

15th February, 2007.

Mr. Michael & Mrs. Mary Walsh,
Mr. Patrick & Mrs. Phil O’Gorman,
Rosemount Nursing Home,
Gort,
CO. Galway.

Inspection Report

Re: Inspection of Rosemount Nursing Home, Church Street, Gort, under the Health (Nursing Homes) Act, 1990 and the Nursing Homes (Care and Welfare) Regulations, 1993.

Dear Mr. & Mrs. Walsh, Mr. & Mrs. O’Gorman,

The Health Service Executive Nursing Home Inspection Team from a Medical/Nursing and Environmental Health perspective inspected Rosemount Nursing Home on the 14th February, 2007.

The inspection commenced at 11.50 a.m. and was completed by 4.00 p.m. This inspection was unannounced.

There were 33 residents on this date. The Nursing Home is currently fully registered for 40 residents.

Issues identified in the previous Inspection Report dated 4th October, 2006 have been partially addressed. Outstanding issues remain under Article 11.2 (g), 14 (a) and 14 (c).

Current Inspection

The following issues require your attention and action.

Article 5: *The registered proprietor and the person in charge shall ensure that there is provided for dependent persons maintained in a nursing home:- (a) suitable and sufficient care to maintain the person's welfare and well-being, having regard to the nature and extent of the person's dependency; (b) a high standard of nursing care.*

Non-compliance: Resident _____ was served his lunch in his bedroom. We noted his dinner was served on a bed table on which there was also a waste basket with his urinal inside it.

3 female residents were served their dinner in the front sitting room. One of these ladies, resident _____, was able to walk with assistance and should have been brought to the dining room. The resident sitting beside her had to be moved to allow a bed table to be placed in front of _____ on which her dinner was served.

We also noted that a fortified drink was served to _____ with her dinner which she said was very sweet. As _____ was eating a normal dinner, the fortified drink should be served at a time other than main meal times.

We also noted a resident in this sitting room being spoon-fed by a care assistant who remained standing while feeding this resident.

Required Action: Please ensure that residents are served meals in a safe and dignified manner in the dining room if possible.

Timescale: Immediately.

Non-Compliance: There was no evidence of standing and walking residents on a regular 2 hourly basis for those who need assistance. On interview with some residents they stated that staff have not got the time to assist them to walk.

Required Action: Please address this issue by maintaining residents' mobility in accordance with their care plan and keeping a record of same.

Timescale: Immediately.

Non Compliance: We observed Nurse _____ administering Calogen to _____. _____ was spoon-fed this nutritional supplement without the use of any paper napkin or suitable protection of his clothes and some of the Calogen dropped down onto his jumper and was left to dry in to it.

Required Action: Please review with staff feeding techniques to preserve the residents' dignity.

Article 11.2: *In every nursing home there shall be provided suitable and sufficient accommodation which meets the minimum standards as follows:- (f) suitable and sufficient equipment and facilities having regard to the nature and extent of the dependency of the persons maintained in the nursing home.*

Non-Compliance: The wheelchair in room no. 6 is in a dangerous condition with broken armrests and an uneven surface with could cause pressure on the residents arm.

Required Action: Remove this wheelchair from use in the Nursing Home and replace it.

Timescale: Immediately.

Non-Compliance: Footplates were not being used on any of the wheelchairs.

Required Action: Footplates must always be used on wheelchairs for the health and safety of residents and staff.

Timescale: Immediately.

Article 19.1: *In every nursing home the following particulars shall be kept in a safe place in respect of each dependent person:- (h) a record of any occasion on which physical or chemical restraint is used, the nature of the restraint and its duration.*

Non-Compliance: Resident _____ was sitting in a chair and was restrained by the use of a large table pushed up against his arms which were in front of his chest.

Resident _____ was restrained by means of a vest restraint and the duration of restraint on a daily basis was not recorded.

Required Action: The use of a table for restraint of _____ is unacceptable. Please inform the Co. Clare Psychiatric Services of your concerns and the inability of the nursing home to provide for _____ needs.

Document the times of restraint for resident _____. This resident requires documented 2 hourly walks. You are also advised to review this form of restraint with a view to discontinuing same.

Article 14: *The registered proprietor and the person in charge of the nursing home shall:- (c) ensure that there are adequate arrangements for the laundering at regular intervals, and as occasion may require, of linen, clothing and other articles belonging or used by dependent persons maintained in the nursing home.*

Non-Compliance: Resident _____ was wearing a stained jumper and skirt.

Required Action: Please ensure that residents' clothes are changed when soiled and that residents are dressed daily in clean clothes.

Timescale: Immediately.

Article 12: *The registered proprietor and the person in charge of the nursing home shall:- (a) take precautions against the risk of accidents to any dependent person in the nursing home and in the grounds of the nursing home.*

Non-Compliance: We noted at least 18 accidents recorded in the accident book for the month of January, 2007. This is an excessive number of accidents.

Required Action: Please advise us what steps you are taking to reduce the number of accidents in your nursing home.

Timescale: One week.

Article 11.2: *In every Nursing Home there shall be provided suitable and sufficient accommodation which meets the minimum standards as follows (h) suitable and sufficient lighting and ventilation with natural lighting and ventilation in rooms which are regularly occupied by dependant persons.*

Non-compliance: The main light to bedroom no. 16 was not in working order.

Required Action: The main light to be maintained in working order.

Timescale: Immediately.

Article: 11.2(j) *emergency call bell facilities to be provided at each bed*

Non-Compliance: Two call bells were defective in bedroom no. 20.

Required Action: Call bells to be maintained in working order.

Timescale: Immediately.

Article 14: *The registered proprietor and the person-in-charge of the Nursing Home shall (a) ensure that the Nursing Home and its curtilage is maintained in a proper state of repair and in a clean and hygienic condition*

Non-Compliance:

1. Plastic w.c. seats were defective, rough to the touch and not readily cleanable.
2. The light switches to bedroom nos. 16 & 31 were soiled.
3. The call bell to bedroom no. 28 was encrusted with food debris.
4. The drainage from the wash-hand basin in bedroom no. 15 was defective.
5. The walls to bedroom no. 19 were stained and dirty.
6. The shelving to the middle dayroom was dusty.
7. Black mould growth was evident to the ceiling in bedroom no. 5.
8. Severely torn armrests were noted to a wheelchair in bedroom no. 6.
9. Several dirty and stained valence sheets were noted particularly in bedroom nos. 16 & 18.
10. Several curtain hooks were missing from curtains resulting in curtains not hanging properly in bedroom nos. 18, 19, 20 & 5.
11. Net curtains to bedroom nos. 25, 23, 15 and middle day room were found to be sagging onto window sills. This is unsightly and renders it difficult to clean window sills adequately.
12. The floor to the Nurses Office was not maintained in a clean condition.

Required Action:

1. Defective w.c. seats to be replaced.
2. Light switches to be cleaned/sanitised.
3. Call bells to be cleaned/sanitised.
4. Defective drainage to be repaired.
5. Walls to bedroom no. 19 to be repainted.
6. Shelving to dayrooms to be dusted routinely.
7. The ceiling to bedroom no. 5 to be cleaned down, treated and repainted.
8. Defective armrests to wheelchair to be repaired/replaced.
9. All sheets to be maintained in a clean condition at all times.
10. All curtains to be hung properly.
11. All net curtains to be properly fitted.
12. The Nurses Office to be included in cleaning programme.

Timescale: 1 week.

Article: 14(b) *make adequate arrangements for the prevention of infection, infestation, toxic conditions, or spread of infection and infestation at the Nursing Home*

Non-Compliance: The existing documented cleaning procedures are insufficiently comprehensive.

Required Action: A comprehensive detailed cleaning/disinfection programme must be documented for the entire Nursing Home.

Timescale: 1 month.

Article: 14(c) *ensure that there are adequate arrangements for the laundering at regular intervals and as occasion may require of linen, clothing and other articles belonging to or used by dependant persons maintained in the Nursing Home*

Non-Compliance: Bed linen throughout the Nursing Home was found to be shabby and very creased in appearance. Duvets, sheets, pillow cases, table cloths and personal clothing were found to be un-ironed. This was unsightly and undignified for residents use.

Required Action: All bed linen and personal clothing must be suitably laundered which must include pressing/ironing.

Timescale: 1 month.

Article 5: *The registered proprietor and person-in-charge shall ensure that there is provided for dependant persons maintained in a nursing home (g) privacy to the extent that the person is able to undertake personal activities in private*

Non-Compliance: There was no screening curtain provided between beds in bedroom no. 25.

Required Action: A screening curtain or portable screen must be provided.

Timescale: Immediately.

Recommendations:

- a) As discussed bed furnishings throughout the nursing home was worn and shabby and must be replaced. Please ensure that materials contained in bedding and the internal furnishings of the Nursing Home have adequate fire retardancy properties and have low levels of toxicity when on fire. Also ensure that all old bed linen which may not comply with the above be disposed of.
- b) A key must be made available to the new office area at all times to ensure that Health Service Executive inspectors can gain access to all parts of the Nursing Home.
- c) The television units to the 2 dayroom areas had poor reception and were uncomfortable to watch; the TVs must be adjusted or replaced in order to provide a clear picture.
- d) As discussed with Ms. Ann Nevin, Person-in-Charge, residents in the home should be treated with respect and courtesy and introduced to all visitors/inspectors who may have to enter their bedrooms.

The Nursing Home Inspection Team is to be notified in writing on or before the above dates indicating the steps taken by the Nursing Home to carry out the actions as required under the Regulations.

Signed:

**Co-Ordinator of Services
for Older People,
Nursing Home Inspection Team**

**Liasion Public Health
Nurse for Older People.
Nursing Home Inspection Team**

**Environmental Health Officer
Nursing Home Inspection Team**

Signed counterpart sent to Ann Nevin, Person-in-Charge, Rosemount Nursing Home.