



"Reducing Cancer Risk" eLearning programme

eLearning programme for health and social care professionals available at www.hseland.ie

Each module takes 10 – 15 minutes to complete. You can complete any module you want.

Learn how modifiable risk factors affect cancer risk.

Reducing cancer risk modules include:



Tobacco



Body Weight



Vaccinations



Alcohol



Skin Protection



Radon



Cancer Screening



Eating for Health



Breastfeeding, hormonal contraception and HRT



Physical Activity



Workplace

Find it by searching for 'reducing cancer risk' in the search box on HSeLanD

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