



# Ask 3 questions

Normally there are choices to make about your healthcare. What you choose to do should depend on what is important to **YOU**.



Ask your healthcare practitioner these three questions:

- 1** What are my options?
- 2** What are the pros and cons of each option for me?
- 3** How do I get support to help me make a decision that is right for me?

*Making conversations easier*