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Deputy Sean Sherlock, Dail Eireann, Dublin 2.

21<sup>st</sup> January 2022

## PQ Number: 1967/22 PQ Question: To ask the Minister for Health the number of persons waiting to be seen by child and adolescent mental health services by CHO and LHO in tabular form; and the length of time persons are waiting to be seen - Sean Sherlock

Dear Deputy Sherlock,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

CAMHS provide specialist mental health service to those aged up to 18 years, who have reached the threshold for a diagnosis of moderate to severe mental health disorder that require the input of a multi-disciplinary mental health teams, such as moderate to severe anxiety disorders, moderate to severe depression, Bi Polar Affective disorder, Psychosis, moderate to severe eating disorders, self-harm that require the input of a multi-disciplinary mental health team.

Community CAMHS refers to child and adolescent mental health services that are delivered in outpatient and day hospital settings, with the majority of CAMHS interventions being delivered in the community, close to people's homes. CAMHS community mental health teams (CMHTs) provide clinical assessment, formulation, diagnosis and multi-disciplinary interventions to children and adolescents based on their identified needs. They are also responsible for providing advice, information and support to parents in order to help them to support children and adolescents with moderate to severe mental disorders at home.

## **Community CAMHS**

Waiting lists vary according to Community Healthcare Organisation where although some areas have relatively short waiting lists regrettably waiting times are longer in other counties. Factors such as availability of specialist CAMHS clinicians, current vacancies and difficulties in recruiting in an international context can impact on waiting times in various areas.

CAMHS wait lists are also impacted by capacities in other parts of the system - where young people may not receive early intervention and thus their needs escalate necessitating referrals to CAMHS. In CAMHS there are two types of referral; an urgent referral and a routine referral. Every effort is made to prioritise urgent referrals so that young people with high risk presentations are seen as soon as possible and this is often within 24 to 48 hours. Severity of presenting symptoms affects waiting times - where waiting times for those with high risk presentations are shorter. This may impact on wait times

for cases that are considered, by a clinician, to be less severe. CAMHS referral teams meet weekly to review all referrals and to assess the risk to the young person.

The reasons for differences around the country relate to availability of specialist CAMHS clinicians, current vacancies and difficulties in recruiting in an international context. CAMHS wait lists are also related to capacities in other parts of the system where young people may not receive early intervention and thus their needs escalate necessitating referrals to CAMHS. Waiting times for young people to be seen by Child and Adolescent Mental Health Services continue to be an issue in a number of CHO's. A renewed focus on improving capacity and throughput is in place in this area and some improvement is being shown.

The latest set of data for the number of children waiting to be seen by CAMHS is at November 2021. The table below provides data per CHO by length of wait time. Waiting list data collected nationally does not capture data on age range. Please be advised that due to the cyber-attack on HSE systems in 2021, this data is subject to ongoing validation.

	Total	<= 12 weeks No.	> 12 <= 26 weeks No.	>26 <=39 weeks No.	>39 <=52 Weeks No.	>52 Weeks No.
National Total	3,357	1,686	694	518	238	221
CHO 1	304	185	68	32	10	9
CHO 2	119	82	27	10	0	0
CHO 3	299	101	45	49	30	74
CHO 4	682	226	147	140	72	97
CHO 5	326	132	84	67	30	13
CHO 6	501	369	87	38	3	4
CHO 7	304	206	45	28	15	10
CHO 8	525	275	116	81	46	7
CHO 9	297	110	75	73	32	7

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,

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Jim Ryan Assistant National Director - Head of Operations National Mental Health Service