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## your HSE guide

*Kildare/West Wicklow*

Kildare/West Wicklow Local Health Office  
Poplar House, Poplar Square, Naas  
Tel: (045) 876 001



The Local Health Office is the central focus of all community health and personal social services in your local area. Kildare/West Wicklow Local Health Office looks after the communities of Kildare and West Wicklow and provides a wide range of services either from the Local Health Office in Poplar House, or through the Health Centres and other locations listed in this booklet.

## Welcome

I am the Local Health Manager for Kildare/West Wicklow.

I am delighted to introduce the HSE Guide, which we have produced to make sure that you have all the information you need about the health services in our area.

This booklet gives you a full list of the health and personal social services in our area and nearby. It also gives you useful information on how to access services, and guides you to your entitlements to things like Medical Cards, the new GP visit cards, Nursing Home Care and more.

My job as the manager of the Local Health Office is to make sure that the community health services in this area work for you, and work closely with other HSE services in nearby areas and across the country, so that the people living in this area can access the services they need when they need them.

We also work closely with the hospitals in the area, so that people can, when they need to, move easily between the community and hospital system.

I hope that you find the HSE Guide of use, and that you keep it somewhere safely in your home, so that if a need arises, it will be at hand with the information you need.

Most importantly, remember your Local Health Office at Poplar House, Naas, and don't hesitate to phone or to call to our public office if you need information or services. We will make sure you get to where you need to be.

Martina Queally  
Local Health Manager

## HSE infoline: Callsave 1850 24 1850

The Health Service Executive provides a national information service, the HSE infoline, which offers everyone in Ireland easy access to information on over 110 health and social service topics, all for less than the cost of a local call.

The service can provide confidential information on a wide range of queries, like:

- ¥ Medical Cards
- ¥ GP Visit Cards
- ¥ European Health Insurance Card
- ¥ Drugs Payment Scheme
- ¥ Long-Term Illness Scheme
- ¥ Back to School Clothing and Footwear Scheme
- ¥ Home Help Services
- ¥ Nursing Home Subvention
- ¥ Health Promotion literature.

The HSE infoline can also advise on health services, entitlements, eligibility, application forms and contact details for services across the country.

Information is also made available via email or fax, and the infoline offers a sigma text-pad facility for people with a hearing impairment.

The HSE Infoline operates from 8.00am to 8.00pm Monday to Saturday.

### YOU CAN CONTACT THE HSE INFOLINE ON:

**Callsave: 1850 24 1850**

**Fax: (041) 685 0330**

**Email: [info@hse.ie](mailto:info@hse.ie)**

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### YOUR GUIDE TO HEALTH SERVICES

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## Health Services – What am I entitled to?

We all need to use the health service at some point in our lives. The Health Service Executive (HSE) runs all of Ireland's public health and personal social services, including hospitals, health centres, community services for older people and much much more.

### Who is eligible for Health Services in Ireland?

Everyone who is ordinarily resident in Ireland is eligible for public health services. This means people who have been living here for a minimum of one year or intend to live here for a minimum of one year.

### Do I have to pay for Health Services?

Ireland has a government funded public health service, where all people living here are entitled to certain services either free of charge or at a reduced cost. These services include:

- ¥ Visits to a Public Hospital Consultant, when referred by your GP.
- ¥ Stays in a Public Hospital, where the only charge to you will be a nominal in-patient charge, for up to the first 10 nights. Medical card holders are exempt from these charges.
- ¥ Accident and Emergency Departments do charge a fee for walk in visits, but if you are referred by your GP or you hold a current medical card, your visit is free.
- ¥ All schoolchildren can receive free dental checks and care up to the age of 14 years, and all children can avail of their required childhood immunisations free of charge from a GP.
- ¥ All expectant mothers are entitled to free Maternity Care and Post Natal visits up to six weeks after a baby is born, including Public Health Nursing following the birth of a child. Developmental checks are also provided for all infants and young children.
- ¥ GP services are free in Ireland for those who hold either a Medical Card or a GP Visit Card. Other patients must pay a consultation fee.

Hundreds of other health and personal social services are provided by the HSE to you and your family. The following pages outline the main schemes and benefits available, and the second part of this booklet gives you contact details for all the essential HSE services in your area.

## Medical Cards and GP Visit Cards

**Medical Card** holders are entitled to GP services, community services, dental services, prescription medicine costs, hospital care and a range of other benefits free of charge. People can qualify for a medical card either on the basis of their income, or in some cases if a particular medical condition means their basic medical costs are very high. All people aged over 70 are entitled to a full medical card regardless of means.

**GP Visit Card** holders are entitled to the services of a GP free of charge. The income guidelines are 50% higher than the Medical Card.

### Who can apply?

Anyone can apply for a GP Visit Card or a Medical Card — families, single people, even those working full time.

### Is it means tested?

Yes, but for GP Visit Card and Medical Card applications, the HSE now considers your income *after* tax and PRSI is deducted, rather than total income. We also make generous allowances for your expenses on childcare, on rent and mortgage costs and on travel to work.

The HSE can also grant Medical or GP Visit Cards to individuals or families who exceed the income guidelines, but who have particular circumstances, e.g. chronic illness, that mean medical costs would result in undue hardship.

### How do I apply?

It is easy and very simple to apply. One application form is now used for both Medical Cards and GP Visit Cards, and the HSE will assess each application for a full Medical Card in the first instance and then for a GP Visit Card.

The HSE has set up a handy calculator on our website — [www.hse.ie](http://www.hse.ie). It allows you to enter your details and will give you a guide to your eligibility for a GP Visit Card or a Medical Card. You can confirm this by then making a full application at any Health Centre or Local Health Office.

Contact the HSE today to see if you can get a GP Visit Card or a Medical Card. You can pick up an application form from your local Health Office, from our website, [www.hse.ie](http://www.hse.ie), or call the HSE infoline on callsave: 1850 24 1850.

## Drugs Payment Scheme

### What is the Drugs Payment Scheme?

With a Drugs Payment Scheme (DPS) card, an individual or family in Ireland only has to pay a maximum amount monthly for approved prescribed drugs, medicines and certain appliances. As of September 2006, the maximum amount a family must pay is €85. Please check our website, [www.hse.ie](http://www.hse.ie) or your Local Health Office for any changes to this amount.

Everyone in Ireland who does not have a Medical Card should apply for a DPS card.

This scheme is aimed at those who normally have to pay the full cost of their medication. It also applies to those who have a GP Visit Card. Anyone ordinarily resident in Ireland can apply to join the scheme, regardless of family, financial circumstances or nationality. Being ordinarily resident in Ireland means that you have been living here for a minimum of one year or that you intend to live here for a minimum of one year.

If a family combines a Drugs Payment Scheme card with a GP Visit Card, it could mean they would pay no more than €20 per week for GP Visits or prescriptions. See the previous pages for information on GP Visit Cards.

### How do I apply?

You can get a registration form from your pharmacy or Local Health Office. Fill in the details of all your family members. Send it to your Local Health Office and you will be sent a card for each member of your family. You do not have to register with a particular Pharmacy for the DPS but for convenience it is advisable to use the same pharmacy in a particular month if you wish to avoid paying more than the maximum amount per month. You must present your card each time you attend before a prescription can be dispensed.

If you lose or misplace your Drugs Payment Scheme card, contact your Local Health Office. You can also call the HSE infoline: 1850 24 1850, for more information.

## European Health Insurance Card

The card that covers EU.

### What is the EHIC?

The European Health Insurance Card or EHIC was introduced in 2004 across the European Union. It allows Irish Residents to access health services in any EU country and in Switzerland, Iceland, Liechtenstein and Norway, if they become ill or injured while on a temporary stay in that country.

### Is the EHIC free of charge?

*There is no charge to apply for or renew an EHIC.* The HSE accepts renewals and applications for EHIC cards at all HSE Local Health Offices, and on the HSE managed site — [www.ehic.ie](http://www.ehic.ie).

### What do I do if I become ill or injured in another member state?

To obtain healthcare with the Card, go to the nearest public system doctor, public hospital, or other public treatment centre and present your Card. Treatment in a private setting is not covered by the Card.

### Do I need private insurance in addition to the Card?

Public healthcare systems vary from country to country. The Card does not cover the cost of repatriation and in addition, illness or an accident abroad may mean extra travel and accommodation costs. You may therefore wish to take out private insurance for your trip. You will find more about your entitlements in particular countries at your Local Health Office or on [www.ehic.ie](http://www.ehic.ie).

### How long will it take to get a Card?

You will receive your Card within approximately 10 working days of receipt of your application.

### What if I don't have time to get a Card before I travel?

You can get a Temporary Replacement Certificate, which gives you the same entitlement as the Card, but for a shorter period, and can be issued by your local Health Office. One Temporary Replacement Certificate is issued per person.

### How do I apply?

Applying for the card is very easy. Application forms are available from local HSE Health Centres, from your Local Health Office or from our website, [www.ehic.ie](http://www.ehic.ie). You can also call the HSE infoline: 1850 24 1850, for more information.

## Immunisation

### What is immunisation?

Immunisation is a simple, safe and effective way of protecting your child against certain diseases. Children and young people in Ireland are entitled to certain vaccinations and immunisation services free of charge. These vaccines are provided in a range of settings: by your GP, in hospitals, at Health Centres, at home or at school.

### Is immunisation free?

Vaccinations under the Childhood Immunisation Programme in Ireland are provided free of charge to all children. The childhood immunisation programme (outlined opposite) protects children from the following: Tuberculosis, Diphtheria, Tetanus, Whooping cough (Pertussis), HiB (Haemophilus influenzae B), Polio, Meningitis C, Measles, Mumps and Rubella.

### Are vaccines safe?

The vaccines used in Ireland are safe. All medicines can cause side effects, but with vaccines these are usually mild, like a sore arm or leg or a slight fever. Serious side effects to vaccines are extremely rare.

Research from around the world shows that immunisation is the safest way to protect your child's health. Your doctor or nurse can discuss the risks with you before giving your child their vaccines.

All the recommended vaccines used to protect children in Ireland are licensed by the Irish Medicines Board or the European Medicines Evaluation Agency. They are allowed to be used only after they have been shown to be both effective and safe.

### Where can I get my child immunised?

The HSE recommends that all parents bring their children for immunisation, which is free from your GP. If you have any more questions or need more information, you can visit the HSE website — [www.immunisation.ie](http://www.immunisation.ie), or speak to your GP or your Public Health Nurse in your Local Health Centre.

You can also call the HSE infoline: 1850 24 1850, for more information.

## Childhood Immunisations

AGE TO IMMUNISE	TYPE OF VACCINE
BIRTH	BCG tuberculosis vaccine (usually given in maternity hospitals)
2 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C)
4 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C), Diphtheria
6 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C)
12 TO 15 MONTHS <i>Free from your GP</i>	MMR: Measles, Mumps, Rubella HiB Booster (Haemophilus influenzae B)
4 TO 5 YEARS <i>Free in School</i>	4 in 1: Diphtheria, Whooping Cough, Tetanus, Polio MMR: Measles, Mumps, Rubella
11 TO 12 YEARS <i>Free in School</i>	MMR: Measles, Mumps, Rubella (not necessary if two doses have already been given)
10 TO 14 YEARS <i>Free in School</i>	BCG (if not already protected)
11 TO 14 YEARS <i>Free in School</i>	Td: Tetanus, Diphtheria

## Nursing Home Services and Subvention

The HSE provides a wide range of services for older people, including in-patient acute services, step down and convalescent care, day services, rehabilitation, community services, home care and home helps.

The simplest way to enquire about or access these services is to speak to either your GP, or to ask at your Local Health Centre to speak to the Public Health Nurse.

The HSE also pays a subvention, or a subsidy, toward the cost of a private nursing home beds. The subvention is designed to help with nursing homes costs and is subject to a means test, and a dependency test — meaning how much care the person needs.

You can apply for Nursing Home Subvention from your Local Health Office. The HSE will then carry out a means test and an assessment of dependency. The dependency assessment is carried out on behalf of the HSE by a doctor, nurse, occupational therapist or physiotherapist. The applicant's medical condition is taken into account and the assessment also includes an evaluation of their ability to carry out the tasks of daily living and of the level of social support available to the person. The kinds of factors assessed might include: mobility, ability to care for oneself, communications, quality of memory etc.

The nursing home regulations also permit the HSE to take account of a person's assets and income in determining entitlement to nursing home subvention. Where a person has assets they may have to use these to fund nursing home care.

## Long-Term Illness Scheme

### What is the Long-Term Illness Scheme?

If you have certain long-term illnesses or disabilities, you can apply to join the Long-Term Illness Scheme.

### How do I qualify?

You must be ordinarily resident in Ireland and hold a PPSN. You qualify if you have one of the illnesses or disabilities listed below:

- |                      |                        |                      |
|----------------------|------------------------|----------------------|
| ¥ Acute Leukaemia    | ¥ Hydrocephalus        | ¥ Parkinsonism       |
| ¥ Cerebral Palsy     | ¥ Mental handicap      | ¥ Phenylketonuria    |
| ¥ Cystic Fibrosis    | ¥ Mental Illness (in a | ¥ Spina Bifida       |
| ¥ Diabetes Insipidus | person under 16 years  | ¥ Conditions arising |
| ¥ Diabetes Mellitus  | of age)                | from the use of      |
| ¥ Epilepsy           | ¥ Multiple Sclerosis   | Thalidomide.         |
| ¥ Haemophilia        | ¥ Muscular Dystrophies |                      |

There is no income requirement or means test. If you have a medical condition that is not listed above, you should consider applying for a Medical Card or a GP Visit Card.

If you have one of these conditions, you will be supplied with a Long-Term Illness book. This booklet allows you to get drugs, medicines, and medical and surgical appliances directly related to your illness, free of charge. It does not depend on your income or other circumstances and is separate from the Medical Card Scheme and the GP Visit Card Scheme.

### How do I apply?

The Long-Term Illness Scheme application form is available from your Local Health Office. Your doctor or consultant will sign the form to confirm your condition and list your medication.

You can also call the HSE infoline: 1850 24 1850, for more information.

## Dental Services

The HSE provides Dental Services to children under 6 and children attending Primary School, to Medical Card holders and to EU residents for emergency treatment. Some services are provided by dentists employed by the HSE, and some by private dentists.

### What Dental Services are available for children?

Pre-school children attending primary schools can be referred for Dental Treatment from a child health service or following a routine school visit. Children attending primary school are screened in 2nd, 4th and 6th class and are referred for treatment if necessary to the local dental clinic. Emergency services are also available to all school going children.

### What Dental Services are provided for Medical Card holders?

Medical Card holders can get a list of participating Private Dental Practitioners from their Local Health Office or HSE Dental Clinic. Once the dentist has accepted you as a patient you must bring your medical card with you when attending on your first visit. The following treatments are available with a Medical Card: Fillings, Cleaning/polishing, Extractions, Dentures and Root Canal Treatment.

### What if my child needs braces?

Some children where necessary are referred onto their Orthodontic Clinic for further treatment. This referral is from the Principal Dental Surgeon in the health centre and Orthodontic Treatment is free.

### Can I get tax relief on dental expenses?

If you do not have a medical card and have to pay for dental services from a private practitioner, you may claim tax relief for certain specialised dental treatments. The form is called Med 2 and can be obtained from the Tax Office.

### Can my PRSI help pay for dental treatment?

Treatment Benefit is a scheme in Ireland operated by the Department of Social and Family Affairs. Under this scheme, contributions made by people through PRSI can be accessed to repay some of the cost of dental treatment. Ask your Dentist for more information.

To learn more about Dental Services in your area, contact your Local Health Office. You can also call the HSE infoline: 1850 24 1850, for more information.

## Back to School Clothing and Footwear Allowance

### What is the Back to School and Footwear Allowance?

The Back to School Clothing and Footwear Allowance is in place to help families meet the cost of uniforms and footwear for students in Ireland attending school. The scheme operates from June 1st to September 30th each year.

### How do I qualify?

To be eligible for the Back to School Clothing and Footwear Allowance, the parent or guardian must meet one of the following conditions:

- ¥ In receipt of a social welfare payment (including Family Income Supplement) or a HSE payment
- ¥ Taking part in an approved employment scheme
- ¥ Taking part in a recognised education or training course
- ¥ Involved in an Area Partnership Scheme
- ¥ Attending a F S, F ilte Ireland or LES training scheme.

The child/student must also be aged between 2 and 22 years before 1st October of the year you apply and must be in full-time education at a recognised school or college.

Where a person is on short term social welfare payment, qualifying children must be aged 2-17 years.

### Is the allowance means tested?

Yes, the HSE Community Welfare Office in your Local Health Centre will assess your income and decide if you are eligible. Your total household income means your main social welfare or HSE payment and any other income you may have including wages, before tax but excluding PRSI and reasonable travel expenses.

Any income you get by way of rent or mortgage interest supplement, Family Income Supplement, Blind Welfare Allowance, Rehabilitative Training Allowance, rehabilitative employment (up to €120 per week), Home Help, Domiciliary Care Allowance and Mobility Allowance is not counted.

### How do I apply?

You should apply to the Community Welfare Officer (CWO) at your Local Health Centre. You can also call the HSE infoline: 1850 24 1850, for more information.

## Supplementary Welfare

### What is Supplementary Welfare Allowance?

Supplementary Welfare Allowance provides a basic weekly allowance to eligible people who have little or no income. In addition, payments can also be made in respect of urgent or exceptional needs.

### What types of payments are made under the scheme?

#### Basic Payments

If you have no income you may be entitled to basic Supplementary Welfare Allowance. If you have claimed a social welfare payment but it has not yet been paid, and you have no other income, you may qualify for Supplementary Welfare Allowance while you are awaiting payment.

#### Supplements

If your income, whether from basic Supplementary Welfare Allowance or otherwise, is too low to meet certain special needs, you may be granted a weekly supplement. Special needs may include rent/mortgage payments or exceptional expenses due to ill-health. The amount of any supplement will be decided by the Health Service Executive based on your circumstances.

#### Exceptional Needs Payments

These are paid to assist with essential, once-off expenses in exceptional circumstances. This is at the discretion of the HSE, and depending on your circumstances, may be paid to assist with the cost of essential household equipment, funeral expenses or any other unforeseen large expenses.

#### Rent and Mortgage Interest Supplements

The HSE can also assist with rent or mortgage interest payments for people on very low incomes. This may depend on:

- € the size of your accommodation and your family size
- € if you have applied for or have been refused Local Authority housing
- € the cost of your accommodation
- € whether you are sharing your accommodation

### When and how do I apply?

You can apply to the Community Welfare Officer at your local Health Centre. You can also call the HSE infoline: 1850 24 1850, for more information.

## An Introduction to our Community Services

The following are some of the main services that are managed for you by your Local Health Office.

### Local Health Office

Poplar House, Poplar Square, Naas, Co. Kildare  
Tel: (045) 876 001

### GP Out of Hours Service KDOC

This is a service to provide you and your family with access to family doctor services outside of normal hours. This service operates from 6.00pm to 8.00am Monday to Thursday and a 24 hour weekend service from Friday 6.00pm — Monday 8.00am (and until Tuesday 8.00am on bank holiday weekends)  
Tel: (045) 436 144

### Public Health Nursing

There are Public Health Nurses working from every Health Centre in our area, who provide a range of services to people in their homes. They are often your first contact with the HSE, as they visit new mothers to check on them and their babies, and provide advice on care, feeding and development. They also provide aftercare to people who have been discharged from hospital and a range of other services. Contact your Public Health Nurse at your Health Centre, or call: (045) 873 214/873 238.

### Social Work

The Social Work team in the Local Health Office is responsible for providing support to children and families in this community. This involves Family Support Services, and care for older people. In cases where children are at risk of harm through abuse, Child Protection Social Workers have an important role in providing care, assessment and follow up to those children and their families, through the Fostering and Child Protection Teams.  
Tel: (045) 896 120/(045) 882 400

### Child Health

Area Medical Teams visit schools in the area to give vaccinations like the MMR, Meningitis C, Rubella etc. They also work with Public Health Nurses to check on a child's development from birth onwards, through a series of standard regular checks. Area Medical Officers also play an important role in managing outbreaks of illness like measles or mumps in the area. You can contact the Area Medical Officers, at: (045) 981 800.

### Chiropody Services

Chiropody Services are available for Medical Card holders. Appointments can be arranged through your Public Health Nurse. Tel: (045) 981 800

### Community Welfare

Community Welfare Officers work from Health Centres in the area, and can give financial support to those in need, in the form of rent supplement or supplementary welfare allowance. They also advise on entitlements and can help with filling in forms like the Medical Card, GP Visit Card etc. Contact your Health Centres (on page 18).

### Disability Services

The Local Health Office works with a range of voluntary services in the area to provide care, training and development for children and adults with learning or physical disability. See page 26 for contact details. Or call: (045) 907 300

### General Practitioner Services

There are a large number of GPs working in the area, and your Local Health Office can help you to find a GP, or can advise on entitlements such as a Medical Card or GP Visit Card. For a list of GPs in our area, call: (045) 873 200

### Home Help

Home Helps work with vulnerable people in the community, who through illness or disability are in need of help with day to day tasks. A home help might visit for a couple of hours per day, to help with housework, shopping, or sometimes may provide more personal care like help with dressing, bathing etc. You can access this service through your Public Health Nurse or call: (045) 850 158.

### GP Visit Cards and Medical Cards

Your Local Health Office looks after applications for Medical Cards, GP Visit Cards and a range of other schemes. If you would like to apply or need help in making an application, or if you just want to know what is available to you, call the Medical Card Section on: (045) 876 001.

### Occupational Therapy

These services are provided to people who through illness or disability are in need of support or changes to their lifestyle. Occupational Therapists can advise on any changes that may be needed in the home to support a person with special needs, and on activities that will help a person to regain their independence. Call the OT Department on: (045) 889 030.

### Ophthalmic

Medical Card holders are entitled to Ophthalmic or Eye Testing Services, which you can access by calling: (045) 981 800.

### Physiotherapy

Community Physiotherapy services are provided from the Local Health Office, helping people who have suffered an injury or illness to regain their health or mobility through exercise and movement. To contact the Physiotherapy Services call: (045) 889 040.

### Speech and Language Therapy Services

Speech and Language Therapy Services are provided for children and adults who need help developing their speech or who have had difficulty in this area. Tel: (045) 873 267

### Dental Services

All children under 12 are given dental checks and follow up if required, from the local Dental Clinic. This service is usually accessed in the first place through a routine school visit.

Dental Section, Basin Street, Naas, Co. Kildare	(045) 874 066
Athy Dental Clinic, Woodstock Street, Athy, Co. Kildare	(059) 863 3546/3564
Baltinglass Dental Clinic, Baltinglass District Hospital, Baltinglass, Co. Wicklow	(059) 648 1255
Blessington Dental Clinic, Kilbride Road, Blessington, Co. Wicklow	(045) 865 834
Celbridge Dental Clinic, Maynooth Road, Celbridge, Co. Kildare	(01) 630 3137/3138/3139
Derrinturn Dental Clinic, Derrinturn, Carbury, Co. Kildare	(046) 955 3084
Dunlavin Dental Clinic, Dunlavin, Co. Wicklow	(045) 401 316
Kilcullen Dental Clinic, Kilcullen, Co. Kildare	(045) 481 056
Kilcock Medical Centre, Kilcock, Co. Kildare	(01) 628 7895

Kildare Dental Clinic, Tully Road, Kildare town, Co. Kildare	(045) 522 395
Leixlip Dental Clinic, Main Street, Leixlip, Co. Kildare	(01) 624 5001
Maynooth Dental Clinic, Maynooth, Co. Kildare	(01) 610 6140
Moat Mall Dental Clinic, Moat Shopping Centre, Main Street, Naas, Co. Kildare	(045) 874 388/746
Naas Dental Clinic, Newbridge Road, Naas, Co. Kildare	(045) 899 150
Newbridge Dental Clinic, Henry Street, Newbridge, Co. Kildare	(045) 446 372/371/368
Rathangan Dental Clinic, Rathangan, Co. Kildare	(045) 524 397

## Health Centres in Kildare/West Wicklow

Athy	(059) 863 3500
Ballitore	(059) 862 3184
Ballymore Eustace	(045) 864 254
Baltinglass	(059) 648 1081
Blessington	(045) 865 141
Carbury	(046) 955 3084/3260
Castledermot	(059) 914 4429
Celbridge	(01) 630 3100
Clane	(045) 868 625
Derrinturn	(046) 955 2017
Dunlavin	(045) 401 405
Johnstownbridge	(046) 954 1181
Kilcock	(01) 628 7270/7139
Kilcullen	(045) 481 897/264
Kildare town	(045) 522 214
Kill	(045) 877 011
Kilmeague	(045) 860 077
Kiltegan	(059) 647 3060
Leixlip	(01) 624 4931/5266
Maynooth	(01) 610 6130
Monasterevin	(045) 525 425
Naas	(045) 873 261/876 200/883 277
Newbridge	(045) 446 141
Rathangan	(045) 524 438

## Registration Services – Births, Deaths & Marriages

### Wicklow Service:

Glenside Road, Wicklow Town, Co. Wicklow

Tel: (0404) 68 400

### Dublin Service:

Joyce House, 8-11 Lombard Street East, Dublin 2

Tel: (01) 671 1968

### Kildare Service:

Unit 5, Monread Leisure Complex, Monread, Naas, Co. Kildare

Tel: (045) 887 660

## Office of the Registrar of Civil Marriages

### Wicklow Service:

Glenside Road, Wicklow Town, Co. Wicklow

Tel: (0404) 68 400

### Dublin Service:

Lower Grand Canal Street, Dublin 2

Tel: (01) 678 7114/5

### Kildare Service:

Unit 5, Monread Leisure Complex, Naas, Co. Kildare

Tel: (045) 887 660

## Hospitals

Most people visit their GP for advice and referral, before attending hospital unless you are attending A&E in an emergency. Outside of office hours, you can access GP services through GP Out of Hours Services, by calling: (045) 436 144. This service operates from 6pm to 8am Monday to Thursday and a 24 hour weekend service from Friday 6pm to Monday 8am (and until Tuesday 8am on bank holiday weekends)

St. James s Hospital, St. James s Street, Dublin 8	(01) 410 3000
Tallaght Hospital, Dublin 24	(01) 414 2000
Mater Misericordiae University Hospital, Eccles Street, Dublin 7	(01) 803 2000
Beaumont Hospital, PO Box 1297, Beaumont Road, Dublin 9	(01) 809 3000/837 7755
Connolly Hospital Blanchardstown, Dublin 15	(01) 646 5000
St. Columcille s Hospital, Loughlinstown, Co. Dublin	(01) 282 5800

Naas General Hospital, Naas, Co. Kildare	(045) 897 221
Hume Street Hospital, Hume Street, Dublin 2	(01) 676 6935/6/7
Royal Victoria Eye and Ear Hospital, Adelaide Road, Dublin 2	(01) 664 4600
Our Lady's Hospital for Sick Children, Crumlin, Dublin 12	(01) 409 6100
National Children's Hospital, Tallaght, Dublin 24	(01) 414 2000
Children's University Hospital, Temple Street, Dublin 1	(01) 878 4200
Coombe Women's Hospital, Dolphin's Barn, Dublin 8	(01) 408 5200
National Maternity Hospital, Holles Street, Dublin 2	(01) 637 3100
The Rotunda Hospital, Parnell Street, Dublin 1	(01) 873 0700

## Hospice Care

Hospice Care is provided to people and families in the last days of their lives. It is a sensitive and holistic service, delivered either in a hospice or at home and designed to give comfort and dignity.

Our Lady's Hospice, Harold's Cross, Dublin 6 West  
Tel: (01) 406 8700

## Counselling

ALBA Counselling Service  
Information Line, Freephone 1800 234 112

66 Old Bawn Road, Tallaght, Dublin 24  
Tel: (01) 452 4519

2 McElwain Terrace, Newbridge, Co. Kildare  
Tel: (045) 448 176

## Services for Older People

The HSE provides a broad range of services for older people in our community, including in-patient acute services, step down and convalescent care, day services, rehabilitation, community services, home care and home helps.

### Hospitals and Homes for Older Persons

This is a list of the public nursing homes and long stay facilities in the area. There are also a large number of private nursing homes registered with the HSE. For a list of the registered private nursing homes in the area call:

Eastern Community Works,  
Emmet House, 138-140, Thomas Street, Dublin 8  
Tel: (01) 677 8218

[your HSE guide](#)

Poplar House, Poplar Square, Naas, Co. Kildare  
Tel: (045) 876 001

You can also register any comments or complaints about a nursing home at this number.

### Hospitals and Homes for Older Persons

Br Chaoimh n, Cork Street, Dublin 8	(01) 415 6500
Cherry Orchard Hospital, Ballyfermot, Dublin 10	(01) 626 4702
Meath Community Unit, Meath Hospital, Dublin 8	(01) 707 7900
Bellvilla Community Unit, 129 South Circular Road, Dublin 8	(01) 454 8033
St. Brigid's Home, Crooksling, Brittas, Co. Dublin	(01) 458 2123
Clonskeagh Hospital, Vergemount, Clonskeagh, Dublin 6	(01) 269 7877
Baggot Street Hospital, Baggot Street, Dublin 4	(01) 669 9300
Coiscim, Tivoli Road, D n Laoghaire, Co. Dublin	
Psycho Geriatric Unit	(01) 280 4141
Connolly Hospital, Blanchardstown, Dublin 15	(01) 646 5000
St. Mary's Hospital, Phoenix Park, Dublin 20	(01) 625 0300
Cuan Ros Unit for the Elderly, Navan Road, Dublin 7	(01) 868 6012
St. Clare's Home, Ballymun, Dublin 9	(01) 837 3619
Seanchara Community Unit, St. Canice's Road, Dublin 11	(01) 837 3726
St. Monica's Home, Belvedere Place, Dublin 1	(01) 855 7523
Clarehaven, St. Canice's Road, Ballygall, Dublin 11	(01) 837 2409
Ashgrove House, Navan Road, Dublin 7	(01) 838 2277
St. Colman's Hospital, Rathdrum, Co. Wicklow	(0404) 46 109
Wicklow District Hospital, Wicklow town, Co. Wicklow	(0404) 67 108
Psycho-Geriatric Unit, Newcastle Hospital, Greystones, Co. Wicklow	(01) 280 4141
Community Unit for the Elderly, Kilbegnet Close, Dalkey, Co. Dublin	(01) 235 3200
Baltinglass District Hospital, Co. Wicklow	(059) 648 1255
Drogheda Memorial Hospital/St. Brigid's Hospice, The Curragh, Co. Kildare	(045) 441 270
Maynooth Community Care Unit, Leinster Street, Maynooth, Co. Kildare	(01) 610 6351
St. Vincent's Hospital, Athy, Co. Kildare	(059) 863 1614

### Home Improvement Scheme

Eastern Community Works, Emmet House,  
138-140, Thomas Street, Dublin 8 (01) 677 8218  
Poplar House, Poplar Square, Naas, Co. Kildare (045) 876 001

[your HSE guide](#)

## Mental Health

It is estimated that one in four of us will experience some mental health problems in our lifetime, from a low period, to more serious depression, to a small number who will experience severe mental health problems. If you feel persistently sad, have trouble sleeping or experience unexplained aches and pains, you should visit your GP for some advice. Most people are treated by the GP alone, unless more support, for example, therapy services, is required, in which case you may be referred to some of the following day and hospital services.

Tallaght Hospital, Dublin 24	(01) 414 3303
St. James s Hospital, St. James s Street, Dublin 8	(01) 410 3000
St. Loman s Hospital, Palmerstown, Dublin 20	(01) 626 4077
St. Patrick s Hospital, St. James s Street, Dublin 8	(01) 249 3200
Central Mental Hospital, Dundrum, Dublin 16	(01) 298 9266
Lakeview Unit, Naas General Hospital, Naas, Co. Kildare	(045) 897 221

### Community Child and Adolescent Psychiatry Services

Child and Family Centre, Ballyfermot Road, Ballyfermot, Dublin 10	(01) 626 5676/7511
Department of Child Psychiatry, Tallaght Hospital, Dublin 24	(01) 414 4802
Child and Family Centre, 2 Village Weir, Lucan, Co. Dublin	(01) 621 7252
Child and Family Centre, Whitethorn Clinic, Celbridge, Co. Kildare	(01) 627 5298/5302
Child and Family Centre, St. James s Hospital, St. James s Street, Dublin 8	(01) 454 3710/3890
Child and Family Centre, Kill, Co. Kildare	(045) 877 731
Child Guidance Service, The Manse , Woodstock Street, Athy, Co. Kildare	(059) 863 2461

### Day Services

Jonathan Swift Clinic, St. James s Hospital, Dublin 8	(01) 410 3000
Department of Psychiatry, Tallaght Hospital, Dublin 24	(01) 414 2000
St. Loman s Hospital, Palmerstown, Dublin 20	(01) 626 4077
Irishtown Day Hospital, 1A Irishtown Road, Ringsend, Dublin 4	(01) 668 3897
Ringsend Day Care Centre, Thorncastle Street, Ringsend, Dublin 4	(01) 668 8284
Lakeview Unit, Naas General Hospital, Naas, Co. Kildare	(045) 897 221

### Psychiatry of Later Life

Martha Whiteway Day Hospital, St. Patrick s Hospital, Dublin 8	(01) 249 3259
Sheaf House, Exchange Hall, Tallaght, Dublin 24	(01) 463 5240

## Addiction Services

Drugs/HIV Helpline  
 Freephone: 1800 459 459  
 Monday - Friday 10am-5pm, Saturday 10am-2pm

Administrative Offices,  
 Bridge House, Cherry Orchard Hospital, Ballyfermot, Dublin 10  
 Tel: (01) 620 6400

### Addiction Counselling Services

Newbridge Health Centre, Henry Street, Newbridge, Co. Kildare	(045) 446 350
Glen Abbey Centre, Belgard Road, Tallaght, Dublin 24	(01) 458 5001

### Community Drug Centres

Brookfield Project, c/o Brookfield Community Centre, Brookfield, Tallaght, Dublin 24	(01) 462 1268
CARP Killinarden, Killinarden Community Centre, Tallaght, Dublin 24	(01) 462 6033
Clondalkin Addiction Support Programme (CASP) Ballyowen Meadows, Clondalkin, Dublin 22	(01) 623 8000/8030
Dolphin House, c/o The Rialto Community Drug Team 468 South Circular Road, Rialto, Dublin 8	(01) 454 0021/1604/4855
Fatima Mansions, c/o The Rialto Community Drug Team, 468 South Circular Road, Rialto, Dublin 8	(01) 454 0021/1604/4855
Fettercairn Project, Fettercairn Community Centre, Tallaght, Dublin 24	(01) 452 7011
Jobstown Assisting Drug Dependency, c/o Jobstown Community Centre, Fortunestown Road, Tallaght, Dublin 24	(01) 459 7756
Merchants Quay Project, Merchants Quay, Dublin 8	(01) 679 0044
St. Aengus Project, Unit 3B, Castletymon Shopping Centre, Tymon North, Tallaght	(01) 461 0239
The ARC Project, Cashel Road, Crumlin, Dublin 12	(01) 456 3111

**Drug Detoxification Centre**

Cuan Dara, Cherry Orchard Hospital, Ballyfermot, Dublin 10	(01) 620 6050
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**Drug Rehabilitation Centres**

Soilse, 6-7 North Frederick Street, Dublin 1	(01) 872 4535
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Saol, Amiens Street, Dublin 1	(01) 855 3391
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Keltoi, c/o St. Mary's Hospital, Phoenix Park, Dublin 20	(01) 620 0040
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**Drug Treatment Centres**

Aisling Centre, Cherry Orchard Hospital, Dublin 10	(01) 620 6010
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Fortune House, Cherry Orchard Hospital, Dublin 10	(01) 620 6030
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Newmarket Clinic, 37 Castle Street, Dublin 8	(01) 476 7010
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Cork Street Clinic, Dublin 8	(01) 454 4933/4940
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Curlew Road Health Centre, Drimnagh, Dublin 12	(01) 405 9361
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Dr. Steevens' Hospital, Dublin 8	(01) 635 2078/2058
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Inchicore Health Centre, 124E Emmet Road, Inchicore, Dublin 8	(01) 453 1978
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Cabra Clinic, 121 Broombridge Close, Ballyboggan Road, Dublin 11	(01) 830 7051
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National Drug Treatment Centre, Trinity Court, Pearse Street, Dublin 2	(01) 677 1122
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**Education and Prevention**

Cherry Orchard Hospital, Ballyfermot, Dublin 10	(01) 620 6400
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**Needle Exchange Services**

Aisling Clinic, Cherry Orchard Hospital, Ballyfermot, Dublin 10	(01) 620 6010
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Ballyfermot Health Centre, Ballyfermot Road, Dublin 10	(01) 626 4000
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Inchicore Health Centre, 124E Emmet Road, Inchicore, Dublin 8	(01) 453 1978
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**Alcohol Services**

Community Alcohol Services, Glen Abbey Centre, Belgard Road, Tallaght, Dublin 24	(01) 451 6589/6754
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Baggot Street Community Alcohol Treatment Unit, Baggot Street Hospital, Baggot Street, Dublin 4	(01) 669 9300
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Stanhope Street Treatment Centre, Dublin 7	(01) 677 3965
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Lincara Centre, Boghall Road, Bray, Co. Wicklow	(01) 286 2345
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**Social Inclusion Services**

HIV/AIDS Respite Care, Cherry Orchard Hospital, Ballyfermot, Dublin 10

Tel: (01) 620 6000

**Asylum Seekers Services**

Asylum Seekers Unit, 77 Upper Gardiner Street, Dublin 1

Tel: (01) 858 5100

Childcare Crisis Intervention Service, Park House, North Circular Road, Dublin 7

Tel: (01) 838 7122

**Community Mothers Programme and Family Support Service**

Park House, North Circular Road, Dublin 7

Tel: (01) 838 7122, ext. 246/221

**Special Projects and Social Inclusion Services****Women's Health Project for Women Working in Prostitution**

Baggot Street Clinic, 19 Haddington Road, Dublin 4

Tel: (01) 660 2189

**Women's Health Unit**

Third Floor, Park House, North Circular Road, Dublin 7

Tel: (01) 882 3464

**Gay Men's Health Project**

Baggot Street Clinic, 19 Haddington Road, Dublin 4

Tel: (01) 660 2189

**Public HIV Testing**

Baggot Street Clinic, 19 Haddington Road, Dublin 4

Tel: (01) 660 2189

**Family Welfare Conference**

24 Lower Baggot Street, Dublin 4

Tel: (01) 676 0835

## Children and Families' Services

Child and Family Centre, Ballyfermot Road, Ballyfermot, Dublin 10  
Tel: (01) 626 5676/7511

Department of Child Psychiatry, Tallaght Hospital, Dublin 24  
Tel: (01) 414 4802

Child and Family Centre, 2 Village Weir, Lucan, Co. Dublin  
Tel: (01) 621 7252

Child and Family Centre, Whitethorn Clinic, Celbridge, Co. Kildare  
Tel: (01) 627 5298/5302

Child and Family Centre, St. James's Hospital, St. James's Street, Dublin 8  
Tel: (01) 454 3710/3890

Child and Family Centre, Kill, Co. Kildare  
Tel: (045) 877 731

Child Guidance Service, 'The Manse', Woodstock Street, Athy, Co. Kildare  
Tel: (059) 863 2461

## Homeless Services

### Emergency Accommodation

Homeless Persons' Unit – Men, 149 St. James's Street, Dublin 8  
Homeless Persons' Unit – Women and Families,  
16–19 Wellington Quay, Dublin 2  
Freephone 1800 724724

### ACCESS – Mental Health Team for Homeless People

Parkgate Hall, 6–9 Conyngham Road, Dublin 18  
Tel: (01) 703 6158

### Multi-Disciplinary Primary Care Team for Homeless People

Parkgate Hall, 6–9 Conyngham Road, Dublin 18  
Tel: (01) 703 6100

## Disability Services

Physical and sensory disability services are delivered directly and in partnership with a wide range of voluntary service providers. Initial contacts should be made with the Local Health Office.

### Regional Autism Services

Beechpark Service, Bryan S. Ryan Building, Main Road, Tallaght, Dublin 24  
Tel: (01) 463 2210

## Intellectual Disability Services

St. Joseph's Learning Disability Service, Portrane, Co. Dublin  
Tel: (01) 843 6337

Southside Intellectual Disability Services, Rathfarnham, Dublin 16  
Tel: (01) 493 2943

## Occupational Training Support Services

Sheaf House, Exchange Hall, Tallaght, Dublin 24  
Tel: (01) 463 5270

Baggot Street Hospital, Baggot Street, Dublin 4  
Tel: (01) 669 9300

Rehabilitative Training Guidance Service, Park House,  
North Circular Road, Dublin 7  
Tel: (01) 882 3424

## Physical Disability Residential Unit

Cherry Orchard Hospital, Ballyfermot, Dublin 10  
Tel: (01) 620 6000

Cuan Aoibheann Residential Unit, St. Mary's Hospital, Phoenix Park, Dublin 20  
Tel: (01) 625 0300

## Services for the Deaf

National Association for Deaf People  
35 North Frederick Street, Dublin 1  
Tel: (01) 872 3800

Unit G–H, Exchange Hall, Tallaght, Dublin 24  
Tel: (01) 462 0377

## Hearing Services

Sheaf House, Exchange Hall, Tallaght, Dublin 24  
Tel: (01) 463 5260

44 North Great George's Street, Dublin 1  
Tel: (01) 874 7726

## Services for the Visually Impaired

National Council for the Blind of Ireland Whitworth Road, Drumcondra, Dublin 9  
Tel: (01) 830 7033

Solas Centre, Unit 8, Oakfield Road, Clondalkin, Dublin 22  
Tel: (01) 405 6950

## Environmental Health

### Food and Tobacco Control

Block E, Westland Park, Nangor Road, Clondalkin, Dublin 22

Tel: (01) 460 9659

Civic Offices, Tallaght, PO Box 4122, Dublin 24

Tel: (01) 414 9000

The Crossings, Naas, Co. Kildare

Tel: (045) 873 267

### Local Authority – Air Pollution and Noise Control

Civic Offices, Wood Quay, Dublin 8

Tel: (01) 697 6111

### Local Authority – Environmental Health Services

Civic Offices, Wood Quay, Dublin 8

Tel: (01) 679 6111

Civic Offices, Tallaght, PO Box 4122, Dublin 24

Tel: (01) 414 9000

Block E, Westland Park, Nangor Road, Clondalkin, Dublin 22

Tel: (01) 460 9659

The Crossings, Naas, Co. Kildare

Tel: (045) 873 267

### Pest Control

St. Brendan's Hospital, Rathdown Road, Grangegorman, Dublin 7 (Southside)

Tel: (01) 454 2087

### Specialist Services

Port Health, Hygiene, Education, Communicable Diseases, Tobacco Control,

Pre-School Services and Food Standards

Blanchardstown Corporate Park, Dublin 15

Tel: (01) 809 8300

## Appeals

The Appeals Office is your assurance that decisions made by the HSE are correct and fair. If you apply for a service and are unsuccessful, you have the right to appeal that decision, and to have it reviewed.

Unit 1, Bridgecourt Office Park, Walkinstown Avenue, Dublin 12

Tel: (01) 460 9300

Inter-Country Adoption, Dartmouth House, Kylemore Road,

Ballyfermot, Dublin 10

Tel: (01) 620 1100

## Freedom of Information

The Freedom of Information Office for the Local Health Office, Kildare West Wicklow operates from Poplar House, Poplar Square, Naas, Co. Kildare. The service aims to promote openness and transparency within the Health Service Executive and ensure the statutory obligations provided for in the Freedom of Information Act(s) 1997 & 2003 are complied with.

The FOI Acts provide the following statutory rights:

- 1) Right of access to records.
- 2) Right to have records relating to personal information amended in certain circumstances.
- 3) Right to information regarding an act(s) of a public body affecting an individual.

Mr. William Quinn is the Freedom of Information Decision Maker for this Area and Ms. Rosemary Dowling is the Freedom of Information Officer. To make a request under the Freedom of Information Act please contact Ms. Rosemary Dowling in writing at the above address or by phone at (045) 876 001.



