



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

Ceannasaí Náisiúnta Oibríochtaí Meabhairshláinte
Ospidéal Naomh Lómáin Baile Phámar Baile Átha Cliath 20.

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11th February 2021
Deputy Holly Cairns
Dail Eireann,
Dublin 2.

PQ 4952/21

To ask the Minister for Health the details of progress made in addressing the National Clinical Programme for Eating Disorders Goals 2019-2020; and if he will make a statement on the matter.

Dear Deputy Cairns,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

Most people can and do get better from eating disorders. While a small number of people benefit from more intensive treatment through day programmes or inpatient care, the most effective treatment setting is in the community. Dedicated community based eating disorder services, where multidisciplinary teams have specialist training can provide evidence based care and treatment.

The HSE developed and approved a Model of Care for Eating disorders that provides a blueprint for the development of specialist regional teams with skilled clinicians that can provide evidence based interventions collaborating with acute hospital physicians and GPs as required. Early intervention and evidence based treatment by multi-disciplinary specialist community eating disorder teams are recommended by the HSE Model of Care for Eating Disorders with a focus on both psychological and physical recovery. The Model of Care was launched in 2018 and continued implementation is vital to deliver access to high quality eating disorders in Ireland.

<https://www.hse.ie/eng/about/who/cspd/ncps/mental-health/eating-disorders/moc/hse-eating-disorder-services-model-of-care.pdf>

The clinical program aims to establish an Eating Disorder network (8 adult teams and 8 CAMHS teams) in accordance with agreed Model of Care 2018 and approved implementation plan over the coming years. To date 3 teams has commenced recruitment and are delivering a service (CHO4 CAMHS, CHO 7 CAMHS and CHO6 adults).

The HSE is provided funding on a yearly basis as per the estimates process. Funding is available in 2021 to progress the recruitment of clinicians to ED teams. An implementation plan has been approved to allow for phased recruitment and training however, the availability of skilled staff is a significant issue in mental health services where demand outstrips supply in both the national and international contexts. The HSE is working



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closely with NDTP, National Doctors Training and Planning, to take measures to ensure trained clinicians in Eating Disorders are available to take up posts.

I trust this information is of assistance to you but should you have any further queries please contact me.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Sinead Reynolds'.

Dr Sinead Reynolds
General Manager Mental Health Services