



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

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**23<sup>rd</sup> September 2020,  
Deputy Mark Ward,  
Dail Eireann,  
Dublin 2.**

**PQ 21501/20**

**To ask the Minister for Health the budget allocation and description of expenditure for the clinical care programme on eating disorders in 2018, 2019 and to date in 2020; the reason for underspends; the number of posts progressed to date; and if he will make a statement on the matter.**

Dear Deputy Ward,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response.

#### **Background information**

- The HSE approved the Eating Disorder Model of Care (MOC) in Jan 2018. It was launched by Minister Daly. The MOC was developed in partnership with College of Psychiatrists of Ireland and Bodywhys.
- The MOC is the blue print for the HSE to roll out specialist eating disorder services in Ireland to address the current unmet need for specialist eating disorder service within HSE.
- Outpatient specialist care is considered to be the most effective treatment setting for most people with eating disorders including, Anorexia Nervosa, to recover sustainably. The MOC has a core focus on developing regional community based specialist eating disorder services provided by skilled multidisciplinary teams.
- The Model of Care also integrates these teams with primary care, acute medical services and inpatient mental health units, to improve patient flow and clinical pathways between community and inpatient care as needed.
- Early intervention is a key principle. In line with Slaintecare, the objective is to provide the right care to the right patient at the right time and for the right cost.
- Each regional team will provide outpatient and day programme services. They will deliver evidence based interventions in line with best international practice as detailed in the MOC. All clinicians will be senior grade with a skillset to deliver a range of interventions. An inter- disciplinary education and training model has been developed to support this and enable clinicians to deliver accessible, high quality, evidence based care.



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- The Clinical Programme works on an ongoing basis in partnership with Bodywhys to support service users and families/friends during their recovery journey. This includes strategic planning, coordination of supports needed in particular areas, and feedback.

**Eating Disorders Network: Progress on implementation to date: September 2020**

**Aim:** To establish ED network (8 adult teams and 8 CAMHS teams) in accordance with agreed Model of Care 2018 and approved implementation plan over a 5 year period starting in 2018. All teams are MDT and consultant led. Clinicians must be of senior grade with interest in this clinical speciality. Recent developments include:

PFG Funding by year	CHO area	Update on recruitment June 2020
2018	CHO 2 CAMHS ED	2 new whole time equivalent clinical posts
2020 planned developments	CAMHS ED in CHO 4	7.4 new whole time equivalent clinical posts
	CHO 6 (to cover a wider catchment in areas across CHO 6, 7 & 9)	for 9.9 new whole time equivalent clinical posts

I trust this information is of assistance to you but should you have any further queries please contact me.

Yours sincerely,

Dr Sinead Reynolds  
General Manager Mental Health Services