

**List of Vitamin D supplements suitable for infants**  
***to support the National Policy on Vitamin D Supplementation for Infants aged 0 to 12 months in Ireland***

16<sup>th</sup> July 2010

The Food Safety Authority of Ireland has informed the HSE of the following Vitamin D supplements suitable for infants that are currently available on the Irish market.

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|--|------------------------|
| 1. Abidec Vitamin D <sub>3</sub> Drops | Chefaro Ireland, Ltd., |
| 2. BabyVitD <sub>3</sub>               | Shield Health Ltd.,    |
| 3. Baby D                              | KoRa Healthcare Ltd.,  |

**The choice of vitamin D supplement is a decision for the parent/care giver. Contact your pharmacist, nurse, doctor, or dietitian for advice.**

Vitamin D supplements suitable for infants are not available on the HSE's medical card or other drug scheme and can be purchased by parents/caregivers in pharmacies, some supermarkets or other outlets.

### **Important Information**

It is important to read the information on the label as **the number of drops or amount of liquid** required to provide the recommended 5 micrograms (5 µg)\* of vitamin D daily is different for each product.

Read the product instructions carefully and ask your pharmacist, nurse, doctor or dietitian for advice if needed.

**The cost** of each product also varies.

This information is accurate and correct as of **16<sup>th</sup> July 2010**. This list of vitamin D Supplements suitable for infants will be updated in the event of the HSE being notified by the FSAI of other vitamin D supplements suitable to support the National Policy of *Vitamin D Supplementation for Infants in Ireland*.

\*5 µg = 200 I.U.