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your HSE guide

Dublin South West

Dublin South West Local Health Office
Old County Road, Crumlin
Tel: (01) 415 4700



The Local Health Office is the central focus of all community health and personal social services in your local area. Dublin South West Local Health Office mainly covers the communities of Drimnagh, Crumlin, Walkinstown and Tallaght and provides a wide range of services either from the Local Health Office at Old County Road, Crumlin, or through local health centres and other locations listed in this booklet.

Welcome

I am the Local Health Manager for Dublin South West. I am delighted to introduce this Health Service Executive Directory, which we have produced to provide information you may need about local health services.

This Directory gives you a list of the health and personal social services that are available to you. It also gives useful information on how to access services, and guides you to your entitlements, e.g. Medical Cards, the new GP Visit Cards, Home Help and much more.

My job as the Manager of the Local Health Office is to ensure that the community health and personal social services in this area work for you. We work closely with other HSE services in nearby areas and across the country, to enable the people living here to access the services they need when they need them.

We also work closely with hospitals to enable people to access services easily between the community and the hospital systems.

I hope you find this HSE Directory helpful, so that should a need arise, it will be at hand with the information you need.

Most importantly, remember your Local Health Office at Old County Road, Crumlin, tel: (01) 415 4700, and don't hesitate to phone or to call to the public office (open 9.00am to 5.00pm, Monday to Friday) if you need further information or services.

Adrian Charles
Local Health Manager

HSE infoline: Callsave 1850 24 1850

The Health Service Executive provides a national information service, the HSE infoline, which offers everyone in Ireland easy access to information on over 110 health and social service topics, all for less than the cost of a local call.

The service can provide confidential information on a wide range of queries, like:

- Medical Cards
- GP Visit Cards
- European Health Insurance Card
- Drugs Payment Scheme
- Long-Term Illness Scheme
- Back to School Clothing and Footwear Scheme
- Home Help Services
- Nursing Home Subvention
- Health Promotion literature.

The HSE infoline can also advise on health services, entitlements, eligibility, application forms and contact details for services across the country.

Information is also made available via email or fax, and the infoline offers a sigma text-pad facility for people with a hearing impairment.

The HSE Infoline operates from 8.00am to 8.00pm Monday to Saturday.

YOU CAN CONTACT THE HSE INFOLINE ON:

Callsave: 1850 24 1850

Fax: (041) 685 0330

Email: info@hse.ie

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Health Services – What am I entitled to?

We all need to use the health service at some point in our lives. The Health Service Executive (HSE) runs all of Ireland's public health and personal social services, including hospitals, health centres, community services for older people and much much more.

Who is eligible for Health Services in Ireland?

Everyone who is ordinarily resident in Ireland is eligible for public health services. This means people who have been living here for a minimum of one year or intend to live here for a minimum of one year.

Do I have to pay for Health Services?

Ireland has a government funded public health service, where all people living here are entitled to certain services either free of charge or at a reduced cost. These services include:

- Visits to a Public Hospital Consultant, when referred by your GP.
- Stays in a Public Hospital, where the only charge to you will be a nominal in-patient charge, for up to the first 10 nights. Medical card holders are exempt from these charges.
- Accident and Emergency Departments do charge a fee for walk in visits, but if you are referred by your GP or you hold a current medical card, your visit is free.
- All schoolchildren can receive free dental checks and care up to the age of 14 years, and all children can avail of their required childhood immunisations free of charge from a GP.
- All expectant mothers are entitled to free Maternity Care and Post Natal visits up to six weeks after a baby is born, including Public Health Nursing following the birth of a child. Developmental checks are also provided for all infants and young children.
- GP services are free in Ireland for those who hold either a Medical Card or a GP Visit Card. Other patients must pay a consultation fee.

Hundreds of other health and personal social services are provided by the HSE to you and your family. The following pages outline the main schemes and benefits available, and the second part of this booklet gives you contact details for all the essential HSE services in your area.

Medical Cards and GP Visit Cards

Medical Card holders are entitled to GP services, community services, dental services, prescription medicine costs, hospital care and a range of other benefits free of charge. People can qualify for a medical card either on the basis of their income, or in some cases if a particular medical condition means their basic medical costs are very high. All people aged over 70 are entitled to a full medical card regardless of means.

GP Visit Card holders are entitled to the services of a GP free of charge. The income guidelines are 50% higher than the Medical Card.

Who can apply?

Anyone can apply for a GP Visit Card or a Medical Card – families, single people, even those working full time.

Is it means tested?

Yes, but for GP Visit Card and Medical Card applications, the HSE now considers your income *after* tax and PRSI is deducted, rather than total income. We also make generous allowances for your expenses on childcare, on rent and mortgage costs and on travel to work.

The HSE can also grant Medical or GP Visit Cards to individuals or families who exceed the income guidelines, but who have particular circumstances, e.g. chronic illness, that mean medical costs would result in undue hardship.

How do I apply?

It is easy and very simple to apply. One application form is now used for both Medical Cards and GP Visit Cards, and the HSE will assess each application for a full Medical Card in the first instance and then for a GP Visit Card.

The HSE has set up a handy calculator on our website – www.hse.ie. It allows you to enter your details and will give you a guide to your eligibility for a GP Visit Card or a Medical Card. You can confirm this by then making a full application at any Health Centre or Local Health Office.

Contact the HSE today to see if you can get a GP Visit Card or a Medical Card. You can pick up an application form from your local Health Office, from our website, www.hse.ie, or call the HSE infoline on callsave: 1850 24 1850.

Drugs Payment Scheme

What is the Drugs Payment Scheme?

With a Drugs Payment Scheme (DPS) card, an individual or family in Ireland only has to pay a maximum amount monthly for approved prescribed drugs, medicines and certain appliances. As of September 2006, the maximum amount a family must pay is €85. Please check our website, www.hse.ie or your Local Health Office for any changes to this amount.

Everyone in Ireland who does not have a Medical Card should apply for a DPS card.

This scheme is aimed at those who normally have to pay the full cost of their medication. It also applies to those who have a GP Visit Card. Anyone ordinarily resident in Ireland can apply to join the scheme, regardless of family, financial circumstances or nationality. Being ordinarily resident in Ireland means that you have been living here for a minimum of one year or that you intend to live here for a minimum of one year.

If a family combines a Drugs Payment Scheme card with a GP Visit Card, it could mean they would pay no more than €20 per week for GP Visits or prescriptions. See the previous pages for information on GP Visit Cards.

How do I apply?

You can get a registration form from your pharmacy or Local Health Office. Fill in the details of all your family members. Send it to your Local Health Office and you will be sent a card for each member of your family. You do not have to register with a particular Pharmacy for the DPS but for convenience it is advisable to use the same pharmacy in a particular month if you wish to avoid paying more than the maximum amount per month. You must present your card each time you attend before a prescription can be dispensed.

If you lose or misplace your Drugs Payment Scheme card, contact your Local Health Office. You can also call the HSE infoline: 1850 24 1850, for more information.

European Health Insurance Card

The card that covers EU.

What is the EHIC?

The European Health Insurance Card or EHIC was introduced in 2004 across the European Union. It allows Irish Residents to access health services in any EU country and in Switzerland, Iceland, Liechtenstein and Norway, if they become ill or injured while on a temporary stay in that country.

Is the EHIC free of charge?

There is no charge to apply for or renew an EHIC. The HSE accepts renewals and applications for EHIC cards at all HSE Local Health Offices, and on the HSE managed site – www.ehic.ie.

What do I do if I become ill or injured in another member state?

To obtain healthcare with the Card, go to the nearest public system doctor, public hospital, or other public treatment centre and present your Card. Treatment in a private setting is not covered by the Card.

Do I need private insurance in addition to the Card?

Public healthcare systems vary from country to country. The Card does not cover the cost of repatriation and in addition, illness or an accident abroad may mean extra travel and accommodation costs. You may therefore wish to take out private insurance for your trip. You will find more about your entitlements in particular countries at your Local Health Office or on www.ehic.ie.

How long will it take to get a Card?

You will receive your Card within approximately 10 working days of receipt of your application.

What if I don't have time to get a Card before I travel?

You can get a Temporary Replacement Certificate, which gives you the same entitlement as the Card, but for a shorter period, and can be issued by your local Health Office. One Temporary Replacement Certificate is issued per person.

How do I apply?

Applying for the card is very easy. Application forms are available from local HSE Health Centres, from your Local Health Office or from our website, www.ehic.ie. You can also call the HSE infoline: 1850 24 1850, for more information.

Immunisation

What is immunisation?

Immunisation is a simple, safe and effective way of protecting your child against certain diseases. Children and young people in Ireland are entitled to certain vaccinations and immunisation services free of charge. These vaccines are provided in a range of settings: by your GP, in hospitals, at Health Centres, at home or at school.

Is immunisation free?

Vaccinations under the Childhood Immunisation Programme in Ireland are provided free of charge to all children. The childhood immunisation programme (outlined opposite) protects children from the following: Tuberculosis, Diphtheria, Tetanus, Whooping cough (Pertussis), HiB (Haemophilus influenzae B), Polio, Meningitis C, Measles, Mumps and Rubella.

Are vaccines safe?

The vaccines used in Ireland are safe. All medicines can cause side effects, but with vaccines these are usually mild, like a sore arm or leg or a slight fever. Serious side effects to vaccines are extremely rare.

Research from around the world shows that immunisation is the safest way to protect your child's health. Your doctor or nurse can discuss the risks with you before giving your child their vaccines.

All the recommended vaccines used to protect children in Ireland are licensed by the Irish Medicines Board or the European Medicines Evaluation Agency. They are allowed to be used only after they have been shown to be both effective and safe.

Where can I get my child immunised?

The HSE recommends that all parents bring their children for immunisation, which is free from your GP. If you have any more questions or need more information, you can visit the HSE website – www.immunisation.ie, or speak to your GP or your Public Health Nurse in your Local Health Centre.

You can also call the HSE infoline: 1850 24 1850, for more information.

Childhood Immunisations

AGE TO IMMUNISE	TYPE OF VACCINE
BIRTH	BCG tuberculosis vaccine (usually given in maternity hospitals)
2 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C)
4 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C), Diphtheria
6 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C)
12 TO 15 MONTHS <i>Free from your GP</i>	MMR: Measles, Mumps, Rubella HiB Booster (Haemophilus influenzae B)
4 TO 5 YEARS <i>Free in School</i>	4 in 1: Diphtheria, Whooping Cough, Tetanus, Polio MMR: Measles, Mumps, Rubella
11 TO 12 YEARS <i>Free in School</i>	MMR: Measles, Mumps, Rubella (not necessary if two doses have already been given)
10 TO 14 YEARS <i>Free in School</i>	BCG (if not already protected)
11 TO 14 YEARS <i>Free in School</i>	Td: Tetanus, Diphtheria

Nursing Home Services and Subvention

The HSE provides a wide range of services for older people, including in-patient acute services, step down and convalescent care, day services, rehabilitation, community services, home care and home helps.

The simplest way to enquire about or access these services is to speak to either your GP, or to ask at your Local Health Centre to speak to the Public Health Nurse.

The HSE also pays a subvention, or a subsidy, toward the cost of a private nursing home beds. The subvention is designed to help with nursing homes costs and is subject to a means test, and a dependency test – meaning how much care the person needs.

You can apply for Nursing Home Subvention from your Local Health Office. The HSE will then carry out a means test and an assessment of dependency. The dependency assessment is carried out on behalf of the HSE by a doctor, nurse, occupational therapist or physiotherapist. The applicant's medical condition is taken into account and the assessment also includes an evaluation of their ability to carry out the tasks of daily living and of the level of social support available to the person. The kinds of factors assessed might include: mobility, ability to care for oneself, communications, quality of memory etc.

The nursing home regulations also permit the HSE to take account of a person's assets and income in determining entitlement to nursing home subvention. Where a person has assets they may have to use these to fund nursing home care.

A Fair Deal – The Nursing Home Care Support Scheme

The Minister for Health and Children has announced plans for a significant change in how nursing home care is provided and paid for. From January 1, 2008, the current subvention and public nursing home schemes will be replaced by a new Nursing Home Care Support Scheme, which is designed to ensure that everyone who enters a nursing home, public or private, pays a fair portion of their income as a contribution towards the cost of their care. For more information on this scheme, contact your Local Health Office, or the HSE Infoline on: 1850 24 1850.

Long-Term Illness Scheme

What is the Long-Term Illness Scheme?

If you have certain long-term illnesses or disabilities, you can apply to join the Long-Term Illness Scheme.

How do I qualify?

You must be ordinarily resident in Ireland and hold a PPSN. You qualify if you have one of the illnesses or disabilities listed below:

- Acute Leukaemia
- Cerebral Palsy
- Cystic Fibrosis
- Diabetes Insipidus
- Diabetes Mellitus
- Epilepsy
- Haemophilia
- Hydrocephalus
- Mental handicap
- Mental Illness (in a person under 16 years of age)
- Multiple Sclerosis
- Muscular Dystrophies
- Parkinsonism
- Phenylketonuria
- Spina Bifida
- Conditions arising from the use of Thalidomide.

There is no income requirement or means test. If you have a medical condition that is not listed above, you should consider applying for a Medical Card or a GP Visit Card.

If you have one of these conditions, you will be supplied with a Long-Term Illness book. This booklet allows you to get drugs, medicines, and medical and surgical appliances directly related to your illness, free of charge. It does not depend on your income or other circumstances and is separate from the Medical Card Scheme and the GP Visit Card Scheme.

How do I apply?

The Long-Term Illness Scheme application form is available from your Local Health Office. Your doctor or consultant will sign the form to confirm your condition and list your medication.

You can also call the HSE infoline: 1850 24 1850, for more information.

Dental Services

The HSE provides Dental Services to children under 6 and children attending Primary School, to Medical Card holders and to EU residents for emergency treatment. Some services are provided by dentists employed by the HSE, and some by private dentists.

What Dental Services are available for children?

Pre-school children attending primary schools can be referred for Dental Treatment from a child health service or following a routine school visit. Children attending primary school are screened in 2nd, 4th and 6th class and are referred for treatment if necessary to the local dental clinic. Emergency services are also available to all school going children.

What Dental Services are provided for Medical Card holders?

Medical Card holders can get a list of participating Private Dental Practitioners from their Local Health Office or HSE Dental Clinic. Once the dentist has accepted you as a patient you must bring your medical card with you when attending on your first visit. The following treatments are available with a Medical Card: Fillings, Cleaning/polishing, Extractions, Dentures and Root Canal Treatment.

What if my child needs braces?

Some children where necessary are referred onto their Orthodontic Clinic for further treatment. This referral is from the Principal Dental Surgeon in the health centre and Orthodontic Treatment is free.

Can I get tax relief on dental expenses?

If you do not have a medical card and have to pay for dental services from a private practitioner, you may claim tax relief for certain specialised dental treatments. The form is called Med 2 and can be obtained from the Tax Office.

Can my PRSI help pay for dental treatment?

Treatment Benefit is a scheme in Ireland operated by the Department of Social and Family Affairs. Under this scheme, contributions made by people through PRSI can be accessed to repay some of the cost of dental treatment. Ask your Dentist for more information.

To learn more about Dental Services in your area, contact your Local Health Office. You can also call the HSE infoline: 1850 24 1850, for more information.

Back to School Clothing and Footwear Allowance

What is the Back to School and Footwear Allowance?

The Back to School Clothing and Footwear Allowance is in place to help families meet the cost of uniforms and footwear for students in Ireland attending school. The scheme operates from June 1st to September 30th each year.

How do I qualify?

To be eligible for the Back to School Clothing and Footwear Allowance, the parent or guardian must meet one of the following conditions:

- In receipt of a social welfare payment (including Family Income Supplement) or a HSE payment
- Taking part in an approved employment scheme
- Taking part in a recognised education or training course
- Involved in an Area Partnership Scheme
- Attending a FÁS, Fáilte Ireland or LES training scheme.

The child/student must also be aged between 2 and 22 years before 1st October of the year you apply and must be in full-time education at a recognised school or college.

Where a person is on short term social welfare payment, qualifying children must be aged 2-17 years.

Is the allowance means tested?

Yes, the HSE Community Welfare Office in your Local Health Centre will assess your income and decide if you are eligible. Your total household income means your main social welfare or HSE payment and any other income you may have including wages, before tax but excluding PRSI and reasonable travel expenses.

Any income you get by way of rent or mortgage interest supplement, Family Income Supplement, Blind Welfare Allowance, Rehabilitative Training Allowance, rehabilitative employment (up to €120 per week), Home Help, Domiciliary Care Allowance and Mobility Allowance is not counted.

How do I apply?

You should apply to the Community Welfare Officer (CWO) at your Local Health Centre. You can also call the HSE infoline: 1850 24 1850, for more information.

Supplementary Welfare

What is Supplementary Welfare Allowance?

Supplementary Welfare Allowance provides a basic weekly allowance to eligible people who have little or no income. In addition, payments can also be made in respect of urgent or exceptional needs.

What types of payments are made under the scheme?

Basic Payments

If you have no income you may be entitled to basic Supplementary Welfare Allowance. If you have claimed a social welfare payment but it has not yet been paid, and you have no other income, you may qualify for Supplementary Welfare Allowance while you are awaiting payment.

Supplements

If your income, whether from basic Supplementary Welfare Allowance or otherwise, is too low to meet certain special needs, you may be granted a weekly supplement. Special needs may include rent/mortgage payments or exceptional expenses due to ill-health. The amount of any supplement will be decided by the Health Service Executive based on your circumstances.

Exceptional Needs Payments

These are paid to assist with essential, once-off expenses in exceptional circumstances. This is at the discretion of the HSE, and depending on your circumstances, may be paid to assist with the cost of essential household equipment, funeral expenses or any other unforeseen large expenses.

Rent and Mortgage Interest Supplements

The HSE can also assist with rent or mortgage interest payments for people on very low incomes. This may depend on:

- the size of your accommodation and your family size
- if you have applied for or have been refused Local Authority housing
- the cost of your accommodation
- whether you are sharing your accommodation

When and how do I apply?

You can apply to the Community Welfare Officer at your local Health Centre. You can also call the HSE infoline: 1850 24 1850, for more information.

Health Services

Addiction Services

Drugs/HIV Helpline
Freephone: 1800 459 459

Tallaght Addiction Services, Glen Abbey Centre, Belgard Road

Community Alcohol Service	(01) 451 6589
Community Drug Team	(01) 451 3894
YoDA-Youth Drug & Alcohol Service	(01) 466 5040

Community-Based Drug Services

Addiction Response Crumlin (ARC), 101 Cashel Road, Crumlin
Tel: (01) 456 3131

Community Addiction Response Programme (CARP), Killinarden Way, Tallaght
Tel: (01) 462 6033

Crumlin Addiction Centre - The Lodge, Old County Road,
Health Centre, Crumlin
Tel: (01) 415 4806

Drimnagh Addiction Service, Curlew Road, Health Centre, Drimnagh
Tel: (01) 405 9361

Fettercairn Drug Rehabilitation Programme Ltd,
Fettercairn Community Centre, Fettercairn
Tel: (01) 462 3175, 462 3192

Jobstown Assisting Drug Dependency (JADD), Jobstown Road, Jobstown
Tel: (01) 459 7756

St. Dominic's Community Response Project, St. Dominic's Contact Centre,
St. Dominic's Road, Tallaght
Tel: (01) 462 0624, 414 8632

Needle Exchange Services

Mon	2pm-4pm	St. Aengus Project, Castletymon Green
Tues	5pm-7pm	CARP Killinarden, Killinarden Way, Tallaght
Wed	5.30pm-7.30pm	JADD, (beside Community Centre) Fortunestown Lane, Jobstown
Fri	12-12.30pm	CARP Killinarden, Killinarden Way, Tallaght

Asylum Seekers Services

Asylum Seekers Unit, 77 Upper Gardiner Street, Dublin 1
Tel: (01) 858 5100

Blind Welfare Allowance

The Blind Welfare Allowance is part of the special services for blind/visually impaired persons in Ireland. It is a means tested supplementary payment and is in addition to an existing Department of Social and Family Affairs income maintenance payment to qualified persons who are blind or visually impaired. The allowance is paid to eligible persons from 16 years of age. For more information contact Old County Road Health Centre on Tel: (01) 415 4833.

Child Health

Area Medical and Public Health Nursing Staff visit schools in the area to give vaccinations including Mumps/Measles/Rubella (MRR) boosters and Meningococcal C. They also check on a child's development from birth onwards through a series of standard regular checks. Area Medical Officers also play an important role in monitoring outbreaks of illness in the area, mumps/measles etc. You can contact the Area Medical Officers at Tel: (01) 415 4710 and the Public Health Nurse at your Local Health Centre (see Health Centre listings).

Children and Family Services

Community Mothers' Programme

Park House, North Circular Road, Dublin 7 Tel: (01) 838 7122, ext. 246/221

Family Welfare Conference Service

24 Lower Baggot Street, Dublin 4 Tel: (01) 676 0835

Childcare Crisis Intervention Service

Park House, North Circular Road, Dublin 7 Tel: (01) 838 7122

Inter-Country Adoption

The Inter-Country Adoption Section provides a service to potential adopters. A dedicated team in the Inter-Country Adoption Section undertake the necessary assessments required for Inter-Country Adoptions for all of Dublin, Wicklow and Kildare. It is located at Dartmouth House, Kylemore Road, Ballyfermot, Dublin 10 Tel: (01) 620 1100

Barnardos Family Support Project, Millbrook Health Centre, St. Dominic's Road, Tallaght Tel: (01) 452 5090 Email: info@tallaght.barnardos.ie

Barnardos Youth Action Project, Bawnlea Green, Jobstown
Tel: (01) 459 8035 Email: info@bawnlea.barnardos.ie

Barnardos Special Needs Service, St. Muirín's House, 56 Avonbeg Gardens, Tallaght Tel: (01) 452 3755

Chiropody Services

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For further information, contact Old County Road Health Centre on Tel: (01) 415 4700.

Community Welfare

Community Welfare Officers work from most health centres in the area and can give financial support to those in need in the form of supplementary welfare allowance or rent allowance. They also advise on other entitlements and can help with completing forms including Medical Card and GP Visit Card. You can contact the Community Welfare Office on Tel: (01) 415 4780 or call to Old County Road Health Centre on Tel: (01) 415 4779. Also, see Health Centre listings for Community Welfare Officers.

Counselling

ACCORD

ACCORD is a voluntary Catholic organisation that aims to promote a deeper understanding of Christian marriage and to offer people the means to safeguard and nourish their marriage and family relationships.

Level 3, The Square, Tallaght, Dublin 24

Tel: (01) 459 0337 Email: tallaght@dublin.accord.ie

65 Templeogue Road, Templeogue, Dublin 6 West

Tel: (01) 490 8739 Email: templeogue@dublin.accord.ie

ALBA Counselling Service

This is a counselling service for adult survivors who experienced neglect, sexual, physical or emotional abuse as children.

Information Line Freephone: 1800 234112

66 Old Bawn Road, Tallaght, Dublin 24 Tel: (01) 452 4519

2 McElwain Terrace, Newbridge, Co. Kildare Tel: (045) 448 176

Aware

Aware is a voluntary organisation formed in 1985 by a group of interested patients, relatives and mental health professionals, whose aims are to assist that section of the population whose lives are directly affected by depression.

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Sufferers Support Group

St. Maelruain's Parish Centre & Hall, Grounds of Church of Ireland, Tallaght Village, weekly on Monday at 7.30pm, other than bank holidays.

Contact: Aware, 72 Lower Leeson Street, Dublin 2

Tel: (01) 661 7211 Fax: (01) 661 7217

Family Support Agency

The Family Support Agency provides a direct, nationwide family mediation service and supports, promotes and develops the provision of marriage and relationship counselling, other family supports and the Family and Community Services Resource Centre Programme.

St. Stephens Green House, Earlsfort Terrace, Dublin 2

Tel: (01) 611 4100 Fax: (01) 676 0824

Email: familysupport.agency@welfare.ie

Irish Family Planning Association

The IFPA offers a comprehensive range of services specifically designed to promote sexual health and to support reproductive choice. Their services and facilities are oriented to the needs of women and young people in particular and include counselling, information, education and medical services. The IFPA believes in and upholds the rights of the client. The IFPA is located at: Level 3, The Square, Tallaght, Dublin 24. Tel: (01) 459 7685/6 Fax: (01) 462 4067

Village Counselling Service

This is a low cost, confidential general counselling service.

Main Street, Tallaght, Dublin 24

Killinarden Enterprise Park, Tallaght, Dublin 24 Tel: or text: (087) 904 9497

Dental Services

Routine dental treatment is provided for primary schoolchildren following a screening/examination of all children in a particular class. Emergency services (treatment/advice, as appropriate) are available for eligible children without an appointment at any clinic any day that the health centre is open. Patients are asked to attend before 9.30am. The definition of an emergency can include any parent who is concerned about any aspect of their child's dental/oral health. Non-urgent cases may be given an appointment. The routine service for pre-school children is largely an educational one for the parents or carers. Please see Health Centre listings that have dental clinics.

Dietetic Service

This is located at the Mary Mercer Health Centre. Contact the health centre on Tel: (01) 458 5702

Disability Services

Physical and Sensory disability services are delivered directly and in partnership with a wide range of voluntary service providers. Initial contacts should be made with Old County Road Health Centre, Crumlin. Tel: (01) 415 4824

Disability Database

Old County Road Health Centre, Crumlin, Dublin 12

Tel: (01) 415 4836

Autism Services

Beechpark Service, Bryan S. Ryan Building, Main Road, Tallaght, Dublin 24

Tel: (01) 463 2210

Intellectual Disability Services

Southside Intellectual Disability Services, Rathfarnham, Dublin 16

Tel: (01) 493 2943

St. John of God's, Islandbridge	(01) 677 4022
Cheeverstown House, Templeogue, Dublin 6W	(01) 490 4681
Walkinstown Association, Long Mile Road, Dublin 12	(01) 465 0388
Barnardos Special Needs Service, St. Muir's House, 56 Avonbeg Gardens, Tallaght	(01) 452 3755

Physical Disability Services

Enable Ireland: Children – Scoil Iosa, Tallaght	(01) 413 7725
Adult – Cashel Road	(01) 462 6304
Barnardos Special Needs Service	(01) 452 3755
Brainwave, Irish Epilepsy Association, Crumlin Road	(01) 455 7500
Central Remedial Clinic Day Centre, Firhouse	(01) 462 1826

Physical Disability Residential Units

Cherry Orchard Hospital, Ballyfermot, Dublin 10	(01) 620 6000
Cuan Aoibheann Residential Unit, St. Mary's Hospital, Phoenix Park, Dublin 20	(01) 625 0300

Occupational/Rehabilitative Training Support Services

Sheaf House, Exchange Hall, Tallaght, Dublin 24	(01) 463 5270
Rehabilitative Training Guidance Service, Park House, North Circular Road, Dublin 7	(01) 882 3424

Services for the Deaf/Partially Deaf

National Association for Deaf People 35 North Frederick Street, Dublin 1	(01) 872 3800
Unit G-H, Exchange Hall, Tallaght, Dublin 24	(01) 462 0377

Hearing Services

Sheaf House, Exchange Hall, Tallaght, Dublin 24	(01) 463 5260
44 North Great George's Street, Dublin 1	(01) 874 7726

Services for the Visually Impaired

National Council for the Blind of Ireland, Whitworth Road, Drumcondra, Dublin 9	(01) 830 7033
Solas Centre, Unit 8, Oakfield Road, Clondalkin, Dublin 22	(01) 405 6950

Domestic Violence Services**Bray Women's Refuge**

Tel: (01) 286 6163 Fax: (01) 286 3830 Email: bwr@eircom.net

Saoirse Women's Refuge, Tallaght

Tel: (01) 452 2533 Fax: (01) 462 1740

Dublin 12 Domestic Violence Service

Tel: (01) 456 3126

Aoibhneas Women's Refuge, Coolock

Tel: (01) 867 0805 Fax: (01) 867 0806, 24-hour Helpline: (01) 867 0701

Email: aoibh2@indigo.ie

Rathmines Women's Refuge

Tel: (01) 496 1002 (24-hour Helpline) Email: womensrefuge@eircom.net

Domiciliary Care Allowance

This is a monthly allowance that is paid in respect of eligible children from birth to the age of 16 who have a severe disability requiring continual care and attention which is substantially in excess of that normally required by a child of the same age. For more information contact Old County Road Health Centre, Crumlin, on Tel: (01) 415 4700

Drugs Payment Scheme

See page 6 and for more information contact Old County Road Health Centre, Crumlin, on Tel: (01) 415 4700/4736

Environmental Health including Food Hygiene**Food & Tobacco Control, South East City**

Ormond House, Ormond Quay, Dublin 7

Tel: (01) 873 5199 Fax: (01) 873 5936

Food & Tobacco Control

South West City, Block E (Clondalkin Office), Westland Park, Nangor Road, Clondalkin, Dublin 12

Tel: (01) 460 9659 or (01) 460 9663 Fax: (01) 460 9699

Dublin City Council

Civic Offices, Block 3, Floor 1, Wood Quay, Dublin 8

Tel: (01) 222 2169 Fax: (01) 222 2431

South Dublin County Council (Tallaght Office)

South Dublin County Council, P.O. Box 4122, Town Centre, Tallaght, Dublin 24

Tel: (01) 414 9000 Fax: (01) 414 9117

South Dublin County Council (Clondalkin Office)

Block E, Westland Park, Nangor Road, Clondalkin, Dublin 12

Tel: (01) 460 9659/9661/460 9663 Fax: (01) 460 9699

Main Office of Tobacco Control

Office of Tobacco Control, Unit 14, Clane Shopping Centre, Clane, Co. Kildare

Tel: (045) 892 015 Fax: (045) 892 649

Please note each Environmental Health Office also deals with Tobacco related complaints and queries for its local area.

Food Safety Authority of Ireland

Abbey Court, Abbey Street, Dublin 1

Tel: (01) 817 1300 Fax: (01) 817 1301

Family Resource Centre

The Family Resource Centre (FRC) which is directly run by the HSE offers a range of support services to children and families. There are Drop In mornings on Mondays, Wednesdays and Fridays. Individual and group work takes place during the year and a summer project is held to promote family activities.

The centre works with vulnerable families who may have experienced such difficulties as social isolation, mental health, community conflict and domestic violence. The FRC is located in 16 Main Road, Tallaght Tel: (01) 451 5708

Gay Men's Health Project

Baggot Street Clinic, 19 Haddington Road, Dublin 4
Tel: (01) 669 9553

GP Out-of-Hours Service (Dubdoc)

This is a co-operative of GP's who have been contracted to provide an out-of-hours service to the following postal areas: Dublin 2, 6, 8, 10, 12, 20 and 22.

You must be registered with a member GP to attend. This service operates from 6pm to 10pm, Monday to Friday, and from 10am to 6pm on Saturday, Sunday and Bank Holidays. For more information Tel: (01) 454 5607 or contact your local GP.

GP Services

There are a large number of GPs working in the area, and your Local Health Office can help you to find a GP, or can advise on entitlements such as a Medical Card or GP Visit Card. Please see GP's in our area listed below:

Name	Address	Telephone
William Behan	115 Cromwellsfort Road, Walkinstown, Dublin 12	460 2263
Alan Byrne	Parkhouse Family Practice, Brookfield Health Centre, Tallaght, Dublin 24	459 9911
Frank Clarke	Walkinstown Medical Centre, 133 Walkinstown Road, Walkinstown, Dublin 12	450 1558
Desmond Coady	1 Old Bawn Way, Tallaght, Dublin 24	451 1886
Ismail Coovadia	7 Alderwood Way, Springfield Estate, Tallaght, Dublin 24	451 1538
Michael Costello	Sundrive Medical Centre, 36 Sundrive Road, Kimmage, Dublin 12	492 5947
John Craig	23 Old Bawn Way, Tallaght, Dublin 24	450 4168
Dermot Daly	19 Redwood View, Kilnamanagh, Tallaght, Dublin 24	451 3589
Kevin Diskin	118 Mourne Road, Drimnagh, Dublin 12	494 7975

Laura Durkin	64 The Park, Kingswood Heights, Tallaght, Dublin 24	451 6567
Hugh Durkin	19 Redwood View, Kilnamanagh, Tallaght, Dublin 24	451 3589
Thomas Field	19 Redwood View, Kilnamanagh, Tallaght, Dublin 24	451 3589
Kevin Gallagher	3 Shelton Grove, Kimmage, Dublin 12	455 5358
Michael Hooper	112 Errigal Road, Drimnagh, Dublin 12	455 6299
Andrew Jordan	Aylesbury Clinic, Aylesbury Shopping Centre Tallaght, Dublin 24	452 1907
William Kavanagh	Springfield Medical Centre, Alderwood Avenue Tallaght, Dublin 24	451 4077
Peter Keogh	Parkhouse Family Practice, Brookfield Health Centre, Tallaght, Dublin 24	459 9911
Siobhan Kierans	Tallaght Medical Practice, 1 Alderwood Park, Springfield, Tallaght, Dublin 24	459 0962
Catherine King	172 Sundrive Road, Kimmage, Dublin 12	453 4671
Paul Lincoln	72 Old Bawn Road, Tallaght, Dublin 24	451 3797
Ian Lindsay	Walkinstown Medical Centre, 133 Walkinstown Road, Walkinstown, Dublin 12	450 1558
Roland Ling	14 Watermeadow Park, Old Bawn Tallaght, Dublin 24	451 1852
Brian Maher	Aylesbury Clinic, Aylesbury Shopping Centre Tallaght, Dublin 24	452 1907
Sean McCarthy	1 Woodlawn Park Ave., Firhouse Road, Tallaght, Dublin 24	452 1509
Liam J. McEniff	133 St. Peters Road, Walkinstown, Dublin 12	450 4168
Liam McEniff	131 Galtymore Road, Drimnagh, Dublin 12	450 4168
Deborah McGrane	Parkhouse Family Practice, Brookfield Health Centre, Tallaght, Dublin 24	459 9911
Patrick McGrath	Parkhouse Family Practice, Brookfield Health Centre, Tallaght, Dublin 24	459 9911
Mary McMorrow	192B Glenview Park, PO Box 5037 Tallaght, Dublin 24	452 1923
Kevin A. McPartlin	8 Cypress Park, Templeogue, Dublin 6 West	490 3095
Gerard Moran	Long Mile Medical Centre, Long Mile Road, Drimnagh, Dublin 12	456 2871
Cyril Newman	69A Orwell Park, Templeogue, Dublin 6 West	450 9057
Diarmuid O'Connell	351 Crumlin Road, Crumlin, Dublin 12	455 6858
John O'Connell	52 Walkinstown Road, Walkinstown, Dublin 12	456 7878
Patrick O'Connor	12 Glenview Park, Tallaght, Dublin 24	451 5018

Thomas O'Dowd	Springfield Medical Centre, Alderwood Avenue Tallaght, Dublin 24	451 4077
Charles M "Karl" O'Malley	335 Lr Kimmage Rd. Kimmage, Dublin 12	490 2327
Aodhagan O'Reilly	Parkhouse Family Practice, Brookfield Health Centre Tallaght, Dublin 24	459 9911
Denis J O'Sullivan	1 Orwell Park, Templeogue, Dublin 6 West	450 4289
Robin Quigley	Springfield Medical Centre, Springfield, Tallaght, Dublin 24	451 4077
Oliver Quinn	1 Errigal Road, Drimnagh, Dublin 12	455 7260
Michael Rowan	60 St. Agnes Road, Crumlin, Dublin 12	455 5306
Stephen Ryan	202 Kimmage Road West, Kimmage, Dublin 12	455 9228
Frederic Shackleton	115 Cromwellsfort Rd. Walkinstown, Dublin 12	460 2263
John Simon	20 Birchview Drive, Kilnamanagh, Dublin 24	451 5817
Imelda Sliney	Sundrive Medical Centre, 36 Sundrive Road Kimmage, Dublin 12	492 5947
Barbara Smyth	197 Crumlin Road, Crumlin, Dublin 12	454 2033
John Synnott	144 Old County Road, Crumlin, Dublin 12	455 4684
William Twomey	Aylesbury Clinic, Aylesbury Shopping Centre Tallaght, Dublin 24	452 1907
John Twomey	Perrystown Practice, 170A Whitehall Rd. West Perrystown, Dublin 12	456 2034
Bernadette White	60 St. Agnes Road, Crumlin, Dublin 12	455 5306
Philip Wiehe	Sundrive Medical Centre, 36 Sundrive Road Kimmage, Dublin 12	492 5947

GP Visit Cards

Your Local Health Office processes applications for GP Visit Cards. If you would like to apply or need help in making an application, call the Medical Card Section in Old County Road Health Centre, Crumlin, on Tel: (01) 415 4730/4731/4732, or if you live in the Tallaght area, you can call the Mary Mercer Health Centre on Tel: (01) 458 5700

Health Centres in Dublin South West

(Some of these services operate on specific days only)

Brookfield, Rossfield Avenue, Tallaght, Dublin 24 (01) 462 4299

Hours: 9am-1pm and 2.15pm-5pm

Services:

- Social Work: by appointment (children only)
- Public Health Nurses:
Tuesday: PHN Child Health Clinic 10am-12 noon – drop in
Wednesday: Child Health Developmental Clinic – by appointment
- Physiotherapist – by appointment
- Child Health Clinic – by appointment
- G.P. Service

Cashel Road, Crumlin, Dublin 12 (01) 455 5227

Hours: 9am-1pm and 2.15pm-5pm

Services:

- Public Health Nurses:
Monday: Wound Care Clinic 9-10.30am
Tuesday: Wound Care Clinic 9-10.30am
Child Health Developmental Clinic – by appointment
A.M.O Child Referral Clinic – 2nd Tuesday every month – by appointment
Wednesday: Wound Care Clinic 9-10.30am
Thursday: Wound Care Clinic 9-10.30am
PHN Child Health Clinic 2-4.15pm – drop in
Friday: Wound Care Clinic 9-10.30am
- Community Welfare Officers:
Monday, Tuesday & Thursday: 9.30am-11am – drop in
Friday: 10am-11am – emergency only

Curlew Road, Drimnagh, Dublin 12 (01) 455 6422/6421

Hours: 9am -1pm and 2.15pm-5pm

Services:

- Social Work: by appointment
- Public Health Nurses:
Monday: Wound Care Clinic 9.30-1.30pm
Tuesday: Wound Care Clinic 9.30-1.30pm
Child Health Developmental Clinic – by appointment
A.M.O Child Referral Clinic - 3rd Tuesday every month – by appointment
Breast Feeding Support Clinic – afternoon

Wednesday: Wound Care Clinic 9.30-1.30pm

PHN Child Health Clinic 2.15-4pm – drop in

Thursday: Wound Care Clinic 9.30-1.30pm

Friday: Wound Care Clinic 9.30-1.30pm

- Community Welfare Officers:
Monday, Tuesday & Wednesday: 9.30am-11am – drop in
Friday: 10am-11am – emergency only
- Child Health Clinic – by appointment
- Dietician – Wednesday mornings
- Smoking Cessation – Wednesdays all day
- Psychiatric Social Workers – by appointment
- Addiction Services – by appointment
- G.P. Service: Tuesday, Thursday and Friday 10am-12 noon

Killinarden, Tallaght, Dublin 24

(01) 462 6260

Hours: 9am-1pm and 2.15pm-5pm

Services:

- Public Health Nurses:
Monday: Wound Care Clinic 9-10.30am
Child Health Developmental Clinic – by appointment
Tuesday: Wound Care Clinic 9-10.30am
PHN Child Health Clinic 10.30 -12.30pm – drop in
Wednesday: Wound Care Clinic 9-10.30am
Thursday: Wound Care Clinic 9-10.30am
A.M.O Child Referral Clinic – 1st Thursday every month – by appointment
Friday: Wound Care Clinic 9-12 noon
PHN Child Health Clinic 10.30-12 noon – drop in
- Speech & Language Therapy – by appointment
- G.P. Service

Mary Mercer Centre, Jobstown, Dublin 24

(01) 458 570

Hours: 9.00am -1pm and 2.15pm-5pm

Services:

- Dental: Emergency at 9.30am and 2.30pm, otherwise by appointment
- Social Work – by appointment
- Public Health Nurses
Monday: Wound Care Clinic am – by appointment
Refresher Ante Natal Class every 2nd Monday of month. Venue: An Solas
Ante Natal/Parent Craft 2nd/3rd Monday 10-1pm. Venue: An Solas
Tuesday: Wound Care Clinic am – by appointment

Ante Natal Clinic – am (Coombe Hospital.)

Child Health Developmental Clinic – by appointment

BCG Clinic – by appointment

Wednesday: Wound Care Clinic a.m – by appointment

PHN Child Health Clinic 10am-12 noon – drop in

Coombe Ante Natal Book-In Clinic pm – by appointment

Thursday: Wound Care Clinic a.m – by appointment

Garda, Dublin County Council 11am-12 noon

Mantoux check + B.C.G Clinics – by appointment.

Coombe Book-In Ante Natal – by appointment

Friday: Wound Care Clinic am – by appointment

PHN Child Health Clinic 10am-12.30pm – drop in

- Speech & Language Therapy – by appointment
- Occupational Therapy – by appointment
- Physiotherapy – by appointment
- G.P. Service
- Mental Health
- Dietician: Friday mornings – by appointment
- Area Medical Officers – by appointment
- Antenatal Clinic: An Antenatal Midwives clinic is available every week on Tuesday at 10am. You can avail of this local service following your first antenatal visit with a Doctor at the Coombe Women's Hospital.
- Antenatal Parentcraft Education for First-time Mums: Parent education classes are held in Mary Mercer Health Centre on the 2nd and 3rd Monday of the month at 10am. No appointment is necessary
- Refresher Parentcraft for Women who already have babies/children: A "Refresher" class is held every 4th Monday of the month at 10am. Each class is approximately of 2-hours duration and refreshments are served. A video may be used as part of the class.

Millbrook Lawns, Tallaght, Dublin 24

(01) 452 0666

Hours: 9am-1pm and 2.15pm-5pm

Services:

- Dental: emergency clinics daily at 9.30am and 2pm, otherwise by appointment
- Social Work – by appointment
- Public Health Nurses:
Monday: Wound Care Clinic 9.30-1pm – drop in
Neo-Natal Metabolic Screening 9 -11am – drop in
Child Health Developmental Clinic – by appointment

Tuesday: Wound Care Clinic 9-1pm – drop in
 Neo-Natal Metabolic Screening 9 -11am – drop in
 BCG 1st Tuesday of month pm – by appointment
 OUTREACH : PHN Child Health Clinic, 10.30 -12.30pm.
 Venue: Castletymon Community Centre
 A.M.O. Child Referral Clinic – 3rd/4th Tuesday of each month – by appointment.

Wednesday: Wound Care Clinic 10am to 12 noon – drop in
 Neo-Natal Metabolic Screening 9-11am – drop in
 PHN Child Health Clinic 2.15-4pm – drop in
 OUTREACH: PHN Child Health Clinic

Venues as follows: Kingswood every Wed. pm.
 Glenmasole 1st Wed. of every 2nd month am.
 Ballycragh (14 Allenton Drive) every Wed. a.m.,
 Aylesbury Clinic, every Wed. a.m.

Thursday: Wound Care Clinic 9-1pm – drop in
 Neo-Natal Metabolic Screening 9-11am – drop in
 Breast Feeding Support Clinic – 12 noon -1pm
 Child Health Developmental Clinic – by appointment
 Friday: Wound Care Clinic 9-1pm – drop in
 Neo- Natal Metabolic Screening -11am – drop in
 PHN Child Health Clinic for Ballycullen + Firhouse areas in Millbrook a.m.
 Child Health Developmental Clinic – by appointment

- Speech & Language Therapy – by appointment
- Community Welfare Officers: Monday, Tuesday and Thursdays: 10am-11.30am – drop in
 Friday: 10am to 11.30am – emergency only
- Home Help: Monday, Tuesday, Thursday and Friday 9.30am-10.30am
- Area Medical Officers – by appointment

Old County Road, Crumlin, Dublin 12 (01) 415 4700

Hours: 9am-5pm

Services:

- Area Medical Officers: by appointment
- Dental: emergency clinics at 9am and 2pm daily, otherwise by appointment
- Social Work – by appointment
- Speech & Language Therapy – by appointment
- Occupational Therapy: 9am-10am daily, otherwise by appointment
- Physiotherapy – by appointment

- Public Health Nurses:
 Monday: Wound Care Clinic 10-12 noon
 Tuesday: Wound Care Clinic 10-12 noon
 PHN Child Health Clinic 2.15-4pm
 Wednesday: Wound Care Clinic 10-12noon
 PHN Child Health Clinic 9-11am
 Child Health Developmental Clinic – by appointment
 A.M.O. Child Referral Clinic – 1st Wed. am of each month – by appointment
 Thursday: Wound Care Clinic 10-12 noon
 Friday: Wound Care Clinic 10-12 noon
 BCG Clinic – by appointment

Parnell Road, Dublin 12 (01) 454 2300

Hours: 9am-1pm and 2.15pm-5pm

Services:

- Public Health Nurses:
 Monday to Friday: Wound Care Clinic 9-10.30am
- Community Welfare Officers: Monday, Tuesday and Thursdays: 10am
 11.30am – drop in
 Fridays: 10am-11am – emergency only

Limekiln Lane, Walkinstown, Dublin 12 (01) 450 6179

Hours: 9am-1pm and 2.15pm-5pm

Services:

- Dental: Monday to Friday 9.15am. Emergency, otherwise by appointment
- Public Health Nurses:
 Monday: Breast Feeding Support Clinic 2.15-4pm
 Tuesday: Wound Care Clinic 9-10.30am
 Wednesday: PHN Child Health Clinic 2.15 - 4pm – drop in
 Thursday: Child Health Developmental Clinic – by appointment
 Friday: Wound Care Clinic 9-10.30am
- Community Welfare Officers: Monday, Tuesday and Thursdays 9.30am-11am – drop in
 Fridays: 10.00am to 11.00am – emergency only
- Area Medical Officers –by appointment

Health Promotion

The aim of health promotion is to assist individuals and communities to improve and maintain their health and well being. This is done through working with individuals, groups, organizations and government agencies. Our goal is to help people develop their skills and knowledge so that they can take control of their own health and that they may begin to influence the factors that affect the health and well being of their families and communities. Some of the community based services provided by the Health Promotion Department are listed below. If you require further information please contact:

Health Promotion Department

HSE, 3rd Floor, 52 Broomhill Rd, Tallaght, Dublin 24
Tel: (01) 463 2800 Email: hpd@mailm.hse.ie

Smoking Cessation Service

Curlwe Road Health Centre	(01) 463 2818
Mary Mercer Health Centre	(01) 463 2818
Adelaide & Meath Hospital Dublin incorporating the National Children's Hospital (Tallaght)	(01) 414 2094

HIV Testing

Baggot Street Clinic, 19 Haddington Road, Dublin 4
Tel: (01) 660 2189

HIV & Sexually Transmitted Disease Screening

Genital Urinary and Infectious Diseases Clinic (GUIDE)
St. James' Hospital, James' St, Dublin 8
Tel: (01) 416 2315

Baggot St. Clinic, 19 Haddington Road, Dublin 4
Tel: (01) 669 9500

St. Michael's Ward, Beaumont Hospital, Dublin 9
Tel: (01) 809 3288

Infectious Diseases Unit, Mater Hospital, Eccles St, Dublin 7
Tel: (01) 803 2063

Home Help

The Home Help service works with vulnerable people in the community, who through illness or disability are in need of help with day to day tasks in their own home. A home help may visit for a couple of hours per day to help with, eg light housework or shopping. You can access this service through your local Public Health Nurse, (see Health Centre listings). You may also phone Crumlin Home Help Service at Tel: (01) 499 9870 or Tallaght Home Help Service at Tel: (01) 449 0636

Homeless Services

Emergency Accommodation

Homeless Persons' Unit – Men, 149 St. James's Street, Dublin 8

Homeless Persons' Unit - Women and Families

16-19 Wellington Quay, Dublin 2
Freephone: 1800 724724

Multi-Disciplinary Primary Care Team for Homeless People

Parkgate Hall, 6-9 Conyngham Road, Dublin 18
Tel: (01) 703 6100

Hospice Care

Hospice Care is provided to seriously ill people and their families for the remainder of their lives. It is a sensitive and holistic service, delivered either in a hospice or at home and designed to give comfort and dignity.

Our Lady's Hospice, Harold's Cross, Dublin 6 West	(01) 406 8700
St. Francis' Hospice, Raheny	(01) 832 7535

Hospitals

Local, Regional and National Hospitals are listed here. Unless you are attending A+E in an emergency, most people visit their GP for advice and referral, before attending hospital. Outside of office hours, you can access GP services through GP Out-of-Hours Services, (see "GP Out of Hours Service-DubDoc").

St. James' Hospital, James' Street, Dublin 8
Tel: (01) 410 3000

AMNCH, Tallaght, Dublin 24 Tel: (01) 414 2000
Mater Misericordiae University Hospital, Eccles Street, Dublin 7
Tel: (01) 803 2000

Beaumont Hospital, PO Box 1297, Beaumont Road, Dublin 9
Tel: (01) 809 3000, 837 7755

Connolly Hospital, Blanchardstown, Dublin 15
Tel: (01) 646 5000

St. Columcille's Hospital, Loughlinstown, Co. Dublin
Tel: (01) 282 5800

Naas General Hospital, Naas, Co. Kildare
Tel: (045) 897 221

Hume Street Hospital, Dermatology Department,
St. Vincent's Hospital, Elm Park, Dublin 4
Tel: (01) 209 4189

Royal Victoria Eye and Ear Hospital, Adelaide Road, Dublin 2
Tel: (01) 664 4600

St. Vincent's Hospital, Dublin 4
Tel: (01) 221 4000

Our Lady's Hospital for Sick Children, Crumlin, Dublin 12	(01) 409 6100
National Children's Hospital, Tallaght, Dublin 24	(01) 414 2000
Children's University Hospital, Temple Street, Dublin 1	(01) 878 4200

Coombe Women's Hospital, Dolphin's Barn, Dublin 8	(01) 408 5200
National Maternity Hospital, Holles Street, Dublin 2	(01) 637 3100
The Rotunda Hospital, Parnell Street, Dublin 1	(01) 873 0700

Hospital Outreach Clinics in Health Centres

***Antenatal Clinic:** An Antenatal clinic is available every week on Tuesday at 10am in Mary Mercer Health Centre, Jobstown, Tallaght. You can avail of this local service following your initial antenatal visit with a Doctor at the Coombe Women's Hospital.

***Antenatal Parentcraft Education for First-time Mums:** Parent education classes are held in Mary Mercer Health Centre on the 2nd and 3rd Monday of the month at 10am. No appointment is necessary. Partners/Birth Partners are welcome. The class is run over two mornings.

***Refresher Parentcraft for Women who already have babies/children:** A "Refresher" class is held every 4th Monday of the month at 10am in Mary Mercer Health Centre. Each class is approximately of 2-hours duration and refreshments are served.

*Appointments/information on any of the above is available by contacting Elaine on Tel: (087) 798 6453 or Claire on Tel: (01) 416 8330

Incontinence Wear

Incontinence wear is a service provided to eligible babies, people with disabilities and older people. For more information, please contact Old County Road Health Centre on Tel: (01) 415 4838 or your local Public Health Nurse, (see Health Centre listings).

Infectious Diseases Maintenance Allowance (IDMA)

This allowance is payable to a person who is unable to make reasonable and proper provision for his/her own maintenance or the maintenance of his/her dependants because he/she is undergoing treatment for one of the infectious diseases specified in the IDMA Regulations as follows:

- Acute Anterior Poliomyelitis
- Diphtheria
- Dysentery
- Salmonellosis
- Tuberculosis
- Typhoid and paratyphoid fevers
- Typhus and viral haemorrhagic diseases (including lassa fever and Marburg disease).

To be eligible for the allowance, applicants must be suffering from any of the prescribed infectious diseases mentioned above, and

- Be 16 years of age or older
- Be undergoing treatment to the satisfaction of the Health Service Executive and be thereby prevented from making reasonable and proper provision for his/her own maintenance and the maintenance of his/her dependants: and
- Satisfy a means test.

Recipients admitted to long term care or short term care in an acute hospital continue to be eligible for payment but at a lesser amount. For more information, please contact Old County Road Health Centre on Tel: (01) 415 4833

Maternity and Infant Care Scheme

The Maternity and Infant Care Scheme provides an agreed programme of care free of charge to an expectant mother arising out of her pregnancy and to her new born baby for six weeks after birth. If you choose to avail of services under the scheme, you will be under the care of both a general practitioner of your choice and a hospital obstetrician.

All expectant mothers who are ordinarily resident in Ireland are eligible for services under the scheme. If you think that you might be pregnant you should visit your general practitioner to have your pregnancy confirmed. If your pregnancy is confirmed, the general practitioner will provide you with an application form which both you and your GP should complete and which you should then return to HSE Dublin South City, Carnegie Building, 21/25 Lord Edward St, Dublin 2. Tel: (01) 648 6500 where it will be processed to confirm your inclusion in the scheme. You do not need to be a holder of a Medical Card or GP Visit Card to avail of care under the scheme.

Maternity Cash Grant

A Maternity Cash Grant of €10.15 (once off payment) is available to Medical Card Holders. Contact Old County Road Health Centre, Tel: (01) 415 4700 for application form and further details.

Meals on Wheels

Meals on Wheels are available in some areas of Dublin South West. Meals can be arranged through the local Public Health Nurse or Community Welfare Officer, or by self referral. There are restrictions on who can avail of this service. Meals are also available in the local Day Centres for Older People and people

can refer themselves as they see fit. A nominal charge may be requested by the organisers to assist with the costs involved.

The following centres are contactable:

Lorcan O'Toole Day Centre

Management Committee, Lorcan O'Toole Day Centre, Lorcan O'Toole Court, Kimmage Road West, Dublin 12
Contact: Susan Dunne, Supervisor Tel: (01) 455 4532

Mother McAuley Day Centre

Curlew Road, Drimnagh, Dublin 12
Contact: Pauline Kelly, Supervisor Tel: (01) 455 6634

Crumlin Meals on Wheels

Social Services Centre, Stanaway Court, Dublin 12
Contact: Marie Lawler/Teresa Marlow Tel: (01)455 5554

Lisadell Old Folks Centre

See Mother McAuley Centre details
Lisadell Court, Drimnagh, Dublin 12
Contact: Pauline Kelly Tel: (01) 409 9576

Greenhills Meals on Wheels

Holy Spirit Community Parish Greenhills Walkinstown
Contact: Mary Mahon Tel: (01) 450 1812

Walkinstown Social Service Centre

Assumption Convent, Walkinstown Parade, Dublin 12
Contact: Sr. Teresa Tel: (01) 450 5881

Glenview Day Centre

Glenview Park, Tallaght
Contact: Marie Price-Bolger Tel: (01) 451 3878

Medical Cards

Your Local Health Office looks after applications for Medical Cards. If you would like to apply or need help in making an application, telephone the Medical Card Section on Tel: (01) 415 4730/4731/4732 in Old County Road, or if you live in the Tallaght area, you can telephone the Mary Mercer Health Centre on Tel: (01) 458 5700. Alternatively, you can call into either of these two centres where the Medical Card staff will be happy to assist you.

Mental Health

It is estimated that one in four of us will experience some mental health problems in our lifetime. Mental health problems can be experienced with anything from a low/sad period to a more serious depression with a small number of people going on to experience severe mental health problems. If you feel this may be a problem for you, you should visit your GP for some advice (see GP listings). Most people are treated by their GP or are referred to our mental health services as necessary.

Services provided by St. Loman's Adult Mental Health Service within Dublin South West:

Palmerstown, Dublin 20 Tel: (01) 626 4077)

Mental Health Centres

Tallaght Mental Health Centre, Sheaf House, Exchange Hall, Tallaght, Dublin 24
Tel: (01) 463 5206

Crumlin Mental Health Centre, St. Columbas,
Armagh Road, Crumlin, Dublin 12
Tel: (01) 455 9547

Day Centre

Tallaght Mental Health Centre, Sheaf House, Exchange Hall, Tallaght, Dublin 24
Tel: (01) 463 5215

Crumlin Mental Health Centre, St. Agnes' Drop in Centre
Father Kit Court, Crumlin Village, Dublin 12
Tel: (085) 102 9667

Day Hospital

Tallaght Mental Health Centre, Sheaf House, Exchange Hall, Tallaght, Dublin 24
Tel: (01) 463 5206

Crumlin Mental Health Centre, St. Columbas
Armagh Road, Crumlin, Dublin 12
Tel: (01) 455 9547

Outpatient Department

Tallaght Mental Health Service, Mary Mercer Centre
Fortunestown Lane, Tallaght, Dublin 24
Tel: (01) 458 5744

Crumlin Mental Health Service, Curlew Road Health Centre
Drimnagh, Dublin 12
Tel: (01) 455 6422

Acute In-Patient Services

The Adelaide and Meath Hospital, incorporating the National Children's Hospital (AMNCH), Tallaght, Dublin 24
Tel: (01) 414 3303

St. James' Hospital, James' Street, Dublin 8
Tel: (01) 410 3000

St. Patrick's Hospital, James' Street, Dublin 8
Tel: (01) 249 3200

Lakeview Unit, Naas General Hospital, Naas, Co. Kildare
Tel: (045) 897 221

Central Mental Hospital, Dundrum, Dublin 16
Tel: (01) 298 9266

Community Child and Adolescent Psychiatry Services

Department of Child Psychiatry, AMNCH, Tallaght, Dublin 24
Tel: (01) 414 4802

Child and Family Centre, St. James' Hospital, James' Street, Dublin 8
Tel: (01) 454 3710/3890

Child and Family Centre, Kill, Co. Kildare
Tel: (045) 877 731

Lucena Clinic, 59 Orwell Road, Rathgar, Dublin 6
Tel: (01) 492 3596

Exchange Hall, Tallaght, Dublin 24
Tel: (01) 452 6333

Day Services

Jonathan Swift Clinic, St. James' Hospital, Dublin 8	(01) 410 3000
Department of Psychiatry, AMNCH, Tallaght, Dublin 24	(01) 414 2000
Irishtown Day Hospital, 1A Irishtown Road, Ringsend, Dublin 4	(01) 668 3897
Ringsend Day Care Centre, Thorncastle Street, Ringsend, Dublin 4	(01) 668 8284
Lakeview Unit, Naas General Hospital, Naas, Co. Kildare	(045) 897 221

Psychiatry of Later Life

Martha Whiteway Day Hospital, St. Patrick's Hospital, Dublin 8 (01) 249 3259
 Sheaf House, Exchange Hall, Tallaght, Dublin 24 (01) 463 5240

ACCESS - Mental Health Team for Homeless People

Parkgate Hall, 6-9 Conyngham Road, Dublin 18 (01) 703 6158

Mobility Allowance

A Mobility Allowance is payable, subject to a means test, to persons with a severe disability. Applicants must be 16 years or older and under 66 years. The allowance provides financial support to eligible people who are unable to walk or use public transport and is intended to enable them to benefit from a change in surroundings, eg by financing the occasional taxi journey. Eligible persons must reside at home or in any long-stay facility. Such eligible persons can continue to receive payment after the age of 66 provided they were receiving the allowance prior to their 66th birthday. Persons aged 66 or over who apply are not eligible. The allowance is paid on a monthly basis. For more information, please contact Old County Road Health Centre on Tel: (01) 415 4833

Motorised Transport Grant

A grant may be paid towards the purchase of a car and/or adaptations to a car being purchased by a person with a severe disability who is 17 years or older and up to 65 years of age, where such a car is essential for him/her to obtain or retain employment. Self-employed persons who satisfy the criteria of eligibility may also be considered (subject to above age limits). In cases where application is made on the basis of obtaining or retaining employment or self-employment, the Health Service Executive must be satisfied that the applicant is capable of holding down a job, has the physical capacity to drive the vehicle and is qualified to hold a driver's licence. However, qualified persons with a disability who are incapable of driving or who have been medically advised not to drive, and who have to be driven to and from his/her place of employment will only be considered eligible for a grant provided that he/she will be driven by another named person to and from his/her place of employment. The car must be purchased in the name of the person with the disability. For more information please contact Old County Road Health Centre on Tel: (01) 415 4833

Nursing Homes

The Nursing Home Section is based in Oak House, Millennium Park, Naas, Co. Kildare and provides information and advice in relation to Nursing Homes Subvention & Registration. The department can be contacted on Tel: (045) 880 400. Also see "Older People-Special Services" section below for more information on services for older people.

Occupational Therapy

These services are provided to people who through illness or disability are in need of support or changes to their lifestyle. Occupational Therapists can advise on any changes that may be needed in the home to support a person with special needs, and on activities that will help a person to regain their independence. Call the OT Department on Tel: (01) 415 4783 each day from 9am to 10am.

Occupational/Rehabilitative Training Support Services

The Occupational Guidance Service provides one-to-one advice, support and guidance to enable individuals with a disability aged 16-65 years make an informed choice about their rehabilitative training and occupational options.

Contact Guidance Officers Sheaf House, Exchange Hall, Tallaght, Dublin 24
 Tel: (01) 463 5272 or 463 5277

Contact Coordinator, 2nd Floor, Beech House, Naas, Co. Kildare
 Tel: (045) 907304

Older People-Special Services

The HSE provides a broad range of services for older people in our community, including in-patient acute services, step down and convalescent care, day services, rehabilitation, community services, home care and home helps.

Hospitals and Homes for Older Persons

This is a list of the public nursing homes and long stay facilities in the area. There are also a large number of private nursing homes registered with the HSE. For a list of the registered private nursing homes in the area call Nursing Home Section, HSE, Oak House, Millennium Park, Naas, Co. Kildare, Tel: (045) 880 400. You can also register any comments or complaints about a nursing home at this address.

Hospitals and Homes for Older Persons

Brú Chaoimhín, Cork Street, Dublin 8	(01) 415 6500
Cherry Orchard Hospital, Ballyfermot, Dublin 10	(01) 626 4702
Meath Community Unit, Meath Hospital, Dublin 8	(01) 707 7900
Bellvilla Community Unit, 129 South Circular Road, Dublin 8	(01) 454 8033
St. Brigid's Home, Crooksling, Brittas, Co. Dublin	(01) 458 2123

Home Improvement Scheme

This provides for minor necessary repairs to the homes of older persons with low incomes who live alone or with a spouse/partner.

Contact: Eastern Community Works, Emmet House,
138-140 Thomas Street, Dublin 8 Tel: (01) 677 8218

Day Care Services for Older Persons

St. Brigid's Home, Crooksling, Brittas, Co. Dublin	(01) 458 2123
Alzheimer's Society of Ireland, Curlew Road, Drimnagh, Dublin 12	(01) 465 0437
Mother McAuley Day Centre, Curlew Road, Drimnagh, Dublin 12	(01)409 9576
Lorcan O'Toole Day Centre, Kimmage, Dublin 12	(01) 455 4532
Walkinstown Social Services Centre, Sisters of Charity, Walkinstown Parade, Dublin 12	(01) 450 5881
South Dublin Senior Citizens' Club, GAU, Iveagh Grounds, Crumlin Road, Dublin 12	(01) 455 6763
South Dublin Senior Citizens' Club, Postal Workers Club, Kiltipper Road, Dublin 24	(087) 221 5080
Glenview Day Centre, Glenview, Tallaght, Dublin 24	(01) 451 3878

Ophthalmic Service

Ophthalmic Services are available to the following categories of clients:

- Medical Card holders & dependants
- Children up to 12 yrs or until completion of National School Education
- Children aged between 12-16 yrs who are dependants of Medical Card holders.
- Persons eligible for services under the Health Amendment Act 1996.
You can access this service by calling Old County Road Health Centre on
Tel: (01) 415 4831

Orthodontic Service

The orthodontic service is provided for children and young people referred from primary dental care service e.g. children with severe handicapping malocclusions. Malocclusion is the clinical term used to describe the variation from the norm, e.g. crooked teeth, bad bite, or jaw disharmony. All children are assessed for eligibility for a public orthodontic treatment place against guidelines set down by the Department of Health & Children. The service is located on the St. James's Hospital Campus, Dublin 8.

HSE Dublin Mid Leinster, Orthodontic Department
St. James's Hospital, Dublin 8
Tel: (01) 420 1100 Fax: (01) 420 1155

Physiotherapy

Community Physiotherapy services are provided from the Local Health Office, helping people who have suffered an injury or illness to regain their health or mobility through exercise and movement. Contact the Physiotherapy Service in Old County Road Health Centre on Tel: (01) 415 4733

Public Health Nursing and Registered General Nurses

There are Public Health Nurses and Registered General Nurses working from every Health Centre in our area, who provide a range of services. They are often your first contact with the HSE, as they visit new mothers to check on them and their babies, and provide advice on care, feeding and development. They also provide aftercare to people who have been discharged from hospital and a range of other services. Contact your Public Health Nurse at your Health Centre (see Health Centre listing), or Tel: (01) 415 4723

Registration Services - Births, Deaths and Marriages

Dublin Service: Joyce House, 8-11 Lombard Street East, Dublin 2
Tel: (01) 671 1968

Kildare Service: Unit 5, Monread Leisure Complex, Monread, Naas, Co. Kildare
Tel: (045) 887 660

Office of the Registrar of Civil Marriages

Dublin: Lower Grand Canal Street, Dublin 2
Tel: (01) 678 7114/7115

Kildare: Unit 5, Monread Leisure Complex, Naas, Co. Kildare
Tel: (045) 887 660

Social Inclusion

The Social Inclusion Manager can be contacted at Old County Road Health Centre, Crumlin, Dublin 12 Tel: (01) 415 4700

Social Work Service

The Social Work Team in the Local Health Office is responsible for providing support and care. It assesses child protection and welfare concerns. This service assists in meeting the support needs of children and families. In cases where children are at risk of harm through abuse, Child Protection Social Workers have an important role in providing care, assessment and follow up to these children and their families, through the Fostering and Child Protection Teams Tel: (01) 452 0666

Speech and Language Therapy Service

Community Speech and Language Therapy provides an assessment/ intervention service usually in local health centres for children presenting with communication difficulties. Enquiries can be made to the Speech and Language Department, Mary Mercer Health Centre, Tel: (01) 458 5795. Speech and Language services are also based in the following specialist/ hospital services in the area: Cheeverstown House, Enable Ireland, Lucena, AMNCH and Our Lady's Hospital, Crumlin.

Women's Health Project

(For Women working in prostitution)

Baggot Street Clinic, 19 Haddington Road, Dublin 4
Tel: (01) 669 9515

Women's Refuge Services

Bray Women's Refuge

Tel: (01) 286 6163 Fax: (01) 286 3830 Email: bwr@eircom.net

Saoirse Women's Refuge, Tallaght

Tel: (01) 452 2533 Fax: (01) 462 1740

Dublin 12 Domestic Violence Service

Tel: (01) 456 3126

Aoibhneas Women's Refuge, Coolock

Tel: (01) 867 0805 Fax: (01) 867 0806, 24-hour Helpline: (01) 867 0701

Email: aoibh2@indigo.ie

Rathmines Women's Refuge

Tel: (01) 496 1002 (24-hour Helpline) Email: womensrefuge@eircom.net

Other Useful Contacts:

Customer Services

The National Helpline can be accessed by a Lo Call number: 1850 241850

Appeals and Complaints

The Appeals Office is your assurance that decisions made by the HSE are correct, fair and transparent. If you apply for a service and are dissatisfied with the outcome, you have the right to appeal that decision, and to have it reviewed. The Office is based at Unit 1, Bridgecourt Office Park, Walkinstown Avenue, Dublin 12 Tel: (01) 460 9300

Data Protection Acts 1988 and 2003.

For further information contact:

Oak House, Limetree Avenue, Millennium Park, Naas, Co. Kildare
Tel: (045) 880 498

Freedom of Information

The Freedom of Information Acts apply to the HSE. Records held by the HSE can be applied for and if a range of criteria are met, can be released to the public. To make a request for a record to be released under this Act, contact Oak House, Limetree Avenue, Millennium Park, Naas, Co. Kildare, Tel: (045) 880 498

Useful Website Addresses:

Health Service Executive: www.hse.ie

Department of Health & Children: www.dohc.ie

European Health Insurance Card: www.ehic.ie

Citizen's Information Services: www.citizensinformation.ie

