions

Website: www.hse.ie/newdirections

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