



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

Príomhoifigeach ECSP Ceantar 8
Baile Átha Cliath & Lár Laighin
Oifig an Cheantair
Bóthar an Ardáin
An Tulach Mhór
Co Uíbh Fhailí

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7th June, 2019

Deputy Gerry Adams
Dáil Eireann,
Leinster House,
Kildare Street,
Dublin 2.

RE PQ 21086/19: To ask the Minister for Health the number of adults in County Louth waiting to access psychology services; and the number of these adults that have been waiting 3 to 6, 6 to 12, 12 to 15 and more than 15 months respectively in tabular form.

Dear Deputy Adams,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and outline the position as follows.

There is no adult Primary Care psychology service in Louth. Access to mental health services is via the Adult Mental Health service. The threshold for access to Adult Mental Health is high which means that many people are unable to access services despite requiring psychological intervention.

Psychologists in Adult Mental Health work as part of multi-disciplinary consultant led teams. Waiting lists are held by the Adult Mental Health teams. Within these teams the psychologists take on the more complex cases that require longer term intervention. This includes Dialectical Behaviour Therapy interventions and trauma work.

I trust the above is in order but please do not hesitate to contact me should you have any further queries in this regard.

Yours sincerely,

Pat Bennett
Chief Officer
Midlands Louth Meath Community Health Organisation