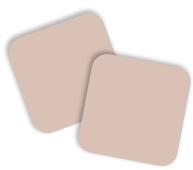




Stop Smoking Medicines

Nicotine Replacement Therapy and other stop smoking medicines will help you stop smoking if used properly.

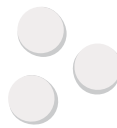
There are different type of Nicotine Replacement Therapy



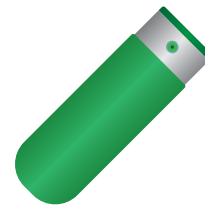
Patch
(24 hour or
16 hour)



Gum



Lozenge

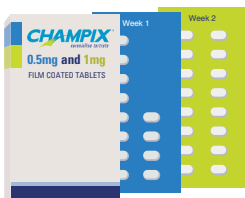


Spray



Inhaler

Other Aids



Champix
(On prescription only
from your GP)



Zyban
(On prescription only
from your GP)

- All Stop Smoking Medicines are used for 12 weeks, 8 weeks at the higher dose and then reduced to a lower dose for the following 4 weeks.
- Talk to your GP, Pharmacist or Smoking Cessation practitioner or specialist about which medicine might be best for you.
- Check how to use the type of medication you have chosen and make sure you understand the instructions before you start using it.