



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

Ceannasaí Náisiúnta Oibríochtaí Meabhairshláinte
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May 6th 2021,
Deputy Neale Richmond,
Dail Eireann,
Dublin 2.

PQ
Number: 19080/21

PQ Question: To ask the Minister for Health the progress made under the national eating disorder treatment plan launched in 2018; and if he will make a statement on the matter. -Neale Richmond

Dear Deputy Richmond,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

Most people can and do get better from eating disorders. While a small number of people benefit from more intensive treatment through day programmes or inpatient care, the most effective treatment setting is in the community. Dedicated community based eating disorder services, where multidisciplinary teams have specialist training can provide evidence based care and treatment.

The HSE developed and approved a Model of Care for Eating disorders that provides a blueprint for the development of specialist regional teams with skilled clinicians that can provide evidence based interventions collaborating with acute hospital physicians and GPs as required. Early intervention and evidence based treatment by multi-disciplinary specialist community eating disorder teams are recommended by the HSE Model of Care for Eating Disorders with a focus on both psychological and physical recovery. The Model of Care was launched in 2018 and continued implementation is vital to deliver access to high quality eating disorders in Ireland.

<https://www.hse.ie/eng/about/who/cspd/ncps/mental-health/eating-disorders/moc/hse-eating-disorder-services-model-of-care.pdf>

The clinical program aims to establish an Eating Disorder network (8 adult teams and 8 CAMHS teams) in accordance with agreed Model of Care 2018 and approved implementation plan over the coming years. The following teams are in operation and delivering a service: CHO4 CAMHS, CHO 6 Adult and CHO 7 CAMHS. New teams are currently being recruited in CHO2 CAMHS, CHO4 adult and CHO9 adult.

Active waiting information for service users and families has been developed and made accessible on HSE self Care app. The NCPED continuously updates this information and builds on feedback received.

We continue to partner with Bodywhys to support online families education programmes.

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In March the ICGP in partnership with NCPED launch guidelines for GPs on eating disorders.

I trust this information is of assistance to you but should you have any further queries please contact me.

Yours sincerely,

Linda Moore

General Manager
HSE Mental Health Operations