



## How to get employment?

### Workshop 2 – How to get a Job/Employment/Work

Think about the type of work/job you would like to do and why?

What do you enjoy doing?

What skills and abilities do you have?

What qualifications do you have?

Have you ever worked before? If so, where did you work?

Did you like this type of work?

How many hours would you like to work? Full time or part time?

Do you need to complete training courses or get a qualification before you start to look for a job?

How will you travel to and from work?

Are you in receipt of a benefit from Department of Social Protection? Will this change if you are working?

Do you have any health issues to consider?

Where are jobs advertised?





## Workshop 2 – Worksheet

Please circle your preferred working environment

Outdoors	Indoors	Quiet	Noisy
Big	Small	Clean	Messy
Full time	Part time		

Working with others	Working on your own
Wearing a uniform	Without a uniform
Doing one type of task	Doing different tasks

What am I good at? – Please circle what qualities you have

Caring	Creative	Dependable
Good memory	Honest	Reliable
Punctual	Make decisions	Keen to work
Friendly	Organised	Hardworking
Trustworthy	Good team player	Attention to detail





## Workshop 2 - Worksheet

What skills do I have? – Please circle what skills you have

I can use a computer

I have worked before

I can write

I can spell

I can tell the time

I can concentrate

I can remember instructions

I can use the phone

I can communicate well

I can achieve quality

I can do a variety of tasks

I can work well on my own

I look after my appearance

I have good hygiene

I understand Health & Safety



