

Table 2: Antiviral dosages and schedules for chemoprophylaxis of Seasonal Influenza in children, adults, pregnancy and immunocompromised.

Drug	Dose						Duration	Notes	
1st choice options									
Prophylaxis	Premature (< 36 weeks post conceptual age)	0 - ≤ 12 months (36 weeks post conceptual age or greater)	≥ 1-12 years: Dose according to weight below				Adults (≥ 13 years) ^{3,4}	10 days	<p>¹Although it may be possible to provide half of the daily treatment dose for 10 days there is currently no publicly available dosing information for oseltamivir prophylaxis in preterm infants so it is outside the product licence.</p> <p>² SmPC licensed indication for use in those less than 1 year of age during a pandemic influenza outbreak only.</p> <p>³ Dose reduction required in renal impairment (eGFR <60ml/min/1.73m² or CrCl <60ml/min).</p> <p>⁴ If a person in this age group weighs 40kg or less, it is suggested that the >23-40kg dose for those aged >1-12 years is used.</p>
Osetamivir PO	See notes ¹	3mg/kg every 24 hours ²	10-15 kg 30mg every 24 hours	>15-23 kg 45mg every 24 hours	>23-40 kg 60mg every 24 hours	>40kg 75mg every 24 hours	75 mg every 24 hours		
2nd choice options									
Zanamavir Inhaled	For children < 5 years old	For children aged ≥ 5 years				Adults	10 days	Zanamivir inhaler is authorised for use in the EU but not marketed in Ireland; zanamivir inhaler is only available as an unlicensed product in Ireland.	
	Not licensed	10mg (two x 5mg inhalations) every 24 hours				10mg (two x 5mg inhalations) every 24 hours			