

## Patient leaflet | Shared decision making

## **Ask 3 questions**

Normally there are choices to make about your healthcare. What you choose to do should depend on what is important to **YOU**.



Ask your healthcare practitioner these three questions:

- 1 What are my options?
- What are the pros and cons of each option for me?
- How do I get support to help me make a decision that is right for me?

Making conversations easier

