#### Only return clean, locked bins – no blood splashes.

Complete the label before giving to your nurse or doctor. They will make sure that the sharps bin is:

- properly assembled,
- closed,
- labelled correctly, and
- clean.

#### Where do I get rid of my sharps bin?

Please ask your nurse or doctor where and when to dispose of your sharps bin safely. Please give your closed sharps bin to a member of staff for disposal.

If you have any questions, please ask your nurse or doctor.



# Sharps Disposal

# **Patient Information Leaflet**

You have been given a sharps bin for you to safely get rid of used needles, syringes and lancets in your home.

This leaflet contains helpful hints on how you can do this safely.

It is your responsibility to safely dispose of your sharps bin.





# Why do I need a sharps bin?

You need to dispose (get rid) of your used needles, syringes and lancets (called 'sharps') in a sharps bin as they can **injure** people and carry **infections**.



### **Sharps Bins**

Small bins are pre-assembled. You can get small bins and large bins. The large bins come with a lid that **must** be attached securely before using the bin. Please ask your nurse or doctor to assemble the bin for you and complete the label with your name and date.

#### DO V

✓ Do only use this sharps bin to get rid of your needles, syringes and lancets.



- ✓ Do keep sharps bins in a safe place and out of reach of children.
- ✓ **Do** store sharps bins in a cupboard and keep away from food.
- ✓ Do use the temporary closure on the lid after each use, as this prevents the contents spilling when not in use.
- ✓ Do close the lid of the bin as instructed once the container is filled to the dotted black line or, that you don't need any more. This means it is locked.
- ✓ Do make sure that your name and date is written on label of the locked bin.

## Don't 🗶

★ Don't put your used needles, syringes and lancets in any other container such as drinks can or used plastic food containers.



- **Don't** put any other waste in the sharps bin. It is only designed to take needles, syringes and lancets.
- **★ Don't** put the sharps bin out with your household waste.
- **X** Don't try to remove a needle or lancet from the sharps bin.
- **★ Don't** force sharps into a full bin by pushing down with your hands.
- **★ Don't** fill the container past the dotted black fill line.



When the sharps bin reaches the dotted black line:

#### 1. Lock

Close the opening to **permanent closure** click or see a red button appear through — the lid.

#### 2. Complete Label

Your name and clinic or health centre

Name assembled by and date

Name locked by and date

