



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

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Monday, 08 July 2019

Deputy Richard Boyd Barrett TD  
Dail Eireann, Leinster House,  
Kildare Street, Dublin 2.

**PQ Number: 26990/19** - To ask the Minister for Health the post-care and community care services available to patients discharged from a mental health bed; and if he will make a statement on the matter. -**Richard Boyd Barrett**

Dear Deputy Boyd Barrett,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response.

I have examined the matter and the following outlines the position.

Mental health services are, for the most part, delivered in the community by multi-disciplinary community mental health teams (CMHTs). The staffing of CMHTs is variable around the country, however, most teams are staffed to at least 70% of the recommended Vision for Change levels of staffing. For those people who do require in-patient care in an acute mental health setting, post discharge care is arranged by the CMHT with the most appropriate member of that team, under the supervision of the Responsible Consultant Psychiatrist. The discharge plan is agreed with the patient prior to discharge and varies according to each individual patients needs.

I trust this information is of assistance to you but should you have any further queries please contact me.

Yours sincerely,

Dr Sinead Reynolds  
General Manager Mental Health Services

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