



School Leaver Referral HSE Funded Adult Day Service(s)



Post-school options for people with disabilities

The HSE Day Service Teams support people with a disability to find a training option or support service that is suited to their needs. Schools or parents can contact this service through the local HSE disability service. An adviser will meet the school leaver and their family/advocate and may work closely with the school.

The school leaver's needs may be met by a:

- HSE rehabilitative training programme **or**
- HSE adult day service **or**
- Mainstream education or training services.

What are HSE Funded Adult Day Services?

The HSE provides rehabilitative training (RT) and adult day services for adults with the following disabilities: Intellectual disability, Physical, Sensory (deaf/hard of hearing or blind/visual impairment), Mental health difficulty (RT only), Autism spectrum disorder.

Rehabilitative training programmes are training courses funded by the HSE to develop life skills, social skills, and basic work skills for people with intellectual disabilities, autism, mental health difficulty or people with complex physical disabilities. The courses usually last from two to four years. These courses can be a stepping stone to more mainstream education or training options. (Mental Health programmes are only available in some areas)

Adult day services are HSE funded programmes to provide day service supports to people, age 18 and over, with intellectual disabilities, autism, or people with complex physical disabilities. The programmes assist people to make choices and plans and to be an active, independent member of the community. Service Providers have individual service entry criteria and deliver varying degrees of supports to people with a very diverse set of needs, wishes and aspirations.

The HSE fund NEW DIRECTIONS type day services. New Directions provides a *Model of Supports* organised around the person, based on their identified needs and wishes. This approach sets out to ensure that being part of one's community is a real option. To read more about New Directions go to HSE's website: www.hse.ie/newdirections

When to Refer: Referrals should be made to the HSE at least 13 months in advance of the person leaving school. Students can be referred from age 16 for future planning purposes.

Data Protection: The HSE will obtain and disclose, in strict confidence, relevant information and/or medical reports which are required for the purpose of providing supports to access and provide Adult Day Service Programmes. All information is stored and disclosed in accordance with Data Protection Legislation.

Referral forms and your local HSE Disability Day Service office contact details are available at www.hse.ie/newdirections.