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www.hse.ie

your HSE guide

Sligo/Leitrim/West Cavan

Sligo, Leitrim and West Cavan
Local Health Office
Manorhamilton, Co. Leitrim
Tel: (071) 982 0524

Community Services
Carrick-on-Shannon
Co. Leitrim
Tel: (071) 965 0300

Community Services
Markievicz House
Co. Sligo
Tel: (071) 915 5100



The Community Services Office is the central focus of all community health and personal social services in your local area. Our Community Services Office looks after the communities across Counties Sligo and Leitrim and West Co. Cavan, and provides a wide range of services either from the Community Services Offices in Sligo and Carrick-on-Shannon, or through the Health Centres and other locations listed in this booklet.

Welcome

I am the Local Health Manager for Sligo, Leitrim and West Cavan, and I am delighted to introduce the HSE Guide, which we have produced to make sure that you have all the information you need about the health services in our area.

This booklet gives you a full list of the health and personal social services in our area and nearby. It also gives you useful information on how to access services, and guides you to your entitlements to things like Medical Cards, the new GP visit cards, Nursing Home Care and more.

My job as the manager of the Local Health Office is to make sure that the community health services in this area work for you, and to also to work closely with other HSE services in nearby areas and across the country, so that the people living in this area can access the services they need when they need them.

We also work closely with the hospitals in the area, so that people can when they need to move easily between the community and hospital system.

I hope that you find the HSE Guide of use, and that you keep it somewhere safely in your home, so that if a need arises, it will be at hand with the information you need.

Most importantly, remember your Community Service Offices, and don't hesitate to phone or to call to our public office if you need information or services. We will make sure you get to where you need to be.

Pat Dolan
Local Health Manager

HSE infoline: Callsave 1850 24 1850

The Health Service Executive provides a national information service, the HSE infoline, which offers everyone in Ireland easy access to information on over 110 health and social service topics, all for less than the cost of a local call.

The service can provide confidential information on a wide range of queries, like:

- Medical Cards
- GP Visit Cards
- European Health Insurance Card
- Drugs Payment Scheme
- Long-Term Illness Scheme
- Back to School Clothing and Footwear Scheme
- Home Help Services
- Nursing Home Subvention
- Health Promotion literature.

The HSE infoline can also advise on health services, entitlements, eligibility, application forms and contact details for services across the country.

Information is also made available via email or fax, and the infoline offers a sigma text-pad facility for people with a hearing impairment.

The HSE Infoline operates from 8.00am to 8.00pm Monday to Saturday.

YOU CAN CONTACT THE HSE INFOLINE ON:

Callsave: 1850 24 1850

Fax: (041) 685 0330

Email: info@hse.ie

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Health Services – What am I entitled to?

We all need to use the health service at some point in our lives. The Health Service Executive (HSE) runs all of Ireland’s public health and personal social services, including hospitals, health centres, community services for older people and much much more.

Who is eligible for Health Services in Ireland?

Everyone who is ordinarily resident in Ireland is eligible for public health services. This means people who have been living here for a minimum of one year or intend to live here for a minimum of one year.

Do I have to pay for Health Services?

Ireland has a government funded public health service, where all people living here are entitled to certain services either free of charge or at a reduced cost. These services include:

- Visits to a Public Hospital Consultant, when referred by your GP.
- Stays in a Public Hospital, where the only charge to you will be a nominal in-patient charge, for up to the first 10 nights. Medical card holders are exempt from these charges.
- Accident and Emergency Departments do charge a fee for walk in visits, but if you are referred by your GP or you hold a current medical card, your visit is free.
- All schoolchildren can receive free dental checks and care up to the age of 16 years, and all children can avail of their required childhood immunisations free of charge from a GP.
- All expectant mothers are entitled to free Maternity Care and Post Natal visits up to six weeks after a baby is born, including Public Health Nursing following the birth of a child. Developmental checks are also provided for all infants and young children.
- GP services are free in Ireland for those who hold either a Medical Card or a GP Visit Card. Other patients must pay a consultation fee.

Hundreds of other health and personal social services are provided by the HSE to you and your family. The following pages outline the main schemes and benefits available, and the second part of this booklet gives you contact details for all the essential HSE services in your area.

Medical Cards and GP Visit Cards

Medical Card holders are entitled to GP services, community services, dental services, prescription medicine costs, hospital care and a range of other benefits free of charge. People can qualify for a medical card either on the basis of their income, or in some cases if a particular medical condition means their basic medical costs are very high. All people aged over 70 are entitled to a full medical card regardless of means.

GP Visit Card holders are entitled to the services of a GP free of charge. The income guidelines are 50% higher than the Medical Card.

Who can apply?

Anyone can apply for a GP Visit Card or a Medical Card – families, single people, even those working full time.

Is it means tested?

Yes, but for GP Visit Card and Medical Card applications, the HSE now considers your income *after* tax and PRSI is deducted, rather than total income. We also make generous allowances for your expenses on childcare, on rent and mortgage costs and on travel to work.

The HSE can also grant Medical or GP Visit Cards to individuals or families who exceed the income guidelines, but who have particular circumstances, e.g. chronic illness, that mean medical costs would result in undue hardship.

How do I apply?

It is easy and very simple to apply. One application form is now used for both Medical Cards and GP Visit Cards, and the HSE will assess each application for a full Medical Card in the first instance and then for a GP Visit Card.

The HSE has set up a handy calculator on our website – www.hse.ie. It allows you to enter your details and will give you a guide to your eligibility for a GP Visit Card or a Medical Card. You can confirm this by then making a full application at any Health Centre or Community Services Office.

Contact the HSE today to see if you can get a GP Visit Card or a Medical Card. You can pick up an application form from your Community Services Office, from our website, www.hse.ie, or call the HSE infoline on callsave: 1850 24 1850.

Drugs Payment Scheme

What is the Drugs Payment Scheme?

With a Drugs Payment Scheme (DPS) card, an individual or family in Ireland only has to pay a maximum amount monthly for approved prescribed drugs, medicines and certain appliances. As of September 2006, the maximum amount a family must pay is €85. Please check our website, www.hse.ie or your Local Health Office for any changes to this amount.

Everyone in Ireland who does not have a Medical Card should apply for a DPS card.

This scheme is aimed at those who normally have to pay the full cost of their medication. It also applies to those who have a GP Visit Card. Anyone ordinarily resident in Ireland can apply to join the scheme, regardless of family, financial circumstances or nationality. Being ordinarily resident in Ireland means that you have been living here for a minimum of one year or that you intend to live here for a minimum of one year.

If a family combines a Drugs Payment Scheme card with a GP Visit Card, it could mean they would pay no more than €20 per week for GP Visits or prescriptions. See the previous pages for information on GP Visit Cards.

How do I apply?

You can get a registration form from your pharmacy or Community Services Office. Fill in the details of all your family members. Send it to your Community Services Office and you will be sent a card for each member of your family. You do not have to register with a particular Pharmacy for the DPS but for convenience it is advisable to use the same pharmacy in a particular month if you wish to avoid paying more than the maximum amount per month. You must present your card each time you attend before a prescription can be dispensed.

If you lose or misplace your Drugs Payment Scheme card, contact your Community Services Office. You can also call the HSE infoline: 1850 24 1850, for more information.

European Health Insurance Card

The card that covers EU.

What is the EHIC?

The European Health Insurance Card or EHIC was introduced in 2004 across the European Union. It allows Irish Residents to access health services in any EU country and in Switzerland, Iceland, Liechtenstein and Norway, if they become ill or injured while on a temporary stay in that country.

Is the EHIC free of charge?

There is no charge to apply for or renew an EHIC. The HSE accepts renewals and applications for EHIC cards at all HSE Community Services Office, and on the HSE managed site – www.ehic.ie.

What do I do if I become ill or injured in another member state?

To obtain healthcare with the Card, go to the nearest public system doctor, public hospital, or other public treatment centre and present your Card. Treatment in a private setting is not covered by the Card.

Do I need private insurance in addition to the Card?

Public healthcare systems vary from country to country. The Card does not cover the cost of repatriation and in addition, illness or an accident abroad may mean extra travel and accommodation costs. You may therefore wish to take out private insurance for your trip. You will find more about your entitlements in particular countries at your Community Services Office or on www.ehic.ie.

How long will it take to get a Card?

You will receive your Card within approximately 10 working days of receipt of your application.

What if I don't have time to get a Card before I travel?

You can get a Temporary Replacement Certificate, which gives you the same entitlement as the Card, but for a shorter period, and can be issued by your Community Services Office. One Temporary Replacement Certificate is issued per person.

How do I apply?

Applying for the card is very easy. Application forms are available from local HSE Health Centres, from your Community Services Office or from our website, www.ehic.ie. You can also call the HSE infoline: 1850 24 1850, for more information.

Immunisation

What is immunisation?

Immunisation is a simple, safe and effective way of protecting your child against certain diseases. Children and young people in Ireland are entitled to certain vaccinations and immunisation services free of charge. These vaccines are provided in a range of settings: by your GP, in hospitals, at Health Centres, at home or at school.

Is immunisation free?

Vaccinations under the Childhood Immunisation Programme in Ireland are provided free of charge to all children. The childhood immunisation programme (outlined opposite) protects children from the following: Tuberculosis, Diphtheria, Tetanus, Whooping cough (Pertussis), HiB (Haemophilus influenzae B), Polio, Meningitis C, Measles, Mumps and Rubella.

Are vaccines safe?

The vaccines used in Ireland are safe. All medicines can cause side effects, but with vaccines these are usually mild, like a sore arm or leg or a slight fever. Serious side effects to vaccines are extremely rare.

Research from around the world shows that immunisation is the safest way to protect your child's health. Your doctor or nurse can discuss the risks with you before giving your child their vaccines.

All the recommended vaccines used to protect children in Ireland are licensed by the Irish Medicines Board or the European Medicines Evaluation Agency. They are allowed to be used only after they have been shown to be both effective and safe.

Where can I get my child immunised?

The HSE recommends that all parents bring their children for immunisation, which is free from your GP. If you have any more questions or need more information, you can visit the HSE website – www.immunisation.ie, or speak to your GP or your Public Health Nurse in your Local Health Centre.

You can also call the HSE infoline: 1850 24 1850, for more information.

Childhood Immunisations

AGE TO IMMUNISE	TYPE OF VACCINE
BIRTH	BCG tuberculosis vaccine (usually given in maternity hospitals)
2 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C)
4 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C), Diphtheria
6 MONTHS <i>Free from your GP</i>	5 in 1: Diphtheria, Tetanus, Whooping Cough (Pertussis), HiB (Haemophilus influenzae B), Polio (Inactivated poliomyelitis) Men C (Meningococcal C)
12 TO 15 MONTHS <i>Free from your GP</i>	MMR: Measles, Mumps, Rubella HiB Booster (Haemophilus influenzae B)
4 TO 5 YEARS <i>Free in School</i>	4 in 1: Diphtheria, Whooping Cough, Tetanus, Polio MMR: Measles, Mumps, Rubella
11 TO 12 YEARS <i>Free in School</i>	MMR: Measles, Mumps, Rubella (not necessary if two doses have already been given)
10 TO 14 YEARS <i>Free in School</i>	BCG (if not already protected)
11 TO 14 YEARS <i>Free in School</i>	Td: Tetanus, Diphtheria

Nursing Home Services and Subvention

The HSE provides a wide range of services for older people, including in-patient acute services, community hospital services provide respite, step down and convalescent care, day services, rehabilitation, community services, home care and home helps. The simplest way to enquire about or access these services is to speak to either your GP, or to ask at your Local Health Centre to speak to the Public Health Nurse.

The HSE also pays a subvention, or a subsidy, toward the cost of care in a private nursing home beds. The subvention is designed to help with nursing homes costs and is subject to a financial and dependency assessment to identify the level of funding and the care needs of the person.

You can apply for Nursing Home Subvention from your Community Services Office. The HSE will then carry out a means test and an assessment of dependency. The dependency assessment is carried out on behalf of the HSE by a doctor, nurse, occupational therapist or physiotherapist. The applicant's medical condition is taken into account and the assessment also includes an evaluation of their ability to carry out the tasks of daily living and of the level of social support available to the person. The kinds of factors assessed might include: mobility, ability to care for oneself, communications, quality of memory etc.

The nursing home regulations also permit the HSE to take account of a person's assets and income in determining entitlement to nursing home subvention. Where a person has assets this may disqualify them from an entitlement to subvention. A person considering entering a nursing home should always establish the amount of subvention allowable under the scheme so that they can make an informed decision about their choice of care setting.

A Fair Deal – The Nursing Home Care Support Scheme

The Minister for Health and Children has announced plans for a significant change in how nursing home care is provided and paid for. From January 1, 2008, the current subvention and public nursing home schemes will be replaced by a new Nursing Home Care Support Scheme, which is designed to ensure that everyone who enters a nursing home, public or private, pays a fair portion of their income as a contribution towards the cost of their care. For more information on this scheme, contact your Local Health Office, or the HSE Infoline on: 1850 24 1850.

Long-Term Illness Scheme

What is the Long-Term Illness Scheme?

If you have certain long-term illnesses or disabilities, you can apply to join the Long-Term Illness Scheme.

How do I qualify?

You must be ordinarily resident in Ireland and hold a PPSN. You qualify if you have one of the illnesses or disabilities listed below:

- Acute Leukaemia
- Cerebral Palsy
- Cystic Fibrosis
- Diabetes Insipidus
- Diabetes Mellitus
- Epilepsy
- Haemophilia
- Hydrocephalus
- Mental handicap
- Mental Illness (in a person under 16 years of age)
- Multiple Sclerosis
- Muscular Dystrophies
- Parkinsonism
- Phenylketonuria
- Spina Bifida
- Conditions arising from the use of Thalidomide.

There is no income requirement or means test. If you have a medical condition that is not listed above, you should consider applying for a Medical Card or a GP Visit Card.

If you have one of these conditions, you will be supplied with a Long-Term Illness book. This booklet allows you to get drugs, medicines, and medical and surgical appliances directly related to your illness, free of charge. It does not depend on your income or other circumstances and is separate from the Medical Card Scheme and the GP Visit Card Scheme.

How do I apply?

The Long-Term Illness Scheme application form is available from your Local Health Office. Your doctor or consultant will sign the form to confirm your condition and list your medication.

You can also call the HSE infoline: 1850 24 1850, for more information.

Dental Services

The HSE provides Dental Services to children under 6 and children attending Primary School, to Medical Card holders and to EU residents for emergency treatment. Some services are provided by dentists employed by the HSE, and some by private dentists.

What Dental Services are available for children?

Pre-school children attending primary schools can be referred for Dental Treatment from a child health service or following a routine school visit. Children attending primary school are screened in 2nd, 4th and 6th class and are referred for treatment if necessary to the local dental clinic. Emergency services are also available to all school going children.

What Dental Services are provided for Medical Card holders?

Medical Card holders can get a list of participating Private Dental Practitioners from their Community Services Office or HSE Dental Clinic. Once the dentist has accepted you as a patient you must bring your medical card with you when attending on your first visit. The following treatments are available with a Medical Card: Fillings, Cleaning/polishing, Extractions, Dentures and Root Canal Treatment.

What if my child needs braces?

Some children where necessary are referred onto their Orthodontic Clinic for further treatment. This referral is from the Principal Dental Surgeon in the health centre and Orthodontic Treatment is free.

Can I get tax relief on dental expenses?

If you do not have a medical card and have to pay for dental services from a private practitioner, you may claim tax relief for certain specialised dental treatments. The form is called Med 2 and can be obtained from the Tax Office.

Can my PRSI help pay for dental treatment?

Treatment Benefit is a scheme in Ireland operated by the Department of Social and Family Affairs. Under this scheme, contributions made by people through PRSI can be accessed to repay some of the cost of dental treatment. Ask your Dentist for more information.

To learn more about Dental Services in your area, contact the Dental Department (see page 17 & 18).

Back to School Clothing and Footwear Allowance

What is the Back to School and Footwear Allowance?

The Back to School Clothing and Footwear Allowance is in place to help families meet the cost of uniforms and footwear for students in Ireland attending school. The scheme operates from June 1st to September 30th each year.

How do I qualify?

To be eligible for the Back to School Clothing and Footwear Allowance, the parent or guardian must meet one of the following conditions:

- In receipt of a social welfare payment (including Family Income Supplement) or a HSE payment
- Taking part in an approved employment scheme
- Taking part in a recognised education or training course
- Involved in an Area Partnership Scheme
- Attending a FÁS, Fáilte Ireland or LES training scheme.

The child/student must also be aged between 2 and 22 years before 1st October of the year you apply and must be in full-time education at a recognised school or college.

Where a person is on short term social welfare payment, qualifying children must be aged 2-17 years.

Is the allowance means tested?

Yes, the HSE Community Welfare Office in your Local Health Centre will assess your income and decide if you are eligible. Your total household income means your main social welfare or HSE payment and any other income you may have including wages, before tax but excluding PRSI and reasonable travel expenses.

Any income you get by way of rent or mortgage interest supplement, Family Income Supplement, Blind Welfare Allowance, Rehabilitative Training Allowance, rehabilitative employment (up to €120 per week), Home Help, Domiciliary Care Allowance and Mobility Allowance is not counted.

How do I apply?

You should apply to the Community Welfare Officer (CWO). You can also call the HSE infoline: 1850 24 1850, for more information.

Supplementary Welfare Allowance

What is Supplementary Welfare Allowance?

Supplementary Welfare Allowance provides a basic weekly allowance to eligible people who have little or no income. In addition, payments can also be made in respect of urgent or exceptional needs.

What types of payments are made under the scheme?

Basic Payments

If you have no income you may be entitled to basic Supplementary Welfare Allowance. If you have claimed a social welfare payment but it has not yet been paid, and you have no other income, you may qualify for Supplementary Welfare Allowance while you are awaiting payment.

Supplements

If your income, whether from basic Supplementary Welfare Allowance or otherwise, is too low to meet certain special needs, you may be granted a weekly supplement. Special needs may include rent/mortgage payments or exceptional expenses due to ill-health. The amount of any supplement will be decided by the Health Service Executive based on your circumstances.

Exceptional Needs Payments

These are paid to assist with essential, once-off expenses in exceptional circumstances. This is at the discretion of the HSE, and depending on your circumstances, may be paid to assist with the cost of essential household equipment, funeral expenses or any other unforeseen large expenses.

Rent and Mortgage Interest Supplements

The HSE can also assist with rent or mortgage interest payments for people on very low incomes. This may depend on:

- the size of your accommodation and your family size
- if you have applied for or have been refused Local Authority housing
- the cost of your accommodation
- whether you are sharing your accommodation

When and how do I apply?

You can apply to the Community Welfare Officer at your local Health Centre. You can also call the HSE infoline: 1850 24 1850, for more information.

An Introduction to our Community Services

The following are some of the main services that are managed for you by your Community Services.

Community Services Leitrim/Sligo

Leitrim Road, Carrick-on-Shannon
Tel: (071) 965 0300

Markievicz House, Barrack St, Sligo
Tel: (071) 915 5100

HSE West Customer Information Line – 1850 636 313

Available Monday to Friday, 9am to 5pm, this service is based in the North West and can answer any questions you have about HSE services and your entitlements.

South Leitrim/Roscommon GP Out of Hours Service, NowDoc – 1850 400 911

This is a service to provide you and your family with access to family doctor services outside of normal hours.

Public Health Nursing

There are Public Health Nurses working from every Health Centre in our area, who provide a range of services to people in their homes. They are often your first contact with the HSE, as they visit new mothers to check on them and their babies, and provide advice on care, feeding and development. They also provide aftercare to people who have been discharged from hospital and a range of other services. Contact your Public Health Nurse at your nearest Health Centre.

Social Work

The Social Work Teams in the Community Services Office are responsible for providing support people in this community. This involves Family Support Services, care for older people, adults and people with disabilities. In cases where children are at risk of harm through abuse, Child Protection Social Workers have an important role in providing care, assessment and follow up to those children and their families, through the Fostering and Child Protection Teams.

Child Health

Area Medical Teams visit schools in the area to give vaccinations like the MMR, Meningitis C, Rubella etc. They also work with Public Health Nurses to check on a child's development from birth onwards, through a series of standard regular checks. (Area Medical Officers also play an important role in managing outbreaks of illness like measles or mumps in the area).

Chiropody Services

Chiropody Services are available for medical card holders, a list of chiropodists are available from your Local Health Centre.

Community Welfare

Community Welfare Officers work from Health Centres in the area, and can give financial support to those in need, in the form of rent supplement or supplementary welfare allowance. They also advise on entitlements and can help with filling in forms like the Medical Card, GP Visit Card etc. Contact your Health Centre.

Disability Services

Disability Services are provided to people with a learning disability, and/or Autism, and physical and sensory disability in the area. The HSE works in partnership with a range of voluntary providers to deliver person centred services.

General Practitioner Services

There are a large number of GPs working in the area, and your Community Services Office can help you to find a GP, or can advise on entitlements such as a Medical Card or GP Visit Card. For a list of GPs in our area, phone the Community Services Office or the Primary Care Development Unit.

Home Help

Home Helps work with vulnerable people in the community, who through illness or disability are in need of help with day to day tasks. A home help might visit for a couple of hours per day, to help with housework, shopping, or sometimes may provide more personal care like help with dressing, bathing etc. You can access this service through your Public Health Nurse.

Counsellor for Special Needs.

This service provides a home based service to parents of children with an intellectual disability and/or a physical and sensory disability. This service is provided for children in the 0-18 age group.

GP Visit Cards and Medical Cards

Your Community Services Office looks after applications for Medical Cards, GP Visit Cards and a range of other schemes. If you would like to apply or need help in making an application, or if you just want to know what is available to you, call the Medical Card Section in your area (see page 18).

Occupational Therapy

These services are provided to people who through illness or disability are in need of support or changes to their lifestyle. Occupational Therapists can advise on any changes that may be needed in the home to support a person with special needs, and on activities that will help a person to regain their independence.

Ophthalmic

Medical Card holders are entitled to Ophthalmic or Eye Testing Services.

Physiotherapy

Community Physiotherapy Services are provided to people who have suffered an injury or illness to regain their health or mobility through exercise and movement.

Speech and Language Therapy

Services are provided for children and adults who need help developing their speech or who have had difficulty in this area.

Contact details of Services – Leitrim

Community Services, Leitrim Rd. Carrick on Shannon	(071) 965 0300
Adult Counselling Service	(071) 965 0375
Chiropody Service	(071) 965 0333
Community Drugs Scheme	(071) 965 0314
Community Welfare Service	(071) 965 0326
Counsellor for Special Needs	(071) 965 0311
Dental Service	(071) 965 0352
Nutrition & Dietetic Service	(071) 965 0319
Environmental Health Service	(071) 965 0362
Finance	(071) 965 0336
Housing Aid for the Elderly	(071) 965 0327
Home Support Service	(071) 965 0372/0367

Medical Cards	(071) 965 0323/0332
Occupational Therapy Service	(071) 965 0333
Ophthalmic Service	(071) 965 0351
Public Health Nursing Service	(071) 965 0363
Registrar Births Marriages & Deaths	(071) 965 0349
Social Work/Child Care Service	(071) 965 0324
Speech & Language Service	(071) 965 0311
Clinical Psychology Service	(071) 965 0311

Contact details of Services – Sligo

Community Services, Markievicz Hse., Barrack St.	(071) 915 5100
Accounts	(071) 915 5150
Administration	(071) 915 5106
Adoption Service	(071) 913 6550
Area Medical Officer	(071) 915 5122
Autism Service	(071) 914 4501
Bereavement Counselling Service	(071) 915 5108
Community Physiotherapy Service	(071) 915 5121
Children First Office	(071) 915 5181
Chiropody Service	(071) 915 5140
Community Welfare Service (JFK House, JFK Parade, Sligo)	(071) 913 5009/5011
Consumer Services	(071) 915 5119
Counsellor for Special Needs Service	(071) 914 4474
Dental Service	(071) 915 5110
Nutrition & Dietetic Service	(071) 914 9658
Environmental Health	(071) 914 5132
Family & Child Care Services	(071) 915 5133
Fostering Service	(071) 915 5157
Finance	(071) 915 5134
General Management	(071) 915 5175
Health Promotion	(071) 913 5061
Home Support	(071) 914 9657
Immunisation	(071) 915 5148
Information Technology	(071) 915 5159
Learning Disability Service	(071) 915 5179
Medical Card Service	(071) 915 5141

Mental Health Service	(071) 915 5120
Occupational Therapy Service	(071) 915 5130/5117
Personnel	(071) 914 9626
Physical & Sensory Disability Service	(071) 913 5001
Pre School Services	(071) 915 5100
Primary Care Centre, Barrack St. Sligo	(071) 915 5124
Primary Care Development Unit	(071) 913 5025
Psychology Services	(071) 915 5132
Public Health Nursing Service	(071) 915 5144
Registrar Births, Marriages & Deaths	(071) 915 5115
School Medical Services	(071) 915 5122
Services for Older People	(071) 915 5193
Social Work Service	(071) 915 5136
Speech & Language Service	(071) 915 5132

Dental Services

All children are given dental checks and follow up if required, from the local Dental Clinic. This service is usually accessed in the first place through a routine school visit. Contact the Dental Service through your Local Health Centre or obtain further information from the Dental Department at Markievicz House, Sligo.

Orthodontic Service

Orthodontic Department, Sligo General Hospital
(071) 917 4574

Health Centres

The Health Centre is in or near every community, where you can access a wide range of HSE services.

Aclare	(071) 918 1282
Ballinafad, Public Health Nurse	(087) 248 8180
Ballinaglora	(071) 964 3411
Ballinamore	(071) 964 4353
Ballymote	(071) 918 3104
Blacklion	(071) 985 3218
Carrick-on-Shannon	(071) 965 0300
Carrigallen	(049) 433 9797

Castlebaldwin	(087) 248 8180
Cliffoney	(071) 916 6160
Cloghan	(074) 913 3031
Collooney	(071) 913 0662
Coolaney	(071) 916 7547
Curry	(094) 925 4748
Dromahair	(071) 916 4215
Dromod	(071) 965 8702
Dromore West	(096) 47 095
Dowra	(071) 964 3125
Drumkeeran	(071) 964 8043
Drumshanbo	(071) 964 1105
Drumcliffe/ Grange	(071) 917 3011
Easkey	(096) 49 022
Enniscrone	(096) 36 292
Geevagh	(071) 964 7103
Glenfarne	(071) 985 3229
Glengevin	(071) 964 3078
Gurteen	(071) 918 2817
Kiltyclogher	(071) 985 4071
Kinlough	(071) 984 3013
Manorhamilton	(071) 985 5788
Mohill	(071) 963 1900
Newtowngore	(049) 433 9009
Riverstown	(071) 916 5182
Skreen	(071) 916 6634
Tubbercurry	(071) 918 5967

Registration Services – Births, Deaths & Marriages

Markievicz House, Sligo

Tel: (071) 915 5115

Leitrim Road, Carrick-on-Shannon

Tel: (071) 965 0349

Hospitals

Local and Regional Hospitals are listed here. Unless you are attending A+E in an emergency, most people visit their GP for advice and referral, before attending hospital. Outside of office hours, you may be able to access GP services through NowDoc GP Out Of Hours Services, callsave 1850 636 313.

Sligo General Hospital

General Enquiries	(071) 917 1111
Asthma Service	(071) 917 4272
Breast Care Service	(071) 917 4692
Cardiac Rehabilitation	(071) 917 4584
Cardiac Investigations	(071) 917 610
Colposcopy Service	(071) 917 4708
Coronary Care	(071) 917 4613
Consumer Services Dept.	(071) 917 4517
Diabetic Service	(071) 917 4585
Dietetic Dept.	(071) 917 4581
Day Services (Level 6)	(071) 917 4694
Delivery	(071) 917 4676
Emergency Department	(071) 917 4506
Endoscopy	(071) 917 4643
E.N.T. Dept.	(071) 917 4630
General Manager	(071) 917 4511
Gynaecology/Surgical	(071) 917 4606
Hospice	(071) 914 3317
Intensive Care Unit	(071) 917 4642
Laboratory	(071) 917 4551
Maternity Dept.	(071) 917 4608
Medical North	(071) 917 4614
Medical South	(071) 917 4616

Medical 4/ Stroke Unit	(071) 917 4670
Medical Assessment Unit (MAU)	(071) 917 4518
Occupational Therapy	(071) 917 4580
Ophthalmic Unit (Eye)	(071) 917 4619
Orthodontic Dept	(071) 917 4574
Orthopaedic Elective (Left Wing)	(071) 917 4626
Orthopaedic Trauma (Right Wing)	(071) 917 4624
Oncology	(071) 917 4694
Out Patients Dept	(071) 917 4569
Paediatrics	(071) 917 4634
Pain Control	(071) 917 4738
Palliative Care	(071) 917 4773
Pharmacy	(071) 917 4576
Physiotherapy	(071) 917 4567
Renal Dialysis Unit	(071) 917 4598
Surgical North	(071) 917 4639
Surgical/Gynaecology	(071) 917 4606
STD Service	(071) 917 0473
X-Ray Department	(071) 917 4508
X Ray Appointments	(071) 917 4509

Rheumatology & Rehabilitation

Our Lady's Hospital Manorhamilton

Tel: (071) 982 0406

Patient Help Line: (071) 982 0418

Other Hospitals in HSE West

University College Hospital Galway	(091) 544 544
Merlin Park Regional Hospital Galway	(091) 775 775
Portiuncula Hospital, Ballinasloe, Co. Galway	(090) 964 8200
Mayo General Hospital Castlebar	(094) 902 1733
Roscommon County Hospital	(090) 662 6200

Hospice Care

Hospice Care is provided to people and their families in the last days of their lives. It is a sensitive and holistic service, delivered either in the hospital or at home and designed to give comfort and dignity to patients and families.

A home care service is also provided in the area.

North West Hospice Service based on the campus of Sligo General Hospital
(071) 914 3317

Counselling

The HSE provides counselling to adult victims of childhood physical, emotional, sexual abuse or neglect.

North West Regional Counselling Services
(071) 914 2161

Children and Families Services

Social Work and Child Protection Services are provided by the HSE to children and families who require support.

Children's Service, Sheil House, College Street, Ballyshannon	(071) 982 2776
Social Work Services, Sligo Leitrim and West Cavan	(071) 915 5136
North West Regional Adoption Services	(071) 913 6552
Child Care Training	(074) 912 3784
North West Regional Counselling Services	(071) 914 2161
Leitrim Fostering Team	(071) 965 0300
Sligo Fostering Team	(071) 915 5100

Services for Older People

The HSE provides a broad range of services for older people in our community, including home care, home helps, respite, day services, in-patient acute services, step down and convalescent care, rehabilitation and community services. If you need services for yourself or for an older person you know, contact your GP or your Public Health Nurse at your Local Health Centre.

Service Manager for Older People, Sligo/Leitrim	(071) 915 5193
Our Lady's Hospital, Manorhamilton	(071) 982 0400
Community Nursing Unit, Arus Breffni, Manorhamilton	(071) 985 5161
St. John's Community Hospital, Sligo	(071) 914 2606
St. Patrick's Community Hospital, Carrick-on-Shannon	(071) 962 0011
Ballymote Community Nursing Unit	(071) 918 3195
Arus Carolan Community Nursing Unit, Mohill	(071) 963 1152

Mental Health

It is estimated that one in four of us will experience some mental health problems in our lifetime, from a low period, to more serious depression, to a small number who will experience severe mental health problems. If you feel persistently sad, have trouble sleeping or experience unexplained aches and pains, you should visit your GP for advice. Most people are treated by the GP alone, unless more support, for example, therapy services or referral to Mental Health Services is required, in which case you may be referred to some of the following services.

Mental Health Services, Sligo, Leitrim, Ballytivnan, Sligo

Acute Inpatient Service	(071) 914 2111
Child & Family Mental Health Service (children & adolescents under 18 years)	(071) 917 4775
Mental Health Service Sligo/Leitrim	(071) 914 2111
Alzheimer's Unit, St. John's Hospital Campus, Sligo	(071) 914 7286
Mental Health Day Hospital, Markievicz House, Sligo	(071) 915 5120
Raheen Day Centre, Sligo	(071) 914 3622
Tubbercurry Health Centre	(071) 918 5967
Ballymote Day Centre, The Rock, Ballymote, Co. Sligo	(071) 918 3002
Easkey Health Centre, Easkey, Sligo	(071) 964 9022
Aruns Breffni Centre, Manorhamilton, Co. Leitrim	(071) 985 5327

Kilgar Day Care Club, Kiltyclogher Co. Leitrim	(071) 985 4967
Summerhill Lodge, Carrick on Shannon, Co. Leitrim	(071) 962 1215
Psychiatry of Later Life Service, Liscarney House, Sligo	(071) 919 2200
Linden House, Keash Road, Ballymote, Co. Sligo	(071) 918 3757
Benbulbin Lodge, Cashelgarron, Co. Sligo	(071) 916 3003
Castlecourt, Cliffoey, Co. Sligo	(071) 917 6691
Cypress Lodge, Holy Well Road, Sligo	(071) 917 0391
Sliabh Ban, Slish Wood, Co. Sligo	(071) 917 0141
Bank House, Manorhamilton, Co. Leitrim	(071) 985 5233
Ashbrook House, Mohill, Co. Leitrim	(071) 963 1515
Ben View, Ballytivnan, Sligo	(071) 914 1087

Social Inclusion

AIDS/HIV Helpline	(071) 914 2828
Alcohol & Substance Abuse Helpline	(071) 914 3316

Disability Services

Disability Services are provided to people with a physical & sensory disability and/or learning disability and Autism Spectrum disorder in partnership with a wide range of voluntary providers. Initial contacts regarding service provision can be made through the following Community Services Offices.

Physical & Sensory Disability Service, Sligo/Leitrim	(071) 913 5001
Learning Disability Service, Sligo/Leitrim	(071) 915 5179

Learning Disability Day Services

Aoibhneas Day Service, Ballymote	(071) 900 5958
Shannon Lodge, Carrick on Shannon	(071) 962 1151
Cloonamahon, Collooney	(071) 916 7321
Sligo Resource Centre	(071) 915 5182
Gníomh Lann, Sligo	(071) 914 2571
Gallagher House, Tubbercurry	(071) 918 5468
Re Nua, Tubbercurry	(071) 918 5167
Autism Service, Sligo/Leitrim	(071) 914 4501

Residential Centres

Cloonamahon, Collooney, Ballincar, Sligo.	(071) 916 7321
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Sligo/Leitrim Respite Care

Respite Coordinator, Sligo/Leitrim	(071) 913 5064
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Cloonamahon, Collooney	(071) 916 7321
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Mulholland House, Tubbercurry	(071) 918 6083
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Suaimhneas, Pearse Road, Sligo	(071) 913 8328
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Consultant Psychiatrist, Learning Disability

Consultant Psychiatrist, Sligo/Leitrim	(071) 916 7321
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Training & Occupational Support Service/Horticulture Centres

Ballytivnan Road, Sligo	(071) 914 1219
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Education Centre, Ballytivnan, Sligo	(071) 914 4834
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Regional Office, St. Conal's, Letterkenny	(074) 912 1022
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Advocacy Services (OUR VOICE)

Citizens Information, 8 John Street, Sligo	(071) 915 1133
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Environmental Health

Environmental Health Services, Sligo

Tel: (071) 914 5132

Appeals

If you are unhappy with a decision of the HSE in relation to certain schemes or allowances, you have the right to appeal the decision. For further information contact:

The Appeals Officer,
HSE West, Aras Slainte Chluainin,
Manorhamilton, Co. Leitrim
Tel: (071) 982 0545

Health Promotion

Manorhamilton	(071) 982 0462
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Ballyshannon	(071) 985 2000
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Sligo	(074) 917 8540
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Freedom of Information (FOI)

This service is designed to create a more open environment in which the general public can get access to information held by government bodies. Under the Freedom of Information Acts 1997 & 2003, three statutory rights have been established for the public:

- A right to access records held by Public Bodies;
- A right to have personal information in a record amended where it is incomplete, incorrect or misleading;
- A right to obtain reasons for decisions affecting the person.

These rights are subject to certain exemptions which are set out in the Acts. If you require further information please contact the Freedom of Information Offices.

Community Services Sligo/Leitrim	(071) 915 5119
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Sligo General Hospital FOI Office	(071) 917 4517
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Consumer Services

In addition to Freedom of Information and Data Protection, Consumer Services can be contactable in relation to complaints, comments and feedback from consumers.

