Regional Centre for Nurse and Midwifery Education

Annual Report 2022

HSE-Dublin North

Connolly Hospital

&

St Ita's Campus

March 2023

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Foreword

I am pleased to present the 2022 annual report for the Regional Centre for Nurse and Midwifery

Education (RCNME). This report reflects the achievements and outcomes for the RCNME over the last

year.

During early months of 2022 we continued to work through the impact of COVID 19. The challenges

presented to staff were responded to rapidly, where training methodologies continue to evolve and

new ways of working were implemented and new programmes designed whilst ensuring the provision

of quality assured education and training for registered nurses and midwives.

I would like to acknowledge the ongoing effort and commitment by all staff in the RCNME, they have

worked tirelessly in challenging situations to meet all training needs in the region.

We also recognise the valuable contribution of the Board of Management, the Office of Nursing,

Midwifery Services Director, and the support from Hospital Management at Connolly Hospital & St

Ita's Campus. I would in particular like to thank Ms. Anne Brennan, Director of Nursing, Midwifery,

Planning and Development for her ongoing support of the RCNME.

All programmes in the Centre run in collaboration with the clinical services, I would also like to extend

our gratitude to the clinical nursing staff of all grades that have made a significant contribution in the

successful provision of programmes.

There have been changes to the staffing in the RCNME in 2022. Firstly, I would like to welcome 2 new

staff members Jubin Thomas, Administrator and Ms. Maria Dowd, Specialist Coordinator, Mental

Health.

Finally I would like to acknowledge the retirement of two friends and colleagues Ms. Elizabeth Reilly

and Mr. James Lynch. Both have been in the Centre since its inception, we would like to thank them

for their valued contributions over the last 20 years and wish them well in their retirement, they will

be greatly missed.

Ms. Vivienne Browne

Director

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1. REGIONAL CENTRE FOR NURSE AND MIDWIFERY EDUCATION STAFF

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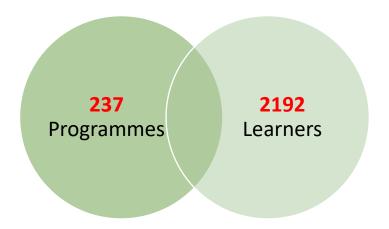
2. OVERVIEW OF REGIONAL CENTRE FOR NURSE AND MIDWIFERY EDUCATION

The Regional Centre for Nurse and Midwifery Education (RCNME) is bi-located on two Campuses: Connolly Hospital, Blanchardstown & St Ita's Campus, Co. Dublin. The Centre provides education and training for nurses, healthcare assistants and other professional grades in order to enhance patient care, service delivery and to promote professional and competence development of nursing and midwifery. Central to the provision of education and training is to enhance patient safety and quality of care reflecting the priorities of the Health Service. The RCNME makes a contribution to the knowledge and skills of healthcare professionals that in turn has a positive influence in the economic, social and health of society in general and of the HSE regions served by the RCNME.

The RCNME works in collaboration with Directors of Nursing & Midwifery in the region represented by a Board of Management to support the strategic objectives set out in the HSE National Service Plan (2022) and the HSE Corporate Plan (2021-2024).

There are 38 services in the catchment area served by the RCNME including Acute, Maternity, Paediatric, Specialist Services, Older Adult, Mental Health Services, Addiction, Intellectual Disability Services, Community Public Health Nursing Services which collectively employ almost **6,500 nurses** and midwives (approximately 15% of the national public Nursing & Midwifery workforce). In 2022, 2192 healthcare personnel attended the RCNME for training, accessing over 237 scheduled education programmes approved by Regulatory, Professional and Academic bodies as appropriate.

The RCNME reports to the Nursing, Midwifery, Planning and Development (NMPD) located in HSE Swords HQ as part of the Nursing and Midwifery Service Director (ONMSD) and also work closely with RCNMEs nationally. The RCNME also links with stakeholders such as HEI's, NMBI, and other HSE agencies.



3. PROGRAMMES DELIVERED IN 2022

From January 2022 to March the RCNME continued to work with COVID 19 restrictions due to the Omicron variant, beginning in Mid-April the RCNME gradually returned to regular scheduling of programmes. This process was gradual as all infection prevention and control protocols had to be adhered to. The staff in the RCNME had to adapt training, implement innovative and new ways of working and designed new programmes to respond to the current circumstances. Figure 1 below demonstrates the comparisons between number of programmes delivered in 2021 versus 2022 and number of attendees in the same two years. Year on year the RCNME is increasing the number of attendees as the restrictions were lifting all the while ensuring a safe learning environment for staff and learners.

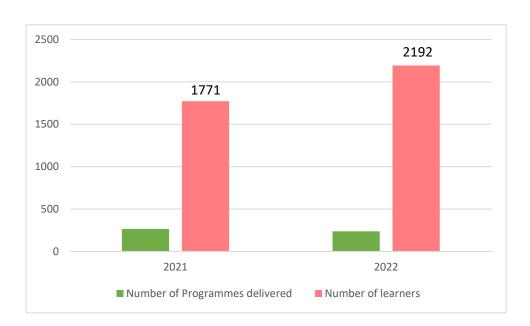
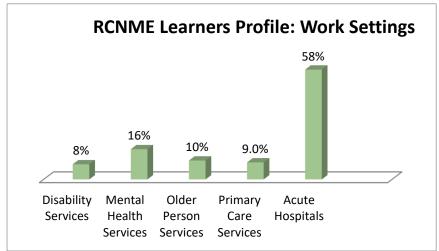


Figure 1 No. of programmes and learners 2021 vs 2022

The RCNME delivered two hundred and thirty seven (237) programmes to two thousand, one hundred and ninety two (2192) participants in 2022. The number of programmes delivered remains steady but the number of participants attending courses has increased by 13% since last year. Below is a profile of learners work settings (10.1) and a list of the programmes provided over the last year, the number of times the programmes ran, and the total number of staff who attended the programmes in RCNME (Appendix 1)

3.1 Profile of Learners





4. QUALITY ASSURANCE

The RCNME plays a key role in supporting registered nurses and midwives in mandatory education, CPD and in the development of new competencies and maintenance of core competencies that leads to personal and professional growth. The Centre aims to provide the highest quality of standards in education and training that is evidenced based and supports best practice whilst developing nurses/midwives and healthcare professional's capacity for independent critical thinking and lifelong learning in response to service needs. Quality assurance is maintained by ensuring that the needs of learners and the organisation are met. The Centre quality assures programmes through the Nursing & Midwifery Board of Ireland approval process, collaborates and co-operates with other professional bodies in achieving the aims of the RCNME whilst offering awards validated by Quality and Qualifications Ireland which are recognised nationally and internationally.

5. QUALITY AND QUALIFICATIONS IRELAND

Quality and Qualifications Ireland (QQI) was established as a state agency by the Quality Assurance and Qualifications (Education Act 2012). Its main responsibility is to maintain standards of education within the national framework of qualifications. In addition, it acts as an awarding body, set standards for those awards and validates education programmes. It also has the responsibility of reviewing the effectiveness of provider's quality assurance. The RCNME is accredited with QQI since 2009. For the first time the RCNME collaborated with Centres of Nursing & Midwifery Education nationally to submit one Quality Assurance document for approval to QQI, under the auspices of the ONMSD. Going

forward this group will be known as the Consortium of Centres of Nursing and Midwifery Education (CCNME). The CCNME received approval in May 2022 and had 6 months to submit a programme of education for validation. In November 2022 the consortium submitted 2 programmes for validation: Certificate in Psychosocial Interventions for Nurses & Midwives QQI Level 8 and Medicines Management for Disability Services QQI Level 5. This Centre lead out on the national curriculum development of the programme Certificate in Psychosocial Interventions for Nurses & Midwives and had a staff member on the working group developing the curriculum for the programme Medicines Management for Disability Services.

5.1 Certificate in Psychosocial Interventions for Nurses QQI Level 8

This programme of education Certificate in Psychosocial Interventions for Nurses aims to equip nurses with the knowledge and skills to apply psychosocial interventions safely and appropriately with service users and their families/carers within his/her scope of nursing practice. It is proposed that nurses who successfully complete this programme of education will be more confident, recovery orientated practitioners who can lead out on the types of services planned for in 'Sharing the Vision' (2020). This programme was submitted to QQI in November 2022 for validation.

5.2 Medicines Management for Disability Services QQI Level 5

Based on the Framework for Medicines Management in Disability Services (2019), the Medicines Management in Disability Services Education Programme provides a national standardised, evidence based programme for safe management of medicine by staff employed in Disability Services funded by the HSE. The aim of the Medicines Management programme for Disability Services is to ensure that staff supporting the individual with their medicines management and administration, can access appropriate education, training and assessment, enabling them to perform this role safely and successfully for people with Intellectual Disability and/or physical and sensory Disability. The programme was submitted to QQI in November 2022 for validation.

6. PROGRAMME DEVELOPMENTS

The RCNME was involved in three local initiatives and three national initiatives this year:

6.1 LOCAL INITIATIVES

6.1.1 Female Catherisation

A request came from mental health services in Dublin North to provide training for nurses in female catherisation. Upon discussion it was identified that many other services required this training.

Already available resources on HSeLanD were reviewed and it was decided that a programme would be designed incorporating elearning modules already on HSeLanD and a video would be made of the procedure of female catherisation. The programme was designed using a collaborative approach with representatives from the RCNME, community nursing and infection prevention and control. It is hoped this programme will go live online in early 2023.

6.1.2 Clinical Supervision Programme for Assistant Directors of Public Health Nurses

The RCNME and the Directors of Public Health Nursing for Community Healthcare Organisations Dublin North Central, Dublin North and Dublin North West are currently writing a programme in Clinical Supervision for Assistant Directors of Nurses in Public Health Nursing (ADOPHN's).

The aim of this programme is provide Assistant Directors of Public Health Nursing with key knowledge and practical skills in Clinical supervision. It also aims to provide ADOPHN's with opportunities to develop skills and competencies to undertake the role of Clinical Supervisor. Clinical supervision also aims to provide accountability for both the supervisor and supervisee exploring practice and performance through reflective practice engagement.

6.1.3 STORM train the trainer programme

The RCNME in Dublin North has provided training in the STORM (Skills Training on Suicide Prevention) since 2007. During COVID the training was postponed and upon resumption of training it was identified that new trainers would be needed as some facilitator had retired and others were no longer available. In collaboration with the mental health services the Centre ran a train the trainer course which upskilled five facilitators in December 2022. It is planned to run this training monthly in 2023.

6.2 NATIONAL INITIATIVES

6.2.1 Certificate in Referring for Radiological Procedures for Nurses QQI Level 8.

The RCNME is leading out on the development of this national programme of education Certificate in Nurse Authority to Refer for Radiological procedure which aims to provide learners with the theoretical knowledge and clinical experience necessary to ensure that upon successful completion they have the knowledge, skills and competence to refer adults and children for medical radiological and other imaging procedures, safely and within their scope of practice. This programme is open to all registered nurses working within healthcare settings where the need for such a service is prioritised. Participating nurses must be nominated by their Directors of Nursing and supported by their Local Implementation Teams.

Two similar programmes are proposed and will offer nurses the choice to refer for adults only or children only depending on their specific discipline and service need. These programmes will be submitted to QQI in 2023 for validation.

6.2.2 Health Service Skill Award QQI Level 5

The Health Service Skill Award is a national programme which aims to educate healthcare assistants/support staff to contribute to safe, quality person centred care in a variety of health and social care settings. The learner will acquire the necessary competency standards of knowledge, skills, attitudes and behaviours to deliver quality care while working under the direction and supervision of the registered nurse/midwife. This programme will be submitted to QQI in 2023 for validation.

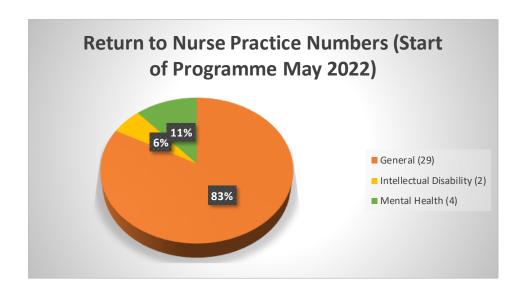
6.2.3 Return to Nurse Practice Programme 2022

The Return to Nursing and Midwifery Practice Programme (RTNPP) has been a yearly feature of the RCNME calendar since 2007 and each year since then we have offer a programme to participants every summer. The purpose of the Return to Nursing and Midwifery Practice Programme (RTNPP) is to provide nurses and midwives who wish to return to nursing and midwifery practice following an absence of 5 years or more, with the opportunity to update their professional knowledge, skills, attitudes, behaviours and be deemed competent to return to clinical nursing practice.

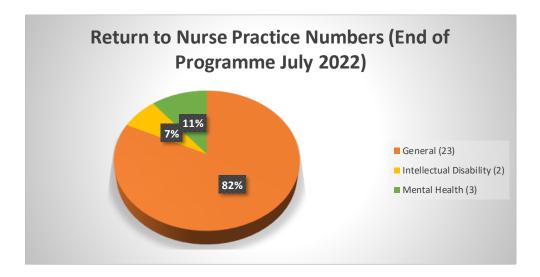
This year the RTNPP 2022 was delivered using a collaborative approach of a Hub and Spoke Model. Nine Centres for Nurse & Midwifery Education (CNME) collaborated together to deliver the programme for General, Intellectual Disability and Mental Health using this model.

We hosted the programme this year and were the Hub (RCNME DN) with responsibility for delivery of the theory for the programme. The Spoke was responsible for pre-documentation clearance, two clinical skills training days, grading of assignments and the six weeks clinical placement. The eight Centres (spokes) involved were from the following regions: HSE South; Co. Galway; Donegal; Limerick; Mayo/Roscommon; Kerry; Sligo/Leitrim and West Cavan and Tullamore.

The three programmes delivered (general, mental health and intellectual disability) were coordinated by the RCNME Dublin North which involved liaising with named co-ordinators from each Centre as identified above. These coordinators also assisted in the delivery of elements of the theory programme. This collaboration between Centres helped to ensure a streamline programme and reduced the resources necessary if each Centre ran the programme individually.



The programme commenced with a total of 35 registered nurses broken down to, 29 General Nurses, 2 Intellectual Disability Nurses and 4 Mental Health Nurses who started the programme, six withdrew from General and one from Mental Health. In total **28** nurses successfully completed the programme and are now eligible to apply for nursing posts in the Healthcare Sectors.



It is planned to continue with this model of delivery and to rotate the responsibility of the site that will be the Hub each year and to continue the collaboration between Centres.

7. CLASSROOM MANAGEMENT SYSTEM

The RCNME continues to use the electronic booking system for all courses. This system is hosted on HSeLanD.ie and it allows learners register for courses online using an automated booking system. The system also allows for monitoring of numbers booked for courses and to record attendance. Most of our learners are now familiar with the system. There is a facility for learners to evaluate programmes

online and subsequently to receive certificates we intend on developing more in this area as we move into 2023.

8. PROFESSIONAL DEVELOPMENT OF STAFF

The staff in the RCNME are committed to continuing professional development and over the year have attended conferences, workshops clinical supervision and formal education programmes to upskill in their areas of expertise. The mode of delivery of these programmes varied: distance learning; blended learning; e-learning; face-to-face and self-directed learning. Appendix 1 contains a list of all the training attended by staff.

In addition two staff members received a digital badge for Universal Design in Teaching & Learning from AHEAD and UCD Access & Lifelong Learning. One staff member also completed a Graduate Certificate in Health Professions Education leading to registration with NMBI as a registered nurse tutor.

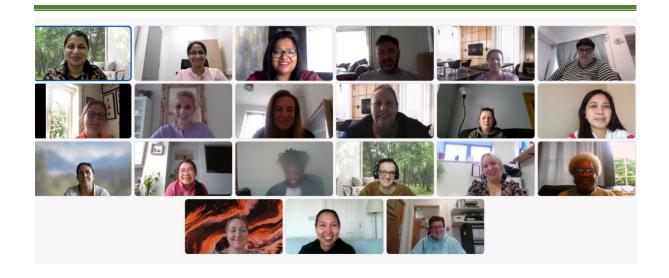
8.1 Staff Membership of National and Local Groups

RCNME Board of Management, Dublin North.	Connolly Hospital Library group.
Quality and Qualifications Ireland Consortium Implementation Group.	Health Service Skills QQI Level 5 Coordinators Group
National Advisory Committee Nurse Referral for Radiological Procedures.	National Strategic Psychiatric/Mental Health Nursing Group.
National Critical Care Clinical Facilitators Group	ONMSD Return to Nursing and Midwifery Practice (RTNMP) Steering Group.
Association of Directors of Centres of Nursing and Midwifery Education.	National working group – Developing a guidance framework in Psychosocial Interventions for nurses working in mental health services.
Curriculum Development Group for Health Service Skill Award QQI Level 5	Curriculum Development Group for Certificate in Referring for Radiological Procedures for Nurses QQI Level 8.

9 A SNAPSHOT OF RCNME PROGRAMMES, FACILITATORS AND LEARNERS IN 2022



MENTAL HEALTH STAFF ENGAGING IN CLINICAL SUPERVISION TRAINING



Rosita Mathias and Figi Savio with participants of the Link Practitioner Infection Prevention & Control programmes in Septembers 2022



ELIZABETH REILLY & JIMMY LYNCH, HAPPY RETIREMENT!



NMPDU & RCNME STAFF

10 APPENDICES

APPENDIX 1: RCNME ACTIVITY 2022

Name of programme	No. of	Overall total of all staff who
	programmes provided	attended
AED Refresher	2	2
An introduction to Cardiac Rhythm Analysis for nurses	1	12
An Introduction to ECG Analysis & Interpretation	1	12
<u> </u>	1	51
Anaphylaxis Training	6	26
Anaphylaxis Train the Trainer programme	3	3
Assessors Course Venepuncture	3	14
Assessors Course Venepuncture & IV cannulation	4	16
Basis Life Support	56	256
Basis Life Support Heartcode	9	25
Blood Glucose Monitoring	2	36
Cardiac Rhythm Strip analysis & Interpretation	1	52
Catheterisation & Suture Removal	1	21
Clinical Skills Vital Signs	1	15
Continence Management Programme of the Child and Young Person	1	5
Combined Venepuncture & Peripheral Intravenous Cannulation	18	94
CPAP Workshop	3	22
Diabetes Management Training	2	19
Ear Examination & Ear Irrigation Programme	3	45
ECG Interpretation	1	55
Enhancing & Enabling Wellbeing for the Person with Dementia	2	23
Essential Physical Health Care Nursing Skills	1	11
Heartsaver AED	14	46
Inanimate Manual handling	1	12
Intravenous Administration of Medications a Blended Prog	24	126
Introduction to Cardiac Rhythm Analysis for Nurses	1	13
Introduction to Theory & Practice of Clinical Supervision	1	12
Legal Training for Nurse Tutors& Educators- GDPR & Copyright	1	7
Link Practitioner Programme- Infection Prevention and Control	4	55
Male Urethral Catheterisation Training for Nurses Assessors	3	5
Male Urethral Catheterisation Training for Nurses	4	18
Male Urethral Catheterisation and Suprapubic Re-Catheterisation Training for Nurses and Midwives Assessors	1	3

Male Urethral Catheterisation and Suprapubic Re-Catheterisation		
Training for Nurses and Midwives	3	30
Mental Health Psychosocial Interventions	1	17
Medical Surgical Programme Enhancing Clinical Practice	1	8
Non Invasive Ventilation for Nurses-BiPAP	1	17
Non Invasive Ventilation for Nurses-BiPAP Train the Trainer	1	6
Nurses Managing Warfarin Therapy using a Coaguchek Device	1	11
Nurses, Midwives and the law including best practice in recording and report writing	1	15
People Moving & Manual Handling	10	59
Peripheral Intravenous Cannulation Blended Learning Prog	3	6
Policy, Procedure, Protocol and Guideline Training	3	15
Principles of basic life support	1	305
Reading Research	1	17
Reflection in Practice	1	17
Respiratory Assessment	1	16
Respiratory Therapies	1	335
Return to Nursing Practice Programme	1	7
Safety Interventions Foundation Programme (Formally MAPA)	5	28
Simulation of the Deteriorating patient	1	20
Storm -5 Day Facilitator Training	1	5
STORM skills training	1	8
Subcutaneous Fluids	4	16
Train the Trainer Recording a 12 Lead ECG (Refresher)	1	3
The Nurse Recognition & Management of Sepsis	1	17
The Nursing Management of a Patient with a Tracheostomy	2	33
TMVA Breakaway	1	1
Venepuncture Blended Learning Programme	12	38
Wellness Recovery Action Plan (WRAP)Level 1	1	27
wound care management programme	1	15
Totals	237	2192

APPENDIX 2: STAFF CONTINUING PROFESSIONAL DEVELOPMENT 2022

Programmes	Venue
Programmes	Venue
Amgen National Oncology Nurses Meeting	Amgen Ireland Limited
AMRIC Standard and Transmission Based Precautions	HSeLanD
An Introduction to Children First	HSeLanD
Applying a Human Rights-based Approach in Health and Social Care: Putting national standards into practice	HSeLanD
Assessing and Managing Pain of a Person with an Intellectual Disability	HSeLanD
Assessing and Managing Pain of an Older Person with Dementia	HSeLanD
Better together for digital healthcare	National Nursing & Midwifery Digital Healthcare Conference
BLS Provider Update	AHA-online.
Business Case Development and Project Management Workshop	NCLC
CMS- Reports Module	Hseland- online
Communicating Effectively with People who have an Intellectual Disability	HSeLanD
Continence in childhood	HSeLanD
COPD	HSeLanD
COVID 19 Assessment and Recognition Among People with an Intellectual Disability	HSeLanD
COVID-19 Vaccination Training Programme - Children aged 5-11 years	HSelanD
Cyber Security Awareness	HSeLanD
Decider Skills Facilitator Training	Online
Digital Badge for Universal Design in Teaching and Learning	coordinated by AHEAD and UCD ALL
Dignity at Work (Revised 2022)	HSeLanD

Display Screen Equipment	HSeLanD
DPIP Conference	RCSI
Facilitated Workshop to explore role and function of a learning Technologist for RCNME's	Merlin Park Galway
Facilitator Training Clinical Leadership Development Staff Nurses and Staff Midwives	Online/Dr Aoife Lane
FOI decision Maker Training	ALLONE Corporate Solutions Ltd online
Fundamentals of Care: Pressure Ulcers	HSeLanD
Getting Started with Excel 2010	HSeLanD
GDPR & Copywrite Law – Legal Training for Nurse Tutors	La Touche training online
Hand Hygiene	HSeLanD
Health Professions Education Grad Cert	UCD
HSE Best Practice Guidance for Mental Health Services (Module 1)	HSeLanD
IACCN/BACCN Conference	Belfast
Information Sessions : Ligature Risk Reduction	HSeLanD
Inhalers and Inhaler Technique	HSeLanD
Introduction to Human Rights in Health and Social Care	HSeLanD
Introduction to Performance Achievement	HSeLanD
Introduction to Sepsis Management for Adults and Maternity	HSeland
Introduction to the International Dysphagia Diet Standardisation Initiative IDDSI	HSeLanD
Introduction to the National Early Warning System	HSelanD
IPC Link Practitioner Workshop	IPC- Dublin North Team,
Launch of HSE National Model of Care for Self Harm and Suicide Related Ideation	Zoom
Managing Feeding, Eating, Drinking and Swallowing in People with an Intellectual Disability	HSeLanD

Manual Handling and People Handling e-learning Theory	HSeLand
Medicines Management	HSeLanD
National Framework for developing Policies, Procedures, Protocols & Guidelines (PPPGs)	HseLanD
Navigating the Evidence - A National overview of eHealth library resources for nursing and midwifery research and practice	online
Observing and Responding to Seizures	HSeLanD
Palliative Care Needs Assessment Module Lesson 1 of 2	HSelanD
Performance Achievement Skills Why and What is Performance Achievement Preparing for Performance Achievement Meetings	HSeLanD
Putting People at the Centre of Decision Making	HSeLanD
QPS Talk Time Special from the IADNAM Conference 2022	National QPS Directorate Talk Time Team
QPS Talktime Webinar QPSTalktime No1 Translating theory into action - Lessons from the Situation Awareness For Everyone (SAFE) Programme	Webex Online
QQI briefing Micro-Credentials Level 8	QQI online
Reubens Street- Eating Disorder Launch of Document	Dublin City
Role of Good Communication in Upholding Human Rights	HSELanD
Safeguarding Adults at Risk of Abuse	HSeLanD
Safety Interventions Foundation Instructor Re Certification	HSeLanD
STORM Level 2/3 Training	Tayleur House
STORM V4 Adults Facilitator Training	Tayleur House
The exploitative world of contract cheating and its growing threat to academic integrity	Turnitin
The Nursing Management of Adults with Type 2 Diabetes Mellitus.	HseLanD
The Power of Nurses and Midwives to influence Change	NMPDU-Dublin North Regional Conference
Your Safety, Health and Welfare in Healthcare	HSeLanD
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