

Guidance for completing the Young Adults referral form

What is the immediate need for the Young Adult?

Please specify in detail, what the Young adult needs support with. What is their immediate need? What do you hope from the referral. For example:

- Young Adult has a manual wheelchair that they have outgrown and requires review.
- Young Adult refuses to attend day centre due to high anxiety level and support is required to support the transition back to day service.
- Young adult and family are seeking support in relation to respite/in home support.

Day service V's Young Adults team

The day service can provide support with developing a person-centred plan for the young person. They may support the young adult to secure an education place, support the development of independence and life skills such as money management, cooking etc.

The Young Adults team provide a more specialist level of support for those that require it.

Criteria for accessing the team

- Individual is 18 years of age
- Individual has left school in the last 3 years
- Evidence is given in the form of clinical reports that the Individual presents with “complex needs”, which significantly impacts on their physical, social, emotional, communication and/ or behavioural domains. The individual’s level of disability requires the support from a multi-disciplinary team and their needs cannot be met within framework of a Primary Care Service.
- Individual is attending a day service within the CHO7 or lives in the catchment area for CHO7.
- The individual is not accessing supports from another clinical team, or if they are in receipt of clinical supports, they are due to be discharged e.g., CDNT

Who can refer to the team?

- Young Adult themselves.
- Parent/guardian with consent from the young adult.
- Staff member/key worker/any person who knows person with consent from the young adult



Young Adults team Intake form

Who are the Young Adults team (YAT)?

The YAT provides access to MDT clinical supports for school leavers with complex needs.

The team comprises of:

- Occupational Therapist
- Speech and Language therapist
- Psychologist
- Behaviour Support Specialist
- Social Worker
- Physiotherapist
- Young Adults team manager

The team have an array of skills and knowledge that support an individual and their families around various areas of needs. We work with the Young adult, family and day service.

What about consent?

Where the young adult has capacity, you need to gain their consent prior to sending in any referral form to the team.

We have included easy ready information to help support the young adults understanding about what they are consenting to.

If you don't think the young adult has the capacity to consent, you can contact a member of the team to discuss this further.

If you send in the referral without consent, a team member will assess the young adult's capacity to consent to the referral at the initial meeting.

Supporting documentation

Please forward all relevant reports to support the referral including the most up to date psychological report, diagnosis reports, other relevant clinical reports and any relevant support plans e.g. PCP, communication support plan, Positive Behaviour support plan.

Where will the YAT support the person?

The YAT will support the young person where they need support. This may be at home, in their day service, at college, or in their community.

How do we support people?

The YAT are a supports service to the young adult, their families and staff team.

We support people through episodic care.

We will aim to support the referral concern as best we can, working with the young person, their family and staff team. Once we have supported this referral issue, we will close this episode of care. If future needs arise, you can re-refer to the team.

Contact information

YATadmin@kare.ie

Ph 0876824240

Audrey Collins, YAT Manager

Audrey.collins@kare.ie

If you have queries/feedback/concerns with regards to the YAT, please contact the YAT manager.

What to expect when you send a referral to the YAT

We will acknowledge the referral was received by email.

We will determine if the young adult meets the criteria for the team.

We may look for more information/reports to ensure the team is the best fit for the young person.

We may send the referral back seeking more information.

We will communicate with you if the referral has been accepted to the team and advise on next steps

How to refer to the team

You can contact yatadmin@kare.ie to request a copy of the referral form

You can contact the YAT manager to discuss whether an individual meets the criteria for the team.

You can send all completed referrals to referrals.dosmdt@hse.ie and cc Audrey.collins@kare.ie