

Ceannasaí Náisiúnta Oibríochtaí Meabhairshláinte,

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Deputy John Lahart, Dail Eireann, Dublin 2.

14th December 2021

PQ Number: 61774/21

PQ Question: To ask the Minister for Health the number of persons in each LHO area waiting for

a child and adolescent mental health services appointment in primary care as of 1 December 2021 or the latest date available; and the number waiting 0 to 12, 12 to

26, 26 to 52 and more than 52 weeks, respectively - John Lahart

Dear Deputy Lahart,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

In order to address the question posed by the Deputy, it is important to note that CAMHS provide specialist, secondary mental health services and are not primary care services. This answer therefore address the waiting list data for CAMHS services.

CAMHS services are provided to those aged up to 18 years, who have reached the threshold for a diagnosis of moderate to severe mental health disorder that require the input of a multi-disciplinary mental health teams, such as moderate to severe anxiety disorders, moderate to severe depression, Bi Polar Affective disorder, Psychosis, moderate to severe eating disorders, self- harm that require the input of a multi-disciplinary mental health team.

Community CAMHS refers to child and adolescent mental health services that are delivered in outpatient and day hospital settings, with the majority of CAMHS interventions being delivered in the community, close to people's homes. CAMHS community mental health teams (CMHTs) provide clinical assessment, formulation, diagnosis and multi-disciplinary interventions to children and adolescents based on their identified needs. They are also responsible for providing advice, information and support to parents in order to help them to support children and adolescents with moderate to severe mental disorders at home.

Community CAMHS

Waiting lists vary according to Community Healthcare Organisation where although some areas have relatively short waiting lists regrettably waiting times are longer in other counties. Factors such as availability of specialist CAMHS clinicians, current vacancies and difficulties in recruiting in an international context can impact on waiting times in various areas.

CAMHS wait lists are also impacted by capacities in other parts of the system - where young people may not receive early intervention and thus their needs escalate necessitating referrals to CAMHS.

In CAMHS there are two types of referral; an urgent referral and a routine referral. Every effort is made to prioritise urgent referrals so that young people with high risk presentations are seen as soon as possible and this is often within 24 to 48 hours. Severity of presenting symptoms affects waiting times - where waiting times for those with high risk presentations are shorter. This may impact on wait times for cases that are considered, by a clinician, to be less severe. CAMHS referral teams meet weekly to review all referrals and to assess the risk to the young person.

The reasons for differences around the country relate to availability of specialist CAMHS clinicians, current vacancies and difficulties in recruiting in an international context. CAMHS wait lists are also related to capacities in other parts of the system where young people may not receive early intervention and thus their needs escalate necessitating referrals to CAMHS. Waiting times for young people to be seen by Child and Adolescent Mental Health Services continue to be an issue in a number of CHO's. A renewed focus on improving capacity and throughput is in place in this area and some improvement is being shown.

The latest set of data for the number of children waiting to be seen by CAMHS is at October 2021. The table below provides data per CHO by length of wait time. Waiting list data collected nationally does not capture data on age range. Please be advised that due to the cyber-attack on HSE systems, this data is subject to ongoing validation.

	Total	<= 12 weeks No	> 12 <= 26 weeks No	>26 <=39 weeks No	>39 <=52 Weeks No	>52 Weeks No
National Total	3,065	1,469	733	427	234	202
CHO 1	280	164	71	26	14	5
CHO 2	110	72	38	0	0	0
CHO 3	355	114	84	37	44	76
CHO 4	616	202	129	130	91	64
CHO 5	221	99	55	41	14	12
CHO 6	456	320	98	30	5	3
CHO 7	272	167	52	25	15	13
CHO 8	466	226	114	72	25	29
CHO 9	289	105	92	66	26	0

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,

Shu Rigan

Jim Ryan

Assistant National Director - Head of Operations National Mental Health Service