

## Line Dancing with Gary 3.

Name:

Date:



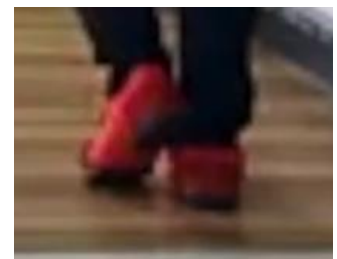
**New Directions: Personal Expression and Creativity  
& Health & Wellbeing**



### 1. Grapevine

Side - Behind – Side – Touch to the right

Side – Behind – Side – Touch to the left



## 2. Two steps forward and two steps back

Forward to the right with a touch

Forward to the left with a touch

Back with a touch

Back with a touch



## 3. Hip Bumps

Three bumps – right, left, right,  
pause.

Three bumps – left, right, left,  
pause.



#### **4. Heel Struts**

Heel – Drop Toe Right

Heel – Drop Toe Left      **+ Turn to the other wall**



**Song - Line dance to Galway Gathering by Nathan Carter**

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