

> Head of Operations, Mental Health Service St Loman's Hospital, Palmerstown, Dublin 20. Email: PQReps.NatMHOPS@hse.ie

Deputy Duncan Smith, Dail Eireann, Leinster House, Kildare Street, Dublin 2.

27th July 2022

PQ Number: 38350/22

PQ Question: To ask the Minister for Health the additional funding provided for mental health in each of the past two budgets; if he will provide a detailed breakdown of the status of each of the measures announced; and if he will make a statement on the matter. -Duncan Smith

Dear Deputy Smith,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

The total mental health funding for 2022 amounts to €1,159m. Since 2012, the mental health budget has grown by €452m of which €325m relates to development funding for priority service enhancements. These targeted investments have been directed by national mental health policy as outlined in Vision for Change (2007), Connecting for Life (2015), Sharing the Vision (2020) and in line with the broader Slaíntecare reform programme.

The continued development of Mental Health Services has been aimed at:

- Modernising Mental Health Services that historically were centred on institutional care by building our workforce and investing in fit for purpose infrastructure
- Promoting positive mental health at all levels of society, intervening early when problems develop, and providing accessible, comprehensive and community-based Mental Health Services for those who need them
- Taking a person-centred approach with a focus on enabling and supporting the recovery journey of each individual, based on clinical advice and best practice, as well as lived experience



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The table below outlines the funding provided for mental health 2020 to 2022.

Net Mental Health Funding 2020 to 2022					
	2020	2021	2022		
	€m	€m	€m		
Total Mental Health Budget per National Service Plan	1,031.3	1,114.0	1,159.0		
Mental Health development funding	13.0	23.0	24.0		
Mother and Baby home funding	-	1.7	2.4		
Existing Level of Service funding	4.0	27.7	11.3		
Mental Health specific Covid once off supports	-	15.0	0		
Pay restoration funding	25.5	15.7	18.9		

## Notes:

- Mental health development funding relates to a range of specific developments across each of the years which are prioritised according to risk and need
- Mother and Baby Home funding relates to additional supports provided to support survivors of institutional abuse
- The ELS figure in 2021 represents additional funding received in order to address historic deficits in mental health arising primarily in relation to; recruitment issues leading to increased agency/overtime requirements and private placements. The funding received represented in part a rebalancing of CHO's budgets and addressed their historic deficits which had built up over the preceding period
- Mental health COVID once off supports relates to specific once off COVID supports around COVID
  placements and building regulatory works to support Mental Health patients during the COVID 19
  pandemic
- Pay restoration funding relates to pay restoration for existing staff in line with HRA/LRA agreements



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The table below provides the breakdown of the NSP 2022 new development funding. Mental Health received €24m under Programme for Government 2022 funding. As outlined in table 4 of the HSE National Service Plan, the full year cost of these initiatives amounts to €36.36m in 2023. None of the developments outlined in the table below, relate to the reclassification of historic development and all relate to new developments which have been and will continue to progress in 2022. It should be noted that the first elements of this funding were not drawn down until 1st January 2022 and subsequent budget drawdowns will occur during 2022 according as these posts are progressed.

Mental Health - Developments NSP 2022		2022 cost	2023 FY cost
	WTE	€m	€m
National Clinical Programme - Eating Disorders	25.6	1.15	2.3
National Clinical Programme - ADHD	17.5	1.13	1.8
National Clinical Programme – Early Intervention Psychosis	11.2	0.5	1.0
National Clinical Programme – Self Harm	6	0.32	0.42
National Clinical Programme – Dual Diagnosis	14	0.75	1
MoC Specialist MH Services for Older People	10.5	0.56	1.13
CAMHS Hubs	9	0.64	1.15
Sharing the Vision Implementation	2	0.25	0.25
Clonmel Crisis House	6	0.35	0.35
Crisis Resolution Services	27	1.43	2.85
Expanding community services	88.7	4	8
Expansion CAMHS services	48.4	2	4
Individual Placement Supports	0	1.25	1.25
Recovery Colleges	5	1.05	1.05
Peer Support	13	0.4	0.6
CAMS training (suicide prevention)	0	0.22	0.22
NFMHS - removal of Night-time confinement	30	1	2
Private Placements	0	4	5
Mental Health Winter plan - Eating Disorder training	0	0.15	0.15
Mental Health Winter plan - Placements	0	0.85	0.85
Rent and costs	0	2	2
Total	314	24.0	37.4



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Development funding has been invested across a number of prioritised areas of service enhancements, including building capacity in CAMHS and youth mental health, the development of crisis resolution services and investing in mental health in primary care.

# **Service Improvement in CAMHS**

### 1. CAMHS Telehub Initiative 2021-2024

National Mental Health have committed to a programme of work to inform the development of the CAMHs Telehealth Hub initiative on a phased basis, informed by testing and monitoring. This body of work includes:

- The development of a pilot Model of Care for CAMHS hubs (2022)
- Pilot testing and implementation of CAMHs hubs across a number of sites, incorporating a rural/urban mix (2022-2024)
- Monitoring and evaluation of pilot site implementation (2022-2024)
- Monitoring and evaluation of key outcomes for service users, families and carers

## 2. CAMHS Operational Guideline (COG)

In June 2019, the CAMHS COG was published following an extensive review and consultation process that took into consideration the views of service users, family members, front line staff and management working within HSE mental health services and in other organisations working with children and adolescents. This document follows from a review of the CAMHS Standard Operating Procedure (2015). The audit of compliance of CAMHS teams with operational guidelines (as announced by An Taoiseach 27/01/22), will be made against the CAMHS COG on the basis of a cross mapping with relevant recommendations in the Maskey Report.

#### 3. Youth Mental Health Services

The HSE has over a number of years invested in 'upstream' youth mental health services, including Jigsaw and other funded agencies in the community and voluntary sector who are providing enhanced services for children and young people with mild to moderate mental health difficulties who do not need to access specialist mental health services. Since 2015, the HSE has invested €9.1m development funding to support the establishment and operation of Jigsaw services with thirteen sites now in place.

## 4. Forensic CAMHS

A new 10-bedded Forensic CAMHS unit has now been completed within the NFMHS site in Portrane. This new facility, when operational, will be the first of its kind within the state and will offer 'state of the art' secure care facilities for young people up to the age of 18.



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# **Crisis Resolution Services**

Under the HSE Corporate Plan 2020-2023, and in line with Recommendations 24 and 40 of Sharing the Vision: A Mental Health Policy for Everyone 2020, HSE Mental Health will develop, implement and evaluate a pilot model of crisis resolution services; incorporating crisis resolution teams and cafes to offer an alternative response to inpatient admission, when appropriate.

Crisis Resolution Services will form an integral part of the Service User journey, working in tandem with existing services to provide an integrated 24/7 multi-agency mental health crisis de-escalating service. HSE Mental Health has committed to a programme of work to inform the development of Crisis Resolution Services on a phased basis:

- The development of a pilot Model of Care for Crisis Resolution Services (2022)
- Pilot testing and implementation of Crisis Resolution Services across a number of sites, incorporating a rural/urban mix (2022-2024)
- Monitoring and evaluation of pilot site implementation (2022-2024)
- Monitoring and evaluation of key outcomes for service users, families and carers

A phased approach to the development of Crisis Resolution Services will provide the opportunity to test and learn across pilot sites, and provide the evidence required to inform service planning into the future.

# **Development and advancement of Telehealth technologies**

The HSE is determined to fully utilising opportunities offered by telehealth technologies to mitigate recruitment challenges and to modernize the delivery of mental health care. The COVID-19 pandemic presented significant challenges for the delivery of health services; both in terms of the provision of services and continuity of care. Given the emphasis placed on ensuring social distancing where possible in the community, and as part of efforts to reduce transmission of coronavirus to healthcare workers, solutions to allow clinical consultations take place remotely were required. In this context Attend Anywhere or Blue Eye, were utilized as an alternative modality.

## **Primary Care Mental Health Services**

Significant work had been undertaken to develop Primary Care Psychology Services through investment in the Assistant Psychologist programme (€5m). In line with mental health policy and Sláintecare objectives, these initiatives have successfully facilitated access to services at the lowest level of complexity, ensuring effective use of community and in-patient specialist mental health services.



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I trust this information is of assistance to you.

Yours sincerely,

Tony Mc Cusker

Lung Mi Cushan

**General Manager** 

**National Mental Health Services**