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www.hse.ie

your HSE guide

Dublin North Central

Dublin North Central Local Health Office
Civic Centre, Ballymun, Dublin 11
Tel: (01) 846 7000



The Local Health Office is the central focus of all Health Service Executive primary, community and continuing care services in your local area. Dublin North Central Local Health Office Dublin North Central provides a wide range of services to the communities of Ballymun, Beaumont, Santry, North Inner City, Drumcondra, Dollymount, Fairview and Clontarf, either from the Local Health Office in Ballymun, or from the Health Centres and other locations listed in this booklet.



Welcome

The Local Health Manager for Dublin North Central.

My job as the manager of the Local Health Office is to ensure that the health services in this area and other HSE services across the country, work for you. And I am delighted to introduce the Local Health Office Dublin North Central Guide.

This guide has been published to provide you with a full list of the HSE Primary, Community and Continuing Care Services in our area and nearby.

Primary Community and Continuing Care (PCCC) Services include all the health services that you and your family require outside of the hospital setting, in your community – from Public Health Nurses visiting new parents and babies, to Dental checks in primary school, to the provision of long term residential care for our older people.

This booklet also gives you useful information on how to access services, and Outlines your entitlements to things like Medical Cards, the new GP Visit cards, Nursing Home Care and more.

Some Health Services are provided in partnership with a large number of voluntary organisations, and groups which are listed here.

I hope that you find the HSE Guide of use, and that you keep it somewhere safely in your home, so it will be at hand with the information you need.

Although every effort has been made to provide as much detail as possible with regard to the services available, from time to time these can change. If you have any queries please feel free to contact this office if you need information on services.

Noel Mulvihill
Local Health Manager, Dublin North Central

HSE infoline: Callsave 1850 24 1850

The Health Service Executive provides a national information service, the HSE infoline, which offers everyone in Ireland easy access to information on over 110 health and social service topics, all for less than the cost of a local call.

The service can provide confidential information on a wide range of queries, like:

- Medical Cards
- GP Visit Cards
- European Health Insurance Card
- Drugs Payment Scheme
- Long-Term Illness Scheme
- Back to School Clothing and Footwear Scheme
- Home Help Services
- Nursing Home Subvention
- Health Promotion literature.

The HSE infoline can also advise on health services, entitlements, eligibility, application forms and contact details for services across the country.

Please note to gain access to some of the services listed you will be requested to quote your Personal Public Services Number (PPSN). The PPSN can be obtained from the Department of Social, Community and Family Affairs.

Information is also made available via email or fax, and the infoline offers a sigma text-pad facility for people with a hearing impairment.

The HSE Infoline operates from 8.00am to 8.00pm Monday to Saturday.

YOU CAN CONTACT THE HSE INFOLINE ON:

Callsave: 1850 24 1850

Fax: (041) 685 0330

Email: info@hse.ie

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YOUR GUIDE TO HEALTH SERVICES

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Health Services – What am I entitled to?

We all need to use the health service at some point in our lives. The Health Service Executive (HSE) runs all of Ireland's public health and personal social services, including hospitals, health centres, community services for older people and much much more.

Who is eligible for Health Services in Ireland?

Everyone who is ordinarily resident in Ireland is eligible for public health services. This means people who have been living here for a minimum of one year or intend to live here for a minimum of one year.

Do I have to pay for Health Services?

Ireland has a government funded public health service, where all people living here are entitled to certain services either free of charge or at a reduced cost. These services include:

- Visits to a Public Hospital Consultant, when referred by your GP.
- Stays in a Public Hospital, where the only charge to you will be a nominal in-patient charge, for up to the first 10 nights. Medical card holders are exempt from these charges.
- Accident and Emergency Departments do charge a fee for walk in visits, but if you are referred by your GP or you hold a current medical card, your visit is free.
- All schoolchildren can receive free dental checks and care up to the age of 14 years, and all children can avail of their required childhood immunisations free of charge from a GP.
- All expectant mothers are entitled to free Maternity Care and Post Natal visits up to six weeks after a baby is born, including Public Health Nursing following the birth of a child. Developmental checks are also provided for all infants and young children.
- GP services are free in Ireland for those who hold either a Medical Card or a GP Visit Card. Other patients must pay a consultation fee.

Hundreds of other health and personal social services are provided by the HSE to you and your family. The following pages outline the main schemes and benefits available, and the second part of this booklet gives you contact details for all the essential HSE services in your area.

Medical Cards and GP Visit Cards

Medical Card holders are entitled to GP services, community services, dental services, prescription medicine costs, hospital care and a range of other benefits free of charge. People can qualify for a medical card either on the basis of their income, or in some cases if a particular medical condition means their basic medical costs are very high. All people aged over 70 are entitled to a full medical card regardless of means.

GP Visit Card holders are entitled to the services of a GP free of charge. The income guidelines are 50% higher than the Medical Card.

Who can apply?

Anyone can apply for a GP Visit Card or a Medical Card – families, single people, even those working full time.

Is it means tested?

Yes, but for GP Visit Card and Medical Card applications, the HSE now considers your income *after* tax and PRSI is deducted, rather than total income. We also make generous allowances for your expenses on childcare, on rent and mortgage costs and on travel to work.

The HSE can also grant Medical or GP Visit Cards to individuals or families who exceed the income guidelines, but who have particular circumstances, e.g. chronic illness, that mean medical costs would result in undue hardship.

How do I apply?

It is easy and very simple to apply. One application form is now used for both Medical Cards and GP Visit Cards, and the HSE will assess each application for a full Medical Card in the first instance and then for a GP Visit Card.

The HSE has set up a handy calculator on our website – www.hse.ie. It allows you to enter your details and will give you a guide to your eligibility for a GP Visit Card or a Medical Card. You can confirm this by then making a full application at any Health Centre or Local Health Office.

Contact the HSE today to see if you can get a GP Visit Card or a Medical Card. You can pick up an application form from your local Health Office, from our website, www.hse.ie, or call the HSE infoline on callsave: 1850 24 1850.

Drugs Payment Scheme

What is the Drugs Payment Scheme?

With a Drugs Payment Scheme (DPS) card, an individual or family in Ireland only has to pay a maximum amount monthly for approved prescribed drugs, medicines and certain appliances. As of September 2006, the maximum amount a family must pay is €85. Please check our website, www.hse.ie or your Local Health Office for any changes to this amount.

Everyone in Ireland who does not have a Medical Card should apply for a DPS card.

This scheme is aimed at those who normally have to pay the full cost of their medication. It also applies to those who have a GP Visit Card. Anyone ordinarily resident in Ireland can apply to join the scheme, regardless of family, financial circumstances or nationality. Being ordinarily resident in Ireland means that you have been living here for a minimum of one year or that you intend to live here for a minimum of one year.

If a family combines a Drugs Payment Scheme card with a GP Visit Card, it could mean they would pay no more than €20 per week for GP Visits or prescriptions. See the previous pages for information on GP Visit Cards.

How do I apply?

You can get a registration form from your pharmacy or Local Health Office. Fill in the details of all your family members. Send it to your Local Health Office and you will be sent a card for each member of your family. You do not have to register with a particular Pharmacy for the DPS but for convenience it is advisable to use the same pharmacy in a particular month if you wish to avoid paying more than the maximum amount per month. You must present your card each time you attend before a prescription can be dispensed.

If you lose or misplace your Drugs Payment Scheme card, contact your Local Health Office. You can also call the HSE infoline: 1850 24 1850, for more information.

European Health Insurance Card

The card that covers EU.

What is the EHIC?

The European Health Insurance Card or EHIC was introduced in 2004 across the European Union. It allows Irish Residents to access health services in any EU country and in Switzerland, Iceland, Liechtenstein and Norway, if they become ill or injured while on a temporary stay in that country.

Is the EHIC free of charge?

There is no charge to apply for or renew an EHIC. The HSE accepts renewals and applications for EHIC cards at all HSE Local Health Offices, and on the HSE managed site – www.ehic.ie.

What do I do if I become ill or injured in another member state?

To obtain healthcare with the Card, go to the nearest public system doctor, public hospital, or other public treatment centre and present your Card. Treatment in a private setting is not covered by the Card.

Do I need private insurance in addition to the Card?

Public healthcare systems vary from country to country. The Card does not cover the cost of repatriation and in addition, illness or an accident abroad may mean extra travel and accommodation costs. You may therefore wish to take out private insurance for your trip. You will find more about your entitlements in particular countries at your Local Health Office or on www.ehic.ie.

How long will it take to get a Card?

You will receive your Card within approximately 10 working days of receipt of your application.

What if I don't have time to get a Card before I travel?

You can get a Temporary Replacement Certificate, which gives you the same entitlement as the Card, but for a shorter period, and can be issued by your local Health Office. One Temporary Replacement Certificate is issued per person.

How do I apply?

Applying for the card is very easy. Application forms are available from local HSE Health Centres, from your Local Health Office or from our website, www.ehic.ie. You can also call the HSE infoline: 1850 24 1850, for more information.

Immunisation

What is immunisation?

Immunisation is a simple, safe and effective way of protecting your child against certain diseases. Children and young people in Ireland are entitled to certain vaccinations and immunisation services free of charge. These vaccines are provided in a range of settings: by your GP, in hospitals, at Health Centres, at home or at school.

Is immunisation free?

Vaccinations under the Childhood Immunisation Programme in Ireland are provided free of charge to all children. The childhood immunisation programme (outlined opposite) protects children from the following: Tuberculosis, Diphtheria, Tetanus, Whooping cough (Pertussis), HiB (Haemophilus influenzae B), Polio, Meningitis C, Measles, Mumps and Rubella.

Are vaccines safe?

The vaccines used in Ireland are safe. All medicines can cause side effects, but with vaccines these are usually mild, like a sore arm or leg or a slight fever. Serious side effects to vaccines are extremely rare.

Research from around the world shows that immunisation is the safest way to protect your child's health. Your doctor or nurse can discuss the risks with you before giving your child their vaccines.

All the recommended vaccines used to protect children in Ireland are licensed by the Irish Medicines Board or the European Medicines Evaluation Agency. They are allowed to be used only after they have been shown to be both effective and safe.

Where can I get my child immunised?

The HSE recommends that all parents bring their children for immunisation, which is free from your GP. If you have any more questions or need more information, you can visit the HSE website – www.immunisation.ie, or speak to your GP or your Public Health Nurse in your Local Health Centre.

You can also call the HSE infoline: 1850 24 1850, for more information.

Childhood Immunisations

AGE TO IMMUNISE	TYPE OF VACCINE
BIRTH	BCG tuberculosis vaccine (usually given in maternity hospitals)
2 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C)
4 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C), Diphtheria
6 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C)
12 TO 15 MONTHS <i>Free from your GP</i>	MMR: Measles, Mumps, Rubella HiB Booster (Haemophilus influenzae B)
4 TO 5 YEARS <i>Free in School</i>	4 in 1: Diphtheria, Whooping Cough, Tetanus, Polio MMR: Measles, Mumps, Rubella
11 TO 12 YEARS <i>Free in School</i>	MMR: Measles, Mumps, Rubella (not necessary if two doses have already been given)
10 TO 14 YEARS <i>Free in School</i>	BCG (if not already protected)
11 TO 14 YEARS <i>Free in School</i>	Td: Tetanus, Diphtheria

Nursing Home Care and Subvention

The HSE provides a wide range of services for older people, including in-patient acute services, step down and convalescent care, day services, rehabilitation, community services, home care and home helps.

The simplest way to enquire about or access these services is to speak to either your GP, or to contact the following:

Nursing Home Section, St. Mary's Hospital, Phoenix Park, Dublin 20
Tel: (01) 625 0401.

The HSE also pays a subvention, or a subsidy, toward the cost of a private nursing home beds. The subvention is designed to help with nursing homes costs and is subject to a means test, and a dependency test – meaning how much care the person needs.

You can apply for Nursing Home Subvention from your Local Health Office. The HSE will then carry out a means test and an assessment of dependency. The dependency assessment is carried out on behalf of the HSE by a doctor, nurse, occupational therapist or physiotherapist. The applicant's medical condition is taken into account and the assessment also includes an evaluation of their ability to carry out the tasks of daily living and of the level of social support available to the person. The kinds of factors assessed might include: mobility, ability to care for oneself, communications, quality of memory etc.

The nursing home regulations also permit the HSE to take account of a person's assets and income in determining entitlement to nursing home subvention. Where a person has assets they may have to use these to fund nursing home care.

A Fair Deal – The Nursing Home Care Support Scheme

The Minister for Health and Children has announced plans for a significant change in how nursing home care is provided and paid for. From January 1, 2008, the current subvention and public nursing home schemes will be replaced by a new Nursing Home Care Support Scheme, which is designed to ensure that everyone who enters a nursing home, public or private, pays a fair portion of their income as a contribution towards the cost of their care. For more information on this scheme, contact your Local Health Office, or the HSE Infoline on: 1850 24 1850.

Long-Term Illness Scheme

What is the Long-Term Illness Scheme?

If you have certain long-term illnesses or disabilities, you can apply to join the Long-Term Illness Scheme.

How do I qualify?

You must be ordinarily resident in Ireland and hold a PPSN. You qualify if you have one of the illnesses or disabilities listed below:

- Acute Leukaemia
- Cerebral Palsy
- Cystic Fibrosis
- Diabetes Insipidus
- Diabetes Mellitus
- Epilepsy
- Haemophilia
- Hydrocephalus
- Mental handicap
- Mental Illness (in a person under 16 years of age)
- Multiple Sclerosis
- Muscular Dystrophies
- Parkinsonism
- Phenylketonuria
- Spina Bifida
- Conditions arising from the use of Thalidomide.

There is no income requirement or means test. If you have a medical condition that is not listed above, you should consider applying for a Medical Card or a GP Visit Card.

If you have one of these conditions, you will be supplied with a Long-Term Illness book. This booklet allows you to get drugs, medicines, and medical and surgical appliances directly related to your illness, free of charge. It does not depend on your income or other circumstances and is separate from the Medical Card Scheme and the GP Visit Card Scheme.

How do I apply?

The Long-Term Illness Scheme application form is available from your Local Health Office. Your doctor or consultant will sign the form to confirm your condition and list your medication.

You can also call the HSE infoline: 1850 24 1850, for more information.

Dental Services

The HSE provides Dental Services to children up to 16 years through the school dental service and to EU residents holding an E111 or EH1C for emergency treatment only. Medical Card holders are provided treatment by dentists employed by the HSE and by some private dentists.

What Dental Services are available for children?

All pre-school children and school going children up to 16 years of age can access our emergency dental service. Children attending primary school are screened in 2nd, 4th, and 6th class are referred for treatment if necessary to the local dental clinic.

What Dental Services are provided for Medical Card holders?

Medical Card Holders can collect a list of participating Private Dental Practitioners from their Local Health Office or HSE Dental Clinic. Once the dentist has accepted you as a patient you must bring your medical card with you on your first visit and every subsequent visit. The following treatments are available with a Medical Card: dental examination, cleaning/polishing, fillings, extractions, some dentures and some root canal treatments.

What if my child needs braces?

The HSE Dental Service provides orthodontic treatment free of charge to children who have specific orthodontic problems. These children are identified as part of the school dental treatment programme, and are sent to the Regional Orthodontic Unit for assessment and treatment.

Can my PRSI help pay for dental treatment?

Treatment Benefit is a scheme in Ireland operated by the Department of Social and Family Affairs. Under this scheme, contributions made by people through PRSI can be accessed to repay some of the cost of dental treatment. Ask your dentist for more information.

Can I get tax relief on dental expenses?

Tax relief is available for certain specialized dental treatments. The form you need is called Med 2 and can be obtained from the Tax Office.

To learn more about Dental Services in your area, contact your Local Health Office. You can also call the HSE infoline: 1850 24 1850, for more information.

Back to School Clothing and Footwear Allowance

What is the Back to School and Footwear Allowance?

The Back to School Clothing and Footwear Allowance is in place to help families meet the cost of uniforms and footwear for students in Ireland attending school. The scheme operates from June 1st to September 30th each year.

How do I qualify?

To be eligible for the Back to School Clothing and Footwear Allowance, the parent or guardian must meet one of the following conditions:

- In receipt of a social welfare payment (including Family Income Supplement) or a HSE payment
- Taking part in an approved employment scheme
- Taking part in a recognised education or training course
- Involved in an Area Partnership Scheme
- Attending a FÁS, Fáilte Ireland or LES training scheme.

The child/student must also be aged between 2 and 22 years before 1st October of the year you apply and must be in full-time education at a recognised school or college.

Where a person is on short term social welfare payment, qualifying children must be aged 2-17 years.

Is the allowance means tested?

Yes, the HSE Community Welfare Office in your Local Health Centre will assess your income and decide if you are eligible. Your total household income means your main social welfare or HSE payment and any other income you may have including wages, before tax but excluding PRSI and reasonable travel expenses.

Any income you get by way of rent or mortgage interest supplement, Family Income Supplement, Blind Welfare Allowance, Rehabilitative Training Allowance, rehabilitative employment (up to €120 per week), Home Help, Domiciliary Care Allowance and Mobility Allowance is not counted.

How do I apply?

You should apply to the Community Welfare Officer (CWO) at your Local Health Centre. You can also call the HSE infoline: 1850 24 1850, for more information.

Supplementary Welfare

What is Supplementary Welfare Allowance?

Supplementary Welfare Allowance provides a basic weekly allowance to eligible people who have little or no income. In addition, payments can also be made in respect of urgent or exceptional needs.

What types of payments are made under the scheme?

Basic Payments

If you have no income you may be entitled to basic Supplementary Welfare Allowance. If you have claimed a social welfare payment but it has not yet been paid, and you have no other income, you may qualify for Supplementary Welfare Allowance while you are awaiting payment.

Supplements

If your income, whether from basic Supplementary Welfare Allowance or otherwise, is too low to meet certain special needs, you may be granted a weekly supplement. Special needs may include rent/mortgage payments or exceptional expenses due to ill-health. The amount of any supplement will be decided by the Health Service Executive based on your circumstances.

Exceptional Needs Payments

These are paid to assist with essential, once-off expenses in exceptional circumstances. This is at the discretion of the HSE, and depending on your circumstances, may be paid to assist with the cost of essential household equipment, funeral expenses or any other unforeseen large expenses.

Rent and Mortgage Interest Supplements

The HSE can also assist with rent or mortgage interest payments for people on very low incomes. This may depend on:

- the size of your accommodation and your family size
- if you have applied for or have been refused Local Authority housing
- the cost of your accommodation
- whether you are sharing your accommodation

When and how do I apply?

You can apply to the Community Welfare Officer at your local Health Centre. You can also call the HSE infoline: 1850 24 1850, for more information.

An introduction to our Primary, Community and Continuing Care Services

Your Local Health Office is the focus of all health and personal social services provided outside of the hospital, in your community. Services available from your Local Health Office and Health Centres include GP services, Public Health Nurses, Social Work and Child Protection Services, Medical Cards, GP Visit Cards, Child Health Services, Community Welfare, Disability Services, Older People Services, Chiropody, Ophthalmic, Speech Therapy, Addiction Counselling and Treatment, Physiotherapy, Occupational Therapy, Psychiatric Services, Home Help and more.

Local Health Office Dublin North Central

Civic Centre, Ballymun, Dublin 11
Tel: (01) 846 7000

Addiction Services

Drugs/HIV Helpline

Freephone: 1800 459 459

Administrative Centre, Second Floor, Phibsboro Tower, Dublin 7
Tel: (01) 882 0300

Drug Treatment Centres

Cabra Clinic, 121 Broombridge Close, Ballyboggan Road, Dublin 11	(01) 830 7051
City Clinic, 108–109 Amiens Street, Dublin 1	(01) 855 5310
Domville House, Ballymun Road, Dublin 9	(01) 862 0298
Beldale View, 7 Belcamp Lane, Darndale, Dublin 17	(01) 848 8951
'The Mews', 224 North Circular Road, Dublin 7	(01) 838 3852
Wellmount Health Centre, Finglas, Dublin 11	(01) 834 6119
National Drug Treatment Centre, Trinity Court, Pearse Street, Dublin 2	(01) 648 8600

Drug Clinics

Rehabilitation and Integration Service, North Inner City 42 Buckingham Street, Dublin 1	(01) 855 5310
Corduff Health Centre, Dublin 15	(01) 821 1131
Thompson Centre, 53 Mountjoy Street, Dublin 7	(01) 860 2000
Barry Clinic, Finglas West, Dublin 11	(01) 864 3811
Kilbarrack Health Centre, Foxfield Crescent, Dublin 5	(01) 839 1221
Mulhuddart Centre, 10 Dromheath Avenue, Dublin 15	(01) 820 8440
Swords Health Centre, Bridge Street, Swords, Co. Dublin	(01) 890 2200
Coolock Satellite Clinic, Bonnybrook Youth Resource Centre, Glin Road, Bonnybrook, Dublin 17	(01) 877 0205
Edenmore Health Centre, Edenmore Park, Raheny, Dublin 5	(01) 848 0666
Coolock Health Centre, Cromcastle Road, Dublin 5	(01) 848 7665
Donnycarney Satellite Clinic, Collins Avenue East, Dublin 5	(01) 831 4985
Howth Health Centre Satellite Clinic, Main Street, Howth, Co. Dublin	(01) 832 2984
Mountview Clinic, Mountview HC, Shelerin Road, Dublin 15	(01) 821 0703
Donabate Health Centre, Donabate, Co. Dublin	(01) 843 6079

Drug Detoxification Centres**Cuan Dara**

Cherry Orchard Hospital, Ballyfermot, Dublin 10
Tel: (01) 620 6050

St. Michaels Ward

Beaumont Hospital, Beaumont Dublin 9
Tel: (01) 809 3288

Drug Rehabilitation Centres**Soilse**

6–7 North Frederick Street, Dublin 1
Tel: (01) 872 4535

Rehabilitation and Integration Service

Floor 2, Phibsboro tower, Dublin 7
Tel: (01) 882 0300

Keltoi

Phoenix Park, Dublin 20
Tel: (01) 620 0040

Voluntary Drug Centres/Community Projects

Merchants Quay Project, Merchants Quay, Dublin 8	(01) 679 0044
Saol Project, Amiens Street, Dublin 1	(01) 855 3391
Ana Liffey Project, 48 Middle Abbey Street, Dublin 1	(01) 878 6899
Coolmine House, 19 Lord Edward Street, Dublin 2	(01) 679 4822
Drug Awareness Programme (Crosscare), Red House, Clonliffe College, Dublin 3	(01) 836 0911
Dublin Aids Alliance, 53 Parnell Square, Dublin 1	(01) 873 3799
Open Heart House, 2 St. Marys Place, Dublin 7	(01) 830 5000
Teen Counselling, Mater Dei, Clonliffe Rd., Dublin 3	(01) 837 1892
Ballymun Youth Action Project	(01) 842 8071
Horizons Building, Ballymun, Dublin 11	
Ballymun Job Centre, Ballymun Town Centre, Dublin 11	(01) 842 5722
The Cavan Centre, Ballyjamesduff, Co. Cavan	(049) 854 4436
Crinan Youth Project, 72 Seán McDermott Street, Dublin 1	(01) 855 8792
Millennium Carving Unit 8, Glasnevin Business Centre, Dublin 11	(01) 830 2690
Star Project, Horizons Building, Ballymun, Dublin 11	(01) 862 0964
After Care Recovery Group 176 North Strand Road, Dublin 1	(01) 855 7952
Chrysalis Community Drugs Project 27 Benburb Street, Dublin 7	(01) 670 5544
North East Inner City Community Policing Forum, Unit 3, Killarney Court, Buckingham St. Dublin 1	(01) 887 9442
Oasis Counselling Service	(01) 836 4524
St. Laurences Place East, Seville Place, Dublin 1	
Snug Counselling Service, Macro, 1 Green street, Dublin 7	(01) 878 6231
North Inner City Step by Step, Georges Hill, Dublin 1	(01) 878 8155
UISCE, 53 Parnell Square West, Dublin 1	(01) 873 3799
Gateway, 38 Arran Quay, Dublin 7	(01) 872 0127
HOPE, Hands on peer education, North Strand Road, Dublin 1	(01) 887 8403
North West Training And Development Project, Macro, 1 Green Street, Dublin 1	(01) 873 7014

Education and Prevention

Phibsboro Tower, Dublin 7

Tel: (01) 882 0300

Education and Family Support

Talbot Centre, 29 Ur Buckingham Street, Dublin 1

Tel: (01) 836 3434

Needle Exchange Services

Phibsboro Tower, Dublin 7

Tel: (01) 882 0300

Alcohol Services

Stanhope Street Treatment Centre, Dublin 7

Tel: (01) 677 3965

Local and Regional Drugs Task Forces**North Inner City Local Drugs Task Force**

22 Lwr. Buckingham street, Dublin 1

Tel: (01) 836 6592

Ballymun Local Drugs Task Force

Axis Centre, Ballymun, Dublin 9

Tel: (01) 883 2142

Dublin North City and County Regional Drugs Task Force

Estuary House, Swords Business Park, Co. Dublin

Tel: (01) 813 5582

Children and Families' Services

HSE Dublin North Central provides both directly and in partnership with the Community and Voluntary sectors a comprehensive spectrum of health and personal social services for families with children under 18 years of age.

The central partner with whom it is essential we work in provision of all services are parents, caretakers and children themselves.

HSE can generally act to work most effectively for children with the cooperation of parents, caretakers, extended family, neighbourhoods and local communities, the voluntary sector national and local as well as other governmental organisations.

We are continually working towards greater cohesion in how all these services work together to increasingly maximise the ease of your journey through different services you and your child may need at different times as we appreciate bringing up a child is the most complex task we all face.

Some of these services you will contact ever before your child is born. Some you may have occasional or once off contact with. Some you and your family may never have need of. We are here to guide, assist and work alongside you. You may also be able to offer your time and energy as a foster carer.

Back to School Footwear and Clothing Allowance

see page 13 for details.

Childhood Immunisations

Area Medical Teams visit schools in the area to give vaccinations like the MMR, Meningitis C, Rubella etc. They also work with Public Health Nurses to check on a child development from birth onwards, through a series of standard regular checks. Area Medical Officers also play an important role in managing outbreaks of illness like measles or mumps in the area. You can contact the Area Medical Officers at (01) 857 5400. See page 8 for more details.

Child and Adolescent Mental Health Services

Mater CAMHS, North Circular Road, Entrance to Mater Hospital

Tel: (01) 803 2000

or 1st Floor, Ballymun Health Care Facility

Tel: (01) 846 7219

Family Doctor

see list of General Practitioners on page 24.

Inpatient Hospital Treatment

on referral from your Family Doctor.

Occupational Therapy

see page 30 for details.

Physiotherapy

see page 30 for details.

Public Health Nurse

contact your local health centre or call (01) 846 7152.

Following Birth Notification you and your baby will be visited by your local Public Health Nurse (PHN) who will advise on your child's early development and provide a first point of contact for many child centred supports.

Psychology Services

Social Worker – contact (01) 855 6871 at 22 Mountjoy Square or (01) 846 7235 at Ballymun Health Care Facility for Family Support, Child Protection and Welfare and Foster Care. See page 30 for more details.

Speech & Language Therapy

see page 34 for details.

Other Services

An additional range of services are available for particular needs. Those you can contact directly are underlined below.

- Breaking the Cycle (Res. Ed. Programme -Cavan Centre);
- Creche/Day Nursery places;
- Family Support Workers;
- Family Centres;
- Counselling at Curam and Claide Mor;
- Family Resource Centres (Hill St. and Geraldstown House);
- Family Welfare Conferences;
- High Support Care;
- Intensive Family Support Project;
- Janus Programme;
- Neighbourhood Youth Projects (7-11year olds and to 11-18+);
- Parenting Programmes (Community Mothers and Marte Meo);
- Residential Care in the Community;
- Special Care;Supported Lodgings;
- Time Out Programme;
- Youth Advocacy Programme.

For other specialist services you and your child will be linked with these as appropriate by one of our team. For the contact details phone (01) 846 7139.

Child Protection and Social Work

Child Protection and Social Work services are provided by the Social Work Team at the Local Health Office.

Inter-Country Adoption

Dartmouth House, Kylemore Road, Ballyfermot, Dublin 10

Tel: (01) 620 1100

Community Mothers Programme and Family Support Service

Park House, North Circular Road, Dublin 7

Tel: (01) 838 7122, ext. 246/221

Childcare Crisis Intervention Service

Park House, North Circular Road, Dublin 7

Tel: (01) 838 7122

Chiropody Services

Medical Card holders over the age of 65 years or people with Diabetes who hold a medical card are entitled to apply for a chiropody treatment card. Application forms are available in your local health centre. If you would like to apply or need help in making an application, or if you just want to know what is available to you, call chiropody section on (01) 846 7280.

Community Welfare

Community Welfare Officers work from Health Centres in the area, and can give financial support to those in need, in the form of rent supplement or supplementary welfare allowance. They also advise on entitlement and can help with filling in forms like the Medical Card, GP Visit Card etc. Contact your Health Centres on page 18 for details.

Dental Services

All Children under 16 are entitled to access emergency Dental Services, and follow up if required, from the local Dental Clinic. Routine dental services are provided through primary schools, to children in targeted classes. Any enquiries should be made at your Health Centre.

Dental Clinic

Dental Services Health Centre, Ballymmun Civic Centre,
Main Street Ballymun, Dublin 9
Tel: (01) 846 7232, 846 7239

Orthodontic Service

Mill House, Ashtown Gate, Navan Road, Dublin 15
Tel: (01) 869 3500

Disability Service

Physical and sensory disability services are delivered directly and in partnership with a wide range of voluntary service providers. Initial contacts should be made with the Local Health Office. Tel: (01) 846 7000

St. Michael's House, Ballymun Road, Dublin 9	(01) 884 0200
CRC, Vernon Avenue, Clontarf, Dublin 3	(01) 805 7400
Irish Wheelchair Association, Aras Chuchulainn, Blackheath Drive, Dublin 3	(01) 818 6400

Regional Autism Services

Beechpark Service, Bryan S. Ryan Building
Main Road, Tallaght, Dublin 24
Tel: (01) 463 2210

Intellectual Disability Services

Southside Intellectual Disability Services
Rathfarnham, Dublin 16
Tel: (01) 493 2943

Occupational Training Support Services

Baggot Street Hospital, Baggot Street, Dublin 4
Tel: (01) 669 9300

Rehabilitative Training Guidance Service

Park House, North Circular Road, Dublin 7
Tel: (01) 882 3424

Physical Disability Residential Unit

Cherry Orchard Hospital, Ballyfermot, Dublin 10
Tel: (01) 620 6000

Cuan Aoibheann Residential Unit

St. Mary's Hospital
Phoenix Park, Dublin 20
Tel: (01) 625 0300

Services for the Deaf

Aural services aim to improve the quality of hearing of persons who are experiencing deterioration in their hearing. This service provides treatment of curable hearing loss and the provision of hearing aids.

National Association for Deaf People

35 North Frederick Street, Dublin 1
Tel: (01) 872 3800

Unit G-H, Exchange Hall, Tallaght, Dublin 24
Tel: (01) 462 0377

Hearing Services

44 North Great George's Street, Dublin 1
Tel: (01) 874 7726

Sheaf House, Exchange Hall, Tallaght, Dublin 24
Tel: (01) 463 5260

Services for the Visually Impaired

National Council for the Blind of Ireland,
Whitworth Road, Drumcondra, Dublin 9
Tel: (01) 830 7033

Solas Centre, Unit 8, Oakfield Road, Clondalkin, Dublin 22
Tel: (01) 405 6950

GP Out-of-Hours Service

D-DOC: Call Save 1850 22 44 77

This is a service to provide you and your family with access to urgent family doctor services outside of normal hours. This service operates from 6pm to 8am Monday to Friday, and 24 hours on Saturday, Sunday and Bank Holidays.

General Practitioner Services

There are a large number of GPs working in the area, and your Local Health Office can help you to find a GP, or can advise on entitlements such as a Medical Card or GP Visit Card.

Dr Patrick T. Kelly	40 Upper Drumcondra Road, Drumcondra, Dublin 9
Dr Sarmad Khashan	26 St. Gabriels Road, Clontarf, Dublin 3
Dr Robert Blennerhasset	15 North Frederick Street, Dublin 1
Dr Ailish Leavy	7 Castle Road, Clontarf, Dublin 3
Dr Anne Lynott	33 Shanard Road, Santry, Dublin 9
Dr David Gibney	Grd Floor, Civic Offices, Main St. Ballymun, Dublin 11
Dr Mel McEvoy	138 Collins Avenue, Whitehall, Dublin 9
Dr Michael Aboud	The Medical Centre, Omni Park Shopping Centre, Santry, Dublin 9
Dr Austin O'Carroll	53 Mountjoy Street, Dublin 7
Dr John C. Hanlon	199 Howth Road, Clontarf, Dublin 3
Dr Mel Bates	17 Fairview Strand, Fairview, Dublin 3
Dr Deirdre Horneck	Grd Floor, Civic Offices, Main St. Ballymun, Dublin 11
Dr Thomas Maher	Whitworth Medical Centre, Lwr. St. Brigid's Road, Drumcondra, Dublin 9
Dr Neasa McDonagh	Grd Floor, Civic Offices, Main St. Ballymun, Dublin 11
Dr John Lappin	37/39 Fairview Strand, Fairview, Dublin 3
Dr Brid Hollywood	Grd Floor, Civic Offices, Main Street Ballymun, Dublin 11
Dr Mary Ward	Vernon Medical Centre, 67A Vernon Avenue, Clontarf, Dublin 3
Dr Colm (Jnr) Killeen	Mountjoy Family Practice, 14 Mountjoy Square, Dublin 1
Dr Deirdre MacDonald	145 Church Road, Eastwall, Dublin 3
Dr Francis Kelly	15 North Frederick Street, Dublin 1
Dr Thomas Houlihan	110 North Strand Road, Dublin 3

Dr Ronan Cormican	37/39 Fairview Strand, Fairview, Dublin 3
Dr Patricia Carmody	17 Fairview Strand, Fairview, Dublin 3
Dr Yasser Fakh	Crestfield Medical Practice, 14 Crestfield Drive, Whitehall, Dublin 9
Dr John M. Burbridge	411 Griffith Avenue, Whitehall, Dublin 9
Dr Mary Jennings	Grd Floor, Civic Offices, Main Street, Ballymun, Dublin 11
Dr Colin P. Kelly	411 Griffith Avenue, Glasnevin, Dublin 9
Dr Gerard Roebuck	Mountjoy Family Practice, 14 Mountjoy Square, Dublin 1
Dr Raymond Walley	280 Glasnevin Avenue, Glasnevin, Dublin 11
Dr Francis C. O'Driscoll	188 Clontarf Road, Clontarf, Dublin 3
Dr Micheal J. Howlett	411 Griffith Avenue, Whitehall, Dublin 9
Dr Edward J. Cox	99 Botanic Road, Glasnevin, Dublin 11
Dr Dermot J. Halpin	250 Swords Road, Santry, Dublin 9
Dr Patricia Behan	15 North Frederick Street, Dublin 1
Dr Martin F. Purcell	55 Amiens Street, Dublin 1
Dr Mary Behan	411 Griffith Avenue, Glasnevin, Dublin 9
Dr Daniel Collins	83 North Strand, Dublin 3
Dr Joseph Yazbeck	13 Marino Mart, Fairview, Dublin 3
Dr Geraldine O'Driscoll	188 Clontarf Road, Clontarf, Dublin 3
Dr Peter Kelly	37/39 Fairview Strand, Fairview, Dublin 3
Dr Peter O'Callaghan	15 North Frederick Street, Dublin 1
Dr Patrick J. Lee	37/39 Fairview Strand, Fairview, Dublin 3
Dr Joseph Murphy	145 Church Road, Eastwall, Dublin 3
Dr Catherine Coleman	4 Berkeley Street, North Circular Road, Dublin 7
Dr Caroline Donaghy	109 Dorset Street, Dublin 1
Dr Aidan P Morris	204 Ballymun Road, Ballymun, Dublin 11
Dr Martin F Maguire	40 Upper Drumcondra Road, Drumcondra, Dublin 9
Dr Paula Horneck	Ballymun Health Centre, Ballymun, Dublin 11
Dr Harry Horneck	Ballymun Health Centre, Ballymun, Dublin 11
Dr Cearbhaill MacCarvill	33 Shanard Road, Santry, Dublin 9
Dr Sunhera Zaib	Hamilton Long Medical Centre, 5 Lower O'Connell Street, Dublin 1
Dr Cyril Daly	296 Howth Road, Raheny, Dublin 5
Dr Ciara McNeel	53 Mountjoy Street, Dublin 7
Dr Frank Dwane	2 Shantala Road, Beaumont, Dublin 9

Dr Helena Butterfield	188 Malahide Road, Dublin 13
Dr Grainne Hampson	128 Collins Avenue West, Whitehall, Dublin 9
Dr Pauline Gray	37 Fairview Strand, Dublin 3
Dr Tara Conlon	Ballymun Health Centre, Ballymun, Dublin 11
Dr Junaid Noor Mohamed	31 Oak Avenue, Royal Oak, Santry, Dublin 9
Dr Antonetta Robinson	4 Berkeley Street, Dublin 7
Dr Gerard Kelly	15 North Frederick Street, Dublin 1
Dr Ita Killeen	14 Mountjoy Square, Dublin 1
Dr Philip Crowlet	53 Mountjoy Street, Dublin 7
Dr Paul Kieran	10-11 Exchange Place, Custom House Docks, Dublin 1
Dr Georgina Connellan	53 Mountjoy Street, Dublin 7
Dr Hakhamanesh Nikookam	Jervis Medical Centre Unit 2, Jervis Street, Dublin 1
Dr Desmond Crowley	The Thompson Centre, 53 Mountjoy Street, Dublin 1
Dr Thomas Killeen	14 Mountjoy Square, Dublin 1
Dr Kelly Hanlon	199 Howth Road, Clontarf, Dublin 3
Dr Ross Ardill	1 Custom House Square, Grandon House, Mayor Street Lwr., Dublin 1
Dr John Maloney	North Strand Health Centre, Fairview, Dublin 3
Dr Emad Massoud	79 Eccles Street, Dublin 7
Dr Ibrahim Ekky	53 Lower Drumcondra Road, Drumcondra, Dublin 9
Dr John Eustace	123 Ballymun Road, Glasnevin, Dublin 9
Dr Barbara Mebpouche	13 Store Street, Dublin 1

GP Visit Cards and Medical Cards

Your Local Health Office looks after applications for Medical Cards, GP Visit Cards and a range of other schemes. If you would like to apply or need help in making an application, or if you just want to know what is available to you, call the Medical Card section on (01) 846 7000.

Health Centres in Dublin North Central

Opening times are 9am to 1pm 2.15pm to 5pm Monday to Friday

Ballymun Health Care Facility, Dublin 9	(01) 846 7000
Clontarf, Vernon Avenue, Clontarf, Dublin 3	(01) 833 7109
East Wall, Church Road, East Wall, Dublin 3	(01) 836 3422
Killester, Killester Avenue, Killester, Dublin 5	(01) 831 3143
Millmount, Millmount Avenue, Millmount, Dublin 9	(01) 837 3525
Larkhill, Collins Avenue Extension, Larkhill, Dublin 9	(01) 837 3796
Marino, 1A Griffith Avenue, Marino, Dublin 3	(01) 833 3421
56 North Clarence Street, Dublin 1	(01) 855 1100
North Strand, Dublin 1	(01)707 2300
Summerhill, Dublin 1	(01) 876 5200

Home Help

Home Helps work with vulnerable people in the community, who through illness or disability are in need of help with day to day tasks. A home help might visit for a couple of hours per day, to help with housework, shopping, or sometime may provide more personal care like help with dressing, bathing etc. You can access this service through your Public Health Nurse or by calling the relevant Health Centre, listed on page 18.

Hospice Care

Hospice Care is provided to people and families in the last days of their lives. It is a sensitive and holistic service, delivered either in a hospice or at home and designed to give comfort and dignity.

St. Francis' Hospice

Raheny Road, Raheny, Dublin 5
Tel: (01) 832 7535

Our Lady's Hospice

Harold's Cross, Dublin 6 West
Tel: (01) 406 8700

Hospitals

Local, Regional and National Hospitals are listed here. Unless you are attending A+E in an emergency, most people visit their GP for advice and referral, before attending hospital. Outside of office hours, you can access GP services through GP Out-of-Hours Service, D-DOC: Call Save: 1850 22 44 77

St. James's Hospital, St. James's Street, Dublin 8	(01) 410 3000
Tallaght Hospital, Dublin 24	(01) 414 2000
Mater Misericordiae University Hospital, Eccles Street, Dublin 7	(01) 803 2000
Beaumont Hospital PO Box 1297, Beaumont Road, Dublin 9	(01) 809 3000 or 837 7755
Connolly Hospital Blanchardstown, Dublin 15	(01) 646 5000
St. Columcille's Hospital, Loughlinstown, Co. Dublin	(01) 282 5800
Naas General Hospital, Naas, Co. Kildare	(045) 897 221
Hume Street Hospital, Hume Street, Dublin 2	(01) 676 6935/6/7
Royal Victoria Eye and Ear Hospital, Adelaide Road, Dublin 2	(01) 664 4600
Our Lady's Hospital for Sick Children, Crumlin, Dublin 12	(01) 409 6100
National Children's Hospital, Tallaght, Dublin 24	(01) 414 2000
Children's University Hospital, Temple Street, Dublin 1	(01) 878 4200
Coombe Women's Hospital, Dolphin's Barn, Dublin 8	(01) 408 5200
National Maternity Hospital, Holles Street, Dublin 2	(01) 637 3100
The Rotunda Hospital, Parnell Street, Dublin 1	(01) 873 0700

Mental Health

When an individual experiences a mental health problem, contact with their general practitioner (GP) is usually their first formal attempt to seek help. This contact can be the key to a timely and successful resolution of their mental health problem. The G.P. will either identify the problem and treat it or refer the person on to the locally based consultant-led mental health team.

Mental Health Services

Consultant led multi disciplinary team's provide services on a geographical basis to the following districts.

Ballymun	(01) 846 7084
Mater Hospital catchment area	(01) 868 1400
Marino	(01) 836 9900
Millmount	(01) 837 8763
North Strand	(01) 855 4590

Access to the teams is through GP referral.

Mental Health Hospital Services

St. Vincent's Hospital, Fairview, Dublin 3	(01) 884 2400
Mater Hospital 9 (St. Aloysius Ward)	(01) 830 1122

There is also a network of Day Centres and a Day Hospital at Crannog, Richmond Road. Access is through consultant referral.

Community Child and Adolescent Psychiatry Services

Access to services at the Mater Hospital and St. Vincent's (Fairview) is through G.P referral initially.

Psychiatry of Later Life

This is a service for those over 65 years who are experiencing mental illness or dementia for the first time. Referral to the consultant-led-team is through the GP service. The service is based at 61 Eccles Street, Dublin 7.

Tel: (01) 860 0488

Occupational Therapy

These services are provided to people who through illness or disability are in need of support or changes to their lifestyle. Occupational Therapists can advise on any changes that may be needed in the home to support a person with special needs, and on activities that will help a person to regain their independence. Call the OT Department on (01) 846 7127 or 846 7141.

Ophthalmic

Children up to the age of 12 years and Medical Card holders are entitled to apply for this service. In the case of children an eye examination must be carried out in a hospital and the hospital prescription is enclosed with an application form. For medical cards holders fill out an application form and stamped by the optician of choice. Application forms are available in your local health centre. If you would like to apply or need help in making an application, or if you just want to know what is available to you, call chiropody section on (01) 846 7285.

Physiotherapy

Physiotherapy is concerned with restoring, developing, improving and maintaining independence, function, physical performance and health related quality of life. We provide home based assessments and treatments and a range of other services. To contact our Physiotherapy Service call (01) 855 1100.

Psychology Services

Adults

Primary care psychology services are available to adult clients attending GP's in the Ballymun Primary Care team. This service is provided by a counselling psychologist and at present referrals are accepted from GP's on the team. The team can be contacted at (01) 846 7006/7.

Children and Families

A clinical psychology service is available to children and families where there are concerns about a child's intellectual, social, emotional or behavioural development. The service places an emphasis on early identification and intervention as well as providing advice for mild-moderate problems. It does not provide either a psycho-educational assessment service or a multi-

disciplinary assessment. Suitable referrals are accepted from parents or professionals and a referral form can be obtained by calling the psychology department at (01) 846 7129.

Public Health Nursing

There are Public Health Nurses (PHNs) working from every Health Centre in our area, who provide a range of services to people in their homes and from the clinics within the health centres. PHNs are often your first contact with the HSE, for clients. They visit new mothers and their babies, and provide advice on care, feeding and development. They also provide care to people who have been discharged from hospital and a range of other services. You can contact your Public Health Nurse at your Local Health Centre or call (01) 846 7152.

Gearldstown House, Ballymun, Dublin 11
Tel: (01) 842 2544

Services for Older People

Hospitals and Homes for Older Persons

This is a list of the public nursing homes and long stay facilities in the area. Respite care for the elderly is provided in St. Monica's Nursing Home, Seanchara and St. Clare's Home.

Connolly Hospital, Blanchardstown, Dublin 15	(01) 646 5000
St. Mary's Hospital, Phoenix Park, Dublin 20	(01) 625 0300
Cuan Ros Unit for the Elderly, Navan Road, Dublin 7	(01) 868 6012
St. Clare's Home, Ballymun, Dublin 9	(01) 837 3619
Seanchara Community Unit, St. Canice's Road, Dublin 11	(01) 837 3726
St. Monica's Home, Belvedere Place, Dublin 1	(01) 855 7523
Clarehaven, St. Canice's Road, Ballygall, Dublin 11	(01) 837 2409
Ashgrove House, Navan Road, Dublin 7	(01) 838 2277
Lusk Community Unit, Lusk, Co. Dublin	(01) 807 1240

There are also a large number of private nursing homes registered with the HSE. For a list of the registered private nursing homes in the area:

Nursing Home Section, St. Mary's Hospital, Phoenix Park

Tel: (01) 625 0401 or (01) 625 0402

You can also register any comments or complaints about a nursing home at this number (01) 846 7346.

Home Improvement Scheme

Eastern Community Works, Emmet House, 138–140 Thomas Street, Dublin 8

Tel: (01) 677 8218

This is a scheme where an older person in privately owned accommodation who need work done to their home but cannot meet the cost may apply to the HSE for a grant to pay for the work.

Home Help Service

Killester Health Centre, Killester Avenue, Dublin 5	(01) 831 3928
Marino Health Centre, Marino, Dublin 3	(01) 833 3544
Lower. Sean McDermott Street, Dublin 1	(01) 855 4381
Larkhill Health Centre, Collins Avenue, Dublin 9	(01) 837 3796
Ballymun Home Help Service Health Care Facility, Ballymun, Dublin 11	(01) 846 7190
Clontarf Home Help Service, St. Gabriel's Parish Centre, St. Gabriel's Road, Dublin 3	(01) 833 7159
Donnycarney/Beaumont: St. John's Court, Malahide Road, Dublin 3 251 Elm Mount Ave, Dublin 9	(01) 831 9783 (01) 831 9783
St. Laurence O'Toole/East Wall H Help Serv Eastwall Social Services Cent, Eastwall, Dublin 3	(01) 885 2024
St. Francis Xavier Home Help Service Unit 9, 12 Mountjoy Sq Nth, Dublin 1	(01) 830 5340

Meals on Wheels

Meals can be supplied to older persons who are unable to provide for themselves at centres or in their own home. The objective is to help maintain older persons at home for as long as possible.

Day Clubs & Meals on Wheels

Marino - 1, Meals on Wheels 99 St. Declan's Road, Marino, Dublin 3	(01) 833 1454
Marino - 2, Meals on Wheels 37 Griffith Avenue, Dublin 9	(01) 833 3874
Linx Meals on Wheels 29/30 Sandyhill Gdns, Ballymun, Dublin 11	(01) 842 2426
St. Gabriel's Meals on Wheels St. Gabriel's Road, Clontarf, Dublin 3	(01) 833 4755
Activities Groups for Elderly, 57 Amiens Street, Dublin 1	(01) 855 7207
Ballymun Old Folks Group, 46 Graigue Court, Poppintree, Dublin 11	(01) 842 7754
Coultry Gardens Senior Citizens 187 Coultry Road, Ballymun, Dublin 11	(01) 842 3802
Dominican Day Care Centre: St. Vincent Trust, 9 Henrietta Street, Dublin 1 31A Upr. Dominic Street, Dublin 7	(01) 887 4112 (01) 872 2240
Drumcondra Active Age 5 Walnut Park, Courtlands, Griffith Avenue, Dublin 9	(01) 837 2916
Eastwall Day Care Centre, St. Mary's Road, Eastwall, Dublin 3	(01) 874 3603
Glasnevin Meals on Wheels, 169 Botanic Avenue, Glasnevin, Dublin 9	(01) 837 4493
Lourdes Day Care Centre, Lr. Sean McDermott Street, Dublin 1	(01) 855 4381
St. Agatha's Food Centre, 35 Portland Row, Dublin 3	(01) 855 5577
St. Anthony's Day Care Centre Church Grounds, St. Laurences Road, Dublin 3	(01) 833 5300
Nazareth House, Malahide Road, Dublin 3	(01) 833 3037
Convent of Our Lady of Charity, 72 Lr. Sean McDermott St, Dublin 1	(01) 836 3148
North Inner City, c/o Champions Avenue, Waterford Street, Dublin 1	(01) 872 0187
St. Brigid's Resource Centre, Killester, Dublin 5	(01) 853 4030
Ballybough Court, 16 Ossory Court, North Strand, Dublin 1	(01) 836 396
Iona Parish: Eastwall - St. Mary's Road, Eastwall, c/o 43 Iona Road, Dublin 9	(01) 874 3603
Gardiner Street - Upper Gardiner Street, Dublin 1	(01) 874 5893
Our Lady of Victories, Hampstead Green, Glasnevin, Dublin 9	(01) 837 2633
St. Laurence O'Toole Day Centre Upper Oriel Street, North Wall, Dublin 1	(01) 833 7010

St. Martin's Food Centre, 3 Belvedere Court, Dublin 1	(01) 874 5893
Thorndale Court, Collins Avenue West, Dublin 9	(01) 831 3188
Whitehall Social Centre	
Church of the Holy Child, Thatch Road, Dublin 9	(01) 837 0472
Brendan Behan Court, Russell Street, Dublin 1	0851 490 002
Little Sisters of the Poor, Sybil Hill, Raheny, Dublin 5	(01) 866 2308

Speech & Language Therapy

Speech & Language Therapy provides assessment, diagnosis and treatment of clients with speech, language and/or swallowing disorders. Local Health Office Speech & Language services are predominately health centre based with outreach services provided to designated facilities. For further information please contact (01) 855 1100 or 846 7177.

Social Inclusion Services

Homeless Services

Health Link Team

(northside)

44 North Great George's Street, Dublin 1 (01) 874 7591

(southside)

Parkgate Hall, 6-9 Conyngham Road, Dublin 18 (01) 703 6100/703 6158

For people who are experiencing homelessness who have difficulty accessing healthcare services.

Asylum Seekers Unit

77 Upper Gardiner Street, Dublin 1 (01) 858 5100

Emergency Accommodation

Homeless Person's Unit – Men, 149 St. James's Street, Dublin 8

Homeless Person's Unit – Women and Families, 16-19 Wellington Quay, Dublin 2

Freephone: 1800 724 724

Special Projects and Social Inclusion Services

Women's Health Project for Women Working in Prostitution

Baggot Street Clinic, 19 Haddington Road, Dublin 4 (01) 660 2189

Women's Health Unit

Third Floor, Park House, North Circular Road, Dublin 7 (01) 882 3464

Gay Men's Health Project

Baggot Street Clinic, 19 Haddington Road, Dublin 4 (01) 660 2189

Public HIV Testing

Baggot Street Clinic, 19 Haddington Road, Dublin 4 (01) 660 2189

Family Welfare Conference

24 Lower Baggot Street, Dublin 4 (01) 676 0835

Alcohol Support

De Paul Trust Alcohol Case Management Team

Shangan Road, Ballymun, Dublin 9

Tel: (01) 862 3728

Support service for people 18+ who have alcohol problems and or homeless or at risk of becoming homeless.

Education, Training & Employment

CDVEC Foundations Project

1 Parnell Square, Dublin 1

Tel: (01) 878 6658 or (01) 873 6012

Programmes and activities for adults and children in hostels, B&B's, day centres.

FÁS Access Service

57-60 Jervis Street, Dublin 1

Tel: (01) 804 4600

Unemployed people experiencing homelessness.

HSE-Soilse (Drug Free Day Programme)

6-7 North Federick Street, Dublin 1

Tel: (01) 872 4535

Education programme for people who have been drug users but are now drug free.

Lourdes Youth and Community Services

c/o Lourdes Day Centre, Sean McDermott Street, Dublin 1

Tel: (01) 836 3416

Provides an adult education programme for (18 + years), community training workshop (16-21 years) youth programme that trains youth workers and runs clubs.

PACE Training for Employment Project

Unit A3 Santry Hall Industrial Estate, Dublin 9

Tel: (01) 842 7997/842 8432

Provides training, education, personal and social development for offenders and ex-offenders.

Peter McVerry Trust – Education, Training & Development

12-13 Berkley Street, Dublin 7

Tel: (01) 830 8335

Access to education and training for young homeless people aged 18+.

Ready for Work (RfW) Programme

Business in the Community Ireland,

32 Lower O'Connell Street, Dublin 1

Tel: (01) 874 7232

Training and work placements for people affected by homelessness. Participants also receive ongoing support from training and job coach.

Counselling Services**Deora Project**

Oasis Counselling Centre

St. Laurance's Place East, Seville Place, Dublin 1

Tel: (01) 855 0730

Counselling service around addiction, bereavement, loss, suicide. Individual, group, family and couple counselling and psychotherapy. Home visits.

Dublin Counselling and Therapy Centre

41 Upper Gardiner Street, Dublin 1

Tel: (01) 878 8236

Individual, couple and group counselling and psychotherapy.

Laragh Counselling Service

1 Prospect House, Prospect Road, Glasnevin, Dublin 9

Tel: (01) 882 4100 or 1800 234 110

HSE Dublin North East

Individual and group counselling for adults who suffered sexual, physical or emotional abuse as children.

Teen Counselling-Mater Dei

Mater Dei, Cloncliffe Road, Dublin 3

Tel: (01) 837 1892

Counselling for young people and their families.

Generalist Information and Advice**Ballymun Citizens Information Centre**

c/o The Library, Ballymun Road, Dublin 9

Tel: (01) 816 5900 or 842 1890

Provides information service for the public on a wide range of subjects.

Specialist Services**Community Welfare Services for Travellers**

41 Castle Street, Dublin 2

Tel: (01) 4767 000

Provides welfare services for travellers, including advice on income, medical and social support entitlements.

Emigrant Advice

1 Cathedral Street, Dublin 1

Tel: (01) 873 2844 or 872 6171

Emigrants from and immigrants to Ireland. Information and advocacy for people planning to emigrate from or return to Ireland and for immigrants to Ireland.

Exchange House

61 Great Strand Street, Dublin 1

Tel: (01) 872 1094

Travellers. Provides a range of services for Travellers, including a resource centre, FÁS training, social workers, information on welfare rights, youth services, education programmes and outreach.

Pavee Point

Travellers Centre 46 North Great Charles Street, Dublin 1
Tel: (01) 878 0255

Information and training service for Travellers.

Migrant Rights Centre Ireland (MRCI)

55 Parnell Square West, Dublin 1
Tel: (01) 889 7570

Migrant workers and their families. Information, advice and advocacy services for migrants and their families. Drop-in centre and also phone, email and letter enquiry service.

Outhouse

105 Capel Street, Dublin 1
Tel: (01) 873 4932

Community and resource centre for gay, lesbian, bisexual transgendered or transvestites, their friends and families.

Refugee Information Service

27 Annamore Terrace, North Circular road, Dublin 7
Tel: (01) 838 2740

Information, advocacy and referral service for refugees and asylum seekers.

Cáirde

19 Belvedere Place, Dublin1
Tel: (01) 855 2111 Fax: (01) 855 2089
Website: www.cairde.ie

A non government organisation works to reduce health inequalities amongst ethnic minority communities using a community development approach. Provides information on all areas of health.

Access Ireland

41 Lower Dominick St. Dublin 1
Tel: (01) 878 0589

Seeks to promote the intergration of ethnic minorities into Ireland.

Spirasi

213 North Circular road Phibsboro, Dublin 7
Tel: (01) 838 9664/868 3504

Assistance with the process of integration for refugees, asylum seekers and survivors of torture.

Women's Aid

Everton House, 47 Old Cabra Road, Dublin 7
Tel: (01) 868 4721 or 1800 341 900

National freephone helpline providing support and information on legal, financial and accommodation issues to women who have experienced domestic violence.

Emergency Accommodation**Beech House**

62 Amiens Street, Dublin 1
Tel: (01) 887 9609

Couples with alcohol or mental health problems, ex-offenders and couples who have stabilised on methadone.

De Paul Trust – Clancy Night Shelter

69 Blessington Street, Dublin 7
Tel: (01) 860 1703

Rough sleepers both male and female aged between 18 and 35. Couples accepted, Individuals may have a history of or be currently involved in drug use. They may also have associated mental health problems.

Dublin Simon – Detox Unit

Top Floor, Island House, Island Street, Dublin 8
Tel: (01) 675 9950

Alcohol dependent single homeless people. Must be motivated to become alcohol free. Can accept clients with mental health support needs who are under the care of psychiatric services. Clients stable on Methadone maintenance programme.

Dublin Simon – Residential Alcohol Service.

Ushers Island, Dublin 8
Tel: (01) 679 2391

Homeless men/women with alcohol issues, must be detoxed from alcohol/at least 10 days sober and drug free prior to acceptance.

Focus Ireland – Aylward Green

Aylward Green, Cappagh Road, Finglas, Dublin 11

Tel: (01) 834 7660

Homeless families with minimum of 2 children. Can accept those with support needs.

Haven House

Morning Star Avenue, off North Brunswick Street, Dublin 7

Tel: (01) 873 2279

Single homeless women and women with children.

Maple House

595 North Circular road, Dublin 7

Tel: (01) 855 1124

Single homeless men with low support needs.

Morning Star Hostel

Morning Star Avenue, off North Brunswick Street, Dublin 7

Tel: (01) 872 3401

Homeless men with low support needs. Can accept men with alcohol and mental health problems.

Regina Coeli Hostel

Morning Star Avenue, off North Brunswick Street, Dublin 7

Tel: (01) 872 3142

Single homeless women with or without children. Can accept those with an alcohol, drug or mental health problems.

Salvation Army – Cedar House Night Shelter.

Marlborough Place, Dublin 1

1800 724 333

Tel: (01) 873 1241

Single homeless men. Can accept men with alcohol and /or drug dependencies.

Salvation Army – Lefory House Nighlight

12-14 Eden Quay, Dublin 1

Tel: (01) 874 3762

Young single homeless people aged 12-18 needing emergency night shelter accommodation.

Women's Emergency Accommodation & Support

Cromwell Lodge, 1 Mount Brown, Dublin 8

Tel: (061) 468 035

Single adult women with high support needs.

Threshold – Access Housing Unit

21 Stoneybatter, Stoneybatter, Dublin 7

Tel: (01) 678 6094

Homeless people who have shown a capacity for independent living in the private rented sector.

Peter McVerry Trust – Residential Service

29 Mountjoy Square, Dublin 1

Tel: (01) 823 0776

Young single homeless men. Under 18s only accepted when HSE placement cannot be secured. Can accept drug users if on a methadone maintenance or other drug programme.

Respond! – Conrath House

High Park, Grace Park Road, Drumcondra, Dublin 9

Tel: (01) 804 0240

Single men over 30 with support needs who are motivated towards independent single living and are willing to participate in a support programme.

Appeals

The Appeals Office is your assurance that decisions made by the HSE are correct and fair. If you apply for a service and are unsuccessful, you have the right to appeal that decision, and to have it reviewed.

Bridgecourt Office Park, Walkinstown Avenue, Dublin 12	(01) 460 9300
Ballymun	(01) 846 7237
22 Mountjoy Square	(01) 846 7236

Environmental Health

Food and Tobacco Control

South East City, Ormond House, Ormond Quay, Dublin 7 (01) 828 6701

South West City, Block E, Westland Park,
Willow Road, off Nangor Road, Clondalkin, Dublin 12 (01) 460 9659

Local Authority – Air Pollution and Noise Control

Civic Offices, Wood Quay, Dublin 8 (01) 697 6111

Local Authority - Housing and Residential Services

Civic Offices, Wood Quay, Dublin 8 (01) 679 6111

Pest Control

St. Brendan's Hospital, Rathdown Road, Grangeegorman,
Dublin 7 (Southside) (01) 454 2087

Specialist Services

Port Health, Hygiene, Education, Communicable Diseases,
Tobacco Control, Pre-School Services and Food Standards
Blanchardstown Corporate Park, Dublin 15 (01) 809 8300

Freedom of Information

The HSE is covered by the Freedom of Information Act, meaning that records held by the HSE can be applied for, and if a range of criteria are met, can be released to the public. Personal information, like medical records, can ONLY be released to the person to whom those records apply. To make a request for a record to be released under this Act, contact:

Swords Business Campus, Balheary Road, Swords, Co. Dublin
Tel: (01) 890 8728

Registration Services – Births, Deaths & Marriages

Joyce House, 8–11 Lombard Street East, Dublin 2
Tel: (01) 671 1968

Mission Statement

We in the Local Health Office Dublin North Central support integrated health services that meet the diverse health and social care needs of our local community and treat each person according to their needs in an accountable and accessible way.