



Dearadh agus Nuálaíocht Chliniciúil; Oifig an Príohoifigeach Cliniciúil  
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1<sup>st</sup> October, 2021

Deputy Neasa Hourigan, TD  
Dáil Éireann  
Leinster House  
Kildare Street  
Dublin 2

**RE: PQ 45351/21**

**To ask the Minister for Health his plans to provide access to the dose adjusting for normal eating programme for all persons with type 1 diabetes; and if he will make a statement on the matter.**

Dear Deputy Hourigan,

The Health Service Executive has been requested to reply directly to you in relation to the above parliamentary question, which you submitted to the Minister for Health for response. I have consulted with the National Clinical Programme for Diabetes on your question and have been informed that the following outlines the position.


The Irish National Clinical Guidelines for Adults with Type 1 Diabetes state that a structured education programme of proven benefit, for example the DAFNE (dose-adjustment for normal eating) programme, be offered to all individuals with Type 1 diabetes. Currently, in Ireland, the DAFNE programme is the only programme that meets the required accreditation criteria for this guideline.

For a hospital diabetes centre to become a DAFNE centre, a team comprising of a doctor, nurse and dietitian with expertise in the management of diabetes from that centre is required to complete the DAFNE training, enter into a licence agreement with DAFNE and continue to meet the accreditation standards aligned. It is the responsibility of each local team to arrange the licence agreement and associated training, delivery and evaluation. Currently, in the Republic of Ireland, there are 12 centres licenced to provide DAFNE and a further 12 centres have expressed an interest in doing so.

The National Clinical Programme for Diabetes is working to advise and support relevant diabetes centres to advance their rollout of the accredited Dose Adjustment For Normal Eating (DAFNE) programme to meet the clinical recommendations that all adults with type 1 diabetes be offered a structured education programme of proven benefit. This will be further enabled by the staffing uplift supported by the Enhanced Community Care funding for acute hospitals.

I trust this information is of assistance to you, but should you have any further queries please do not hesitate to contact me.

Yours sincerely



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**Anne Horgan**  
**General Manager**