

Oifig an Ceannaire Seirbhíse Seirbhísí Meabhairshláinte an Mheán Iarthair Cúram Sláinte Phobail FSS an Mheán Iarthair Elmhurst Ospidéal Naomh Iosaef Sráid Mulgrave Luimneach V94 C8DV Teil: 061 461435/061 461313

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Mr. Joe Carey, TD, Frances Street, Ennis, Co Clare,

27<sup>th</sup> February 2019

Re: PQ 6167/19 - "To ask the Minister for Health further to PQ 49463/18 the progress made on the recommendation that eight staff would be made available for training over a two year programme with a commitment for a further two years; when the service will be available and if he will make a statement on the matter"

Dear Deputy Carey,

I acknowledge receipt of the above PQ and reference my previous response to you (PQ 49463/18) on this matter which I have attached for ease of reference.

I wish to advise that a Dialectical Behaviour Therapy Service has not yet commenced in Clare. There are currently no trained DBT Teams in County Clare as we are currently restricted by the lack of staff resources available to commit to the training over a 2 year period and the further commitment to the Service for an additional 2 years.

I trust the above is of assistance in clarifying the position.

Mark Sparling

Head of Service,

Mid West Mental Health Services



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Deputy Joe Carey Frances Street Ennis Co Clare

19<sup>th</sup> December 2018

Re: PQ 49463/18 - "To ask the Minister for Health his plans to deliver on Mental Health Services for Behavioural Therapy and in particular dialectical behaviour therapy in Co. Clare"

Dear Deputy Carey,

I acknowledge receipt of the above PQ.

The HSE's National Office for Suicide Prevention has provided funding to support training of mental health staff in community teams in DBT since 2013. A total of 23 DBT teams have trained nationally. In the HSE Mid West area, local mental health service management have supported the training of a DBT team in adult mental health services covering the Limerick area, with 8 staff trained (2015-2016). There are currently no trained DBT teams in County Clare. In 2017-18 the national focus for provision of DBT has been to consolidate and sustain the teams that have already been trained.

A number of years ago a decision was made by the Area Management Team to pilot delivery of DBT services in the Mid West across Limerick City and County. This decision was based on the availability of staff from 5 teams in the City taking into account population density.

This pilot was to gauge the clinical effectiveness of DBT to expand across the Mid West. Consideration has been given by the Area Management Team to extend DBT Services to Co. Clare but is currently restricted by availability of National training & staff resources. It is recommended that 8 staff are available for training over 2 years and a commitment for a further 2 years.

I trust the above is of assistance in clarifying the position.

Mark Sparling Head of Service.

Mid West Mental Health Services