**Audit**

|  |
| --- |
| CULTURE AND ENVIRONMENT |
| **1** | **Where do the children eat lunch?** |
| **2** | **Is there a staff lunch rota?****Does this work effectively?** | YesYes | NoNo |
| **3** | **Do staff and children have enough time to eat lunch?** | Yes | No |
| **4** | **Can children sit with friends?** | Yes | No |
| **5** | **Where are lunchboxes stored?** |
| **6** | **Do children view any screens (e.g. movies) whilst lunch is eaten?** | Yes | No |
| **7** | **Do staff eat with pupils?** | Yes | No |
| **8** | **Are staff role models for healthy eating?** |  |  |
| **9** | **Is the staffroom a supportive environment for healthy eating?****Comment:** | Yes | No |
| **10** | **Are children encouraged to wash their hands before and after eating?****Please outline the hand washing facilities and hand washing procedures practiced in your school:** | Yes | No |
| **11** | **Are children encouraged to drink water and have water bottles with them in class?****Comment:** | Yes | No |
| **12** | **Is there access to drinking water throughout the day?** | Yes | No |
| **13** | **Does your school avail of the EU Schools Milk Scheme?** | Yes | No |
| **14** | **Are children allowed drinks other than milk and water? If so give details:** | Yes | No |
| **15** | **Do ice cream or fast food vans park outside the school?** | Yes | No |

|  |  |
| --- | --- |
| **16** | **Do you allow treats to be given out, served or awarded in the classroom:*** **On Fridays**
* **On birthdays**
* **When someone comes back from holidays**
* **On school trips**
* **On holidays and religious celebrations**
* **On sports days**
* **For academic achievement**
* **For good behaviour**
* **Other**

**Please comment:** |
| **17** | **Does your school grow fruits or vegetables?** | Yes | No |
| **18** | **Do you encourage waste disposal or food composting for waste****foods at school?** | Yes | No |
| **19** | **Does your school provide a breakfast club?****If yes, how are healthy food and drinks promoted and provided?****If no, do you feel there is a need for a breakfast club, and what are the barriers to setting up a breakfast club in your school?** | Yes | No |
| **20** | **Do you have after school clubs?****If yes, how are healthy food and drinks promoted and provided?** | Yes | No |
| CURRICULUM (TEACHING AND LEARNING) |
| **1** | **Is healthy eating adequately addressed in SPHE in all classes?** | Yes | No |
| **2** | **Do staff attend continuing professional development to update****their skills, knowledge and understanding of healthy eating?** | Yes | No |
| **3** | **If there is already a healthy eating policy in your school? Is it referred to in the classroom?** | Yes | No |
| POLICY AND PLANNING |
| **1** | **Do you have an existing policy for food or healthy eating in your****school? (if you answer no proceed to question 7)** | Yes | No |
| **2** | **Is this existing policy visible in the school?** | Yes | No |

|  |  |
| --- | --- |
| **3** | **Describe how the policy is disseminated:** |
| **4** | **Was the whole school community consulted when developing the****policy?** | Yes | No |
| **5** | **Has the policy been reviewed since it was developed?** | Yes | No |
| **6** | **How is the policy communicated and promoted to children, staff and parents?** |
| **7** | **Does your school have strategies in place to address behaviour and bullying specifically linked to food and lunchtime activities? If yes please describe:** | Yes | No |
| **8** | **Does your school provide information or training to inform staff and parents of food related issues?****If yes please expand:** | Yes | No |
| **9** | **Does your school have procedures in place to address special dietary needs e.g. food allergy?****Briefly outline:** | Yes | No |
| **10** | **Are other areas linked to food adequately addressed e.g. oral health, physical activity, emotional health, etc.?****Please expand:** | Yes | No |

|  |  |
| --- | --- |
| **11** | **Does this policy align itself closely to other school policies?*** **Curriculum policies such as science, PE, SPHE through which healthy eating messages are taught.**
* **Teaching and learning policy, recognising that well-nourished and hydrated pupils can learn effectively.**
* **Behaviour management policy which identifies the link between food and behaviour and sets out reward systems used within the school.**

**Please describe:** |
| RELATIONSHIPS AND PARTNERSHIPS |
| **1** | **Is support provided for pupils, parents and/or staff on the topic of healthy eating?****If yes, please give details.** | Yes | No |
| **2** | **If you have a healthy eating policy already, are the extracurricular****activity providers implementing the policy?** | Yes | No |
| **3** | **If your school avails of the School Meals Programme, does the provider adhere to the Nutrition Standards for School Meals?** | Yes | No |
| **4** | **Are children consulted on the food provided as part of the School****Meals Programme?** | Yes | No |
| **5** | **Is your school involved in any food related initiatives e.g. Food Dudes If so give details** |
| **6** | **Does the school foster partnerships with local health services****e.g. public health, dental services etc. and other organisations in line with SPHE guidelines regarding visitors to schools (Circular 0022/2010).** | Yes | No |
| **Any other relevant information you would like to include:** |