



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

Ceannasaí Náisiúnta Oibríochtaí Meabhairshláinte,  
Ospidéal Naomh Lómáin,  
Baile Phámar, Baile Átha Cliath 20.  
Tel: (01) 6207304 R: [jim.ryan1@hse.ie](mailto:jim.ryan1@hse.ie)

Head of Operations,  
Mental Health Service, St Loman's Hospital,  
Palmerstown, Dublin 20.  
Tel: (01) 6207304 Email: [jim.ryan1@hse.ie](mailto:jim.ryan1@hse.ie)

Deputy Roisin Shorthall.  
Dail Eireann,  
Dublin 2.

03<sup>rd</sup> November 2021

**PQ Number: 51479/21**

**PQ Question: To ask the Minister for Health the number of persons on a waiting list for counselling services by CHO, age category and time waiting, in tabular form. -Róisín Shortall**

---

Dear Deputy Shorthall,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

The HSE National Counselling Service (NCS), established in 2000, provides a range of counselling services including the CAPA service (Counselling and Psychotherapy for Adults who experienced Abuse in Childhood) and the CIPC service (Counselling in Primary Care). These services are provided across each HSE Community Health Area.

Waiting list data is available for end of September 2021 for each CHO and LHO. Age category data is not available. Table 1 below provides details of waiting times for the CAPA service – Counselling and Psychotherapy for Adults who have experienced Abuse in childhood.

Table 2 provides details of waiting times for the CIPC service. This table includes Counselling in Primary Care (CIPC), the Self-Harm Intervention Project which is provided by the NCS in CHO area 5, the traumatic bereavement service offered by the NCS in CHO 1 and the Eden project in CHO2.

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,

---

**Jim Ryan**  
**Assistant National Director - Head of Operations**  
**National Mental Health Service**

**Table 1: CAPA Waiting Times at end of September 2021**

National Counselling - Waiting Times - CaPA																		
Subsite Name	Number of Clients Waiting For Initial Assessment				Number Of Clients Waiting By Choice							Number Of Clients Waiting For Ongoing Counselling						
	Less than 1 Mth	1-3 Mths	4-6 Mths	6 Mths +	Less than 1 Mth	1-3 Mths	4-6 Mths	7-9 Mths	10-12 Mths	13-18 Mths	18 Mths +	Less than 1 Mth	1-3 Mths	4-6 Mths	7-9 Mths	10-12 Mths	13-18 Mths	18 Mths +
CHO 1	0	0	1	0	0	0	0	0	0	0	0	7	15	15	10	1	2	0
Cavan & Monaghan	0	0	0	0	0	0	0	0	0	0	0	2	7	5	4	1	1	0
Donegal	0	0	0	0	0	0	0	0	0	0	0	5	6	6	6	0	0	0
Sligo & Leitrim	0	0	1	0	0	0	0	0	0	0	0	0	2	4	0	0	1	0
CHO 2	1	11	9	3	1	2	2	5	3	13	11	2	2	9	34	11	4	10
Galway	0	1	3	3	0	1	1	3	1	9	7	2	1	8	26	10	4	1
Mayo	0	6	4	0	1	1	1	1	1	3	1	0	0	1	5	1	0	6
Roscommon	1	4	2	0	0	0	0	1	1	1	3	0	1	0	3	0	0	3
CHO 3	0	4	1	1	0	1	4	1	2	2	2	4	13	15	6	8	4	7
Clare	0	1	0	0	0	0	1	0	0	0	0	2	1	1	0	2	0	2
Limerick	0	3	1	1	0	1	3	1	2	2	2	2	12	14	6	6	4	5
CHO 4	9	7	1	0	0	0	0	0	1	1	0	11	35	36	15	4	4	0
Cork North	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Cork North	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Cork North Lee	3	0	0	0	0	0	0	0	0	1	0	4	3	14	0	3	1	0
Cork South Lee	6	5	1	0	0	0	0	0	1	0	0	5	23	20	13	1	0	0
Cork West	0	2	0	0	0	0	0	0	0	0	0	0	0	1	2	0	3	0
Kerry	0	0	0	0	0	0	0	0	0	0	0	2	9	1	0	0	0	0
CHO 5	16	23	0	1	3	1	2	0	3	2	9	4	16	24	21	3	1	0
Carlow & Kilkenny	4	10	0	0	3	1	1	0	1	2	2	0	7	12	5	1	0	0
Tipperary South	5	1	0	0	0	0	0	0	0	0	2	0	1	2	6	0	0	0
Waterford	5	7	0	0	0	0	1	0	0	0	5	2	3	6	5	2	1	0
Wexford	2	5	0	1	0	0	0	0	2	0	0	2	5	4	5	0	0	0

CHO 6	1	0	0	0	0	1	0	2	1	2	0	12	7	33	11	19	24	112
Dublin South East	0	0	0	0	0	0	0	0	0	0	0	6	3	10	1	2	7	35
Dun Laoghaire	1	0	0	0	0	1	0	2	0	2	0	4	4	14	7	8	10	57
Wicklow	0	0	0	0	0	0	0	0	1	0	0	2	0	9	3	9	7	20
CHO 7	0	0	0	0	0	0	2	0	0	0	0	14	31	36	3	0	0	0
Dublin South City	0	0	0	0	0	0	1	0	0	0	0	4	11	10	0	0	0	0
Dublin South West	0	0	0	0	0	0	1	0	0	0	0	2	6	10	0	0	0	0
Dublin West	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Kildare & West Wicklow	0	0	0	0	0	0	0	0	0	0	0	4	9	11	3	0	0	0
Unknown	0	0	0	0	0	0	0	0	0	0	0	4	5	5	0	0	0	0
CHO 8	0	2	0	0	0	3	2	0	0	1	0	13	39	65	20	4	3	3
Laois & Offaly	0	2	0	0	0	2	0	0	0	0	0	5	9	12	2	1	0	0
Longford & Westmeath	0	0	0	0	0	1	1	0	0	0	0	6	11	24	5	0	1	0
Louth	0	0	0	0	0	0	0	0	0	0	0	2	11	18	5	2	2	2
Meath	0	0	0	0	0	0	1	0	0	1	0	0	8	11	8	1	0	1
CHO 9	22	7	1	0	1	0	1	3	0	2	1	9	26	10	1	0	0	0
Dublin North	9	4	0	0	0	0	1	2	0	2	0	3	12	6	0	0	0	0
Dublin North Central	6	0	1	0	1	0	0	0	0	0	1	3	10	2	0	0	0	0
Dublin North West	7	3	0	0	0	0	0	1	0	0	0	3	4	2	1	0	0	0
Total	49	54	13	5	5	8	13	11	10	23	23	76	184	243	121	50	42	132

**Table 2 CIPC Waiting Times at end of September 2021**

National Counselling - Waiting Times - CIPC																		
Subsite Name	Number of Clients Waiting For Initial Assessment				Number Of Clients Waiting By Choice							Number Of Clients Waiting For Ongoing Counselling						
	Less than 1 Mth	1-3 Mths	4-6 Mths	6 Mths +	Less than 1 Mth	1-3 Mths	4-6 Mths	7-9 Mths	10-12 Mths	13-18 Mths	18 Mths +	Less than 1 Mth	1-3 Mths	4-6 Mths	7-9 Mths	10-12 Mths	13-18 Mths	18 Mths +
CHO 1	36	150	190	75	1	3	0	2	5	6	0	0	3	0	2	1	0	0
Cavan & Monaghan	15	48	89	28	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Donegal	8	60	45	42	1	3	0	2	5	4	0	0	0	0	0	0	0	0
Sligo & Leitrim	12	42	55	5	0	0	0	0	0	2	0	0	3	0	2	1	0	0
Unknown	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CHO 2	35	93	71	25	10	9	36	39	32	38	18	28	42	94	51	11	4	8
Galway	27	71	41	11	7	7	16	30	24	28	11	21	24	59	31	9	3	6
Mayo	2	15	10	2	1	0	16	8	7	10	6	6	11	21	13	1	1	1
Roscommon	6	7	20	12	2	2	4	1	1	0	1	1	7	14	7	1	0	1
CHO 3	20	27	5	0	0	0	3	0	0	0	8	1	1	0	0	0	0	0
Clare	8	5	0	0	0	0	1	0	0	0	1	0	0	0	0	0	0	0
Limerick	10	21	5	0	0	0	2	0	0	0	7	1	1	0	0	0	0	0
Unknown	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CHO 4	59	106	55	6	0	0	0	0	0	1	1	0	0	0	0	0	0	0
Cork North	2	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Cork North	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Cork North Lee	2	3	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Cork South Lee	52	98	53	6	0	0	0	0	0	1	0	0	0	0	0	0	0	0
Cork West	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Kerry	2	2	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0
CHO 5	109	339	400	109	2	0	1	0	2	0	1	48	15	2	0	0	0	1
Carlow & Kilkenny	30	119	101	39	1	0	1	0	0	0	1	12	7	0	0	0	0	0
Tipperary South	17	41	54	20	1	0	0	0	0	0	0	6	3	1	0	0	0	0

Waterford	29	91	152	27	0	0	0	0	2	0	0	15	1	0	0	0	0	0
Wexford	33	88	93	23	0	0	0	0	0	0	0	15	4	1	0	0	0	1
CHO 6	28	18	2	1	1	0	0	1	0	1	0	2	0	0	0	0	0	1
Dublin South East	10	14	1	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0
Dun Laoghaire	13	3	1	0	0	0	0	0	0	1	0	2	0	0	0	0	0	1
Wicklow	5	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0
CHO 7	105	232	172	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0
Dublin South City	17	31	30	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dublin South West	34	70	39	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dublin West	18	57	42	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0
Kildare & West Wicklow	36	74	61	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CHO 8	113	249	282	6	8	4	8	0	0	0	0	0	0	0	0	0	0	0
Laois & Offaly	28	56	5	1	3	3	0	0	0	0	0	0	0	0	0	0	0	0
Longford & Westmeath	26	63	35	3	4	0	0	0	0	0	0	0	0	0	0	0	0	0
Louth	32	62	132	1	1	0	5	0	0	0	0	0	0	0	0	0	0	0
Meath	27	68	110	1	0	1	3	0	0	0	0	0	0	0	0	0	0	0
CHO 9	115	304	433	2	1	4	1	0	0	0	0	0	0	0	0	0	0	0
Dublin North	73	186	263	0	0	2	1	0	0	0	0	0	0	0	0	0	0	0
Dublin North Central	17	40	59	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0
Dublin North West	21	71	100	2	0	1	0	0	0	0	0	0	0	0	0	0	0	0
Unknown	4	7	11	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	620	1518	1610	233	24	20	49	42	39	46	28	79	61	96	53	12	4	10