



# A GUIDE TO COMMUNICATING WHILE WEARING PPE\*

\* PERSONAL PROTECTIVE EQUIPMENT

@twisteddoodles

COMIC BOOK HERO



## HEROES WEAR MASKS

HEALTHCARE HERO



MASKS AND OTHER KINDS OF PPE CAN MAKE COMMUNICATION DIFFICULT  
COMIC BOOK HEROES ARE TERRIBLE AT INTERPERSONAL COMMUNICATION

HERE'S SOME TIPS AND SKILLS TO HELP YOU BE A BETTER COMMUNICATOR!

### DON'T

## WHEN MEETING SOMEONE

### DO

WEAR A MASK TO HIDE YOUR IDENTITY



MASKS CAN FEEL DEHUMANISING AND CAN MAKE IT DIFFICULT TO CONNECT WITH PEOPLE.



- INTRODUCE YOURSELF
- HAVE YOUR ID VISIBLE
- MAYBE HAVE A PHOTO OF



YOU WITHOUT PPE IN THE ROOM

### DON'T

## BEFORE TALKING

### DO

TALK IN A HOARSE WHISPER WHILE FACING AWAY INTO DARKNESS



YOU DON'T HAVE THE LUXURY OF SPEECH BUBBLES TO MAKE WHAT YOU'RE SAYING CLEAR.  
HELP OTHERS TO FOCUS ON THE COMMUNICATION.

- USE A QUIET AREA
  - HAVE YOUR FACE WELL LIT
  - MAKE EYE CONTACT
- ↳ -|    |:-|    |:-|    |:-|    |:-|  
your eyes can say a lot

### DON'T

## WHEN TALKING

### DO

TALK IN A LONG MONOLOGUE BEFORE MYSTERIOUSLY VANISHING IN THE MIDDLE OF BEING ASKED A QUESTION.



GIVE AND RECEIVE INFORMATION IN SMALL CHUNKS, ALLOW TIME FOR IT TO BE PROCESSED.

- SLOW DOWN
- REPEAT BACK WHAT YOU'VE HEARD
- ASK QUESTIONS ABOUT WHAT YOU'VE SAID



FACE SHIELDS MAY HELP WHEN COMMUNICATING WITH THOSE WHO ARE DEAF OR HARD OF HEARING

Making conversations easier