**Audit**

Please carry out the following audit of your school’s current approach to food and drinks. This audit is a guide you can add or omit any questions to suit your school’s context.

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| Culture and Environment |
| Food available in our school. |
| **Does your school have any of the following: Tick all that apply** |
| Vending Machine |  |
| School Shop |  |
| Canteen |  |
| Drinking water fountain |  |
| Vending Machine. |
| **What food and drink does the vending machine sell?****Tick all that apply** |
| Water |  |
| 100% fruit or vegetable juice |  |
| Regular soft drinks (including sports drinks or drinks that are not 100% Juice) |  |
| Diet soft drinks |  |
| Milk |  |
| Flavoured milk |  |
| Yogurt |  |
| Smoothies |  |
| Confectionary; chocolate/sweets/biscuits/cake etc |  |
| Cereal bars |  |
| Crisps |  |
| Popcorn |  |
| Fruit |  |
| Vegetables |  |
| Salad |  |
| Sandwiches |  |
| Whole grain bread/rolls/wraps |  |
| Other, please specify: |

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| Please comment |
| School Shop |
| **What food and drinks does your school shop sell? Tick all that apply** |
| Water |  |
| 100% fruit or vegetable juice |  |
| Regular soft drinks (including sports drinks or drinks that are not 100% Juice) |  |
| Diet soft drinks |  |
| Milk |  |
| Flavoured milk |  |
| Yogurt |  |
| Smoothies |  |
| Confectionary; chocolate/sweets/biscuits/cake etc |  |
| Cereal bars |  |
| Crisps |  |
| Popcorn |  |
| Fruit |  |
| Vegetables |  |
| Salad |  |
| Sandwiches |  |
| Whole grain bread/rolls/wraps. |  |
| Other please specify |
| Please comment |
| **At what times can students access the school shop? Tick all that apply** |
| Before school |  | At break times |  | After school |  |
| Between classes |  | At lunch time |  |  |  |
| Canteen |
| **What food and drink does your canteen provide? Tick all that apply.** |
| Water |  |
| 100% fruit or vegetable juice |  |
| Regular soft drinks (including sports drinks or drinks that are not 100% Juice) |  |
| Diet soft drinks |  |
| Milk |  |
| Flavoured milk |  |

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| Yogurt |  |
| Smoothies |  |
| Confectionary; chocolate/sweets/biscuits/cake etc |  |
| Cereal bars |  |
| Crisps |  |
| Popcorn |  |
| Fruit |  |
| Vegetables |  |
| Salad |  |
| Sandwiches |  |
| Whole grain bread/rolls/wraps. |  |
| Chips/potato wedges |  |
| Sausage rolls |  |
| Sausages |  |
| Vegetables |  |
| Salads |  |
| Soup |  |
| Hot dinners |  |
| Pizza |  |
| Other please specify |
| Are all foods and drinks available every day? | Yes | No |
| Are there any restrictions on the availability of some foods? | Yes | No |
| **When does your canteen serve food?** |
| Before school starts |  | At break-time |  |
| At lunchtime |  | After school |  |
| Are students involved in the development of the canteen menu? | Yes | No |
| Please comment |

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| Eating Environment |

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| **Are the eating spaces in the school?** |
| Clean |  |
| Comfortable |  |
| Welcoming/nicely decorated |  |
| Well lit |  |
| Adequate litter bins |  |
| Free from odours |  |
| Have enough seats and tables |  |
| Have handwashing facilities nearby. |  |
| Please comment: |
| **Access to food and drinks outside the school. (Tick all that apply)** |
| Coffee shops |  |
| Fast food restaurants |  |
| Shops serving food |  |
| Mobile food vans |  |
| Supermarkets |  |

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| Curriculum. Teaching and Learning. |
| **Does teaching and learning about food and nutrition happen in every class year?** |
| Year | Yes | No | Details of where in the curriculum it is included: |
| 1st Year |  |  |  |
| 2nd Year |  |  |  |
| 3rd Year |  |  |  |
| Transition |  |  |  |
| 4th Year |  |  |  |
| 5th Year |  |  |  |
| 6th Year |  |  |  |
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| Do teachers have the opportunity to attend training on food and nutrition? | Yes | No |
| Please comment |
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| Are staff discouraged from using food as incentives for students? | Yes | No |
| Please comment |
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| Policy and Planning |
| **Which best describes your school’s current healthy eating policy?** |
| There is no policy. |  |
| There is an informal understanding about what food and drinks should be providedor permitted in the school but there is no written policy. |  |
| There is a written policy. |  |
| **Which of the following are addressed in your current policy: Tick all that apply.** |
| Promotion of consumption of healthy food and drinks during the school day. |  |
| Limiting the consumption of food high in salt, sugar and fat. |  |
| Promoting consumption of water throughout the school day. |  |
| Providing a safe and comfortable eating environment. |  |

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| **Who is responsible for implementation of your school’s healthy eating policy?** |
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| **How do you communicate with students, staff, parents and visitors to the school about your policy?** |
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| Relationships and Partnerships |
| **Does your school have any links with outside organisations in relation to promoting healthy eating?** |
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| **How does your school link with parents to promote healthy eating?** |
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| **How does your school link with local food businesses to promote healthy eating?** |
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| **Is there any other information relevant to promoting healthy eating in your school?** |
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