



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

Ospidéal Naomh Lómáin,  
Baile Phámar, Baile Átha Cliath 20.  
Tel: (01) 6207304 R: [jim.ryan1@hse.ie](mailto:jim.ryan1@hse.ie)

Mental Health Service, St Loman's Hospital,  
Palmerstown, Dublin 20.  
Tel: (01) 6207304 Email: [jim.ryan1@hse.ie](mailto:jim.ryan1@hse.ie)

Deputy Mark Ward.  
Dail Eireann,  
Dublin 2.

16<sup>th</sup> March 2022

**PQ Number: 12521/22**

**PQ Question: To ask the Minister for Health the status and cost of development of management of sick patients with anorexia nervosa, that is MARSIPAN and junior management of sick patients with anorexia nervosa, that is, J.MARSIPAN; and if he will make a statement on the matter. -Mark Ward**

Dear Deputy Ward,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

The National Clinical Programme for Eating Disorders together with National Clinical Programme in Emergency Medicine, Acute Medicine and Pediatrics hosted a one day webinar on Wednesday 2nd March 2022, 600 people registered - Recognising and Managing Medical Emergencies in Eating Disorders.

The Marzipan and Junior Marzipan guides have been updated and the final report will be published in May 2022 as Guidance on Recognising and Managing Medical Emergencies in Eating Disorders (replacing MaRSiPAN) - Royal College of Psychiatrists. The purpose of this guidance is to make preventable deaths due to eating disorders a thing of the past, by addressing eating disorder presentations likely to lead the patient to an emergency department or a medical/paediatric ward.

Eating disorders are serious mental health disorders with significant consequences for physical health. Eating Disorders have the highest mortality and morbidity rates of all mental health disorders, and occur across the age range. There has been a significant rise in the presentation of eating disorders in Ireland since the onset of the COVID pandemic, which reflects international trends. Adults, adolescents and children with eating disorders are presenting more severely medically unwell than prior to the pandemic and more often directly to emergency departments and requiring admission to acute hospital settings.

Medical risk assessment is an essential component of risk management in eating disorders and requires knowledge of eating disorders, recognition of key risk factors, management of associated medical risk, and an understanding of mental health legislation.

This webinar was suitable for health professionals in emergency departments, medical and paediatric wards, and relevant for clinicians in community mental health settings.



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

Ospidéal Naomh Lómáin,  
Baile Phámar, Baile Átha Cliath 20.  
Tel: (01) 6207304 R: [jim.ryan1@hse.ie](mailto:jim.ryan1@hse.ie)

Mental Health Service, St Loman's Hospital,  
Palmerstown, Dublin 20.  
Tel: (01) 6207304 Email: [jim.ryan1@hse.ie](mailto:jim.ryan1@hse.ie)

Learning Objectives:

- Recognise key symptoms of eating disorders across the age range in acute medical setting
- Assess medical risk associated with eating disorders across the age range in acute medical setting
- Manage medical risk associated with eating disorders across the age range in acute medical settings

**Costs:** All of the speakers in this Webinar are HSE employees and there was no cost associated. The webinar was recorded and will be used for training in the future.

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

---

**Dr Amir Niazi**  
**National Clinical Advisor & Group Lead for Mental Health**  
**Clinical Design and Innovation**  
**Health Service Executive**