**PARENTS LETTER – SAMPLE**

Dear Parents/Carer,

We are currently developing/reviewing our healthy eating policy. The aim of the policy is to help us develop an environment that is conducive to promoting healthy eating choices in our school, this forms part of our Wellbeing Promotion Process. Please find enclosed our draft policy, which was put together by a team of school staff, students and parents. We would like parents and carers feedback on this. We invite you to fill in the enclosed questionnaire.

You can find information on current healthy eating guidelines on [http://www.healthyireland.ie/health-initiatives/heg/.](http://www.healthyireland.ie/health-initiatives/heg/) For information on healthy eating and active living for families you can visit [www.makeastart.ie](http://www.makeastart.ie/)

You can post your responses directly to the school or you can give it to your child to bring to school by DATE HERE.

When we have finalised our healthy eating policy we will be in touch with you again to update you.

 Thank you for your ongoing support,

Yours sincerely,