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Deputy Violet Anne Wynne
Leinster House
Kildare Street
Dublin 3
D02 XR20

30th January 2023

PQ ref 4171/23 "To ask the Minister for Health if there are future plans to roll out dialectical behavioural therapy in County Clare; and if he will make a statement on the matter".

Dear Deputy Wynne,

140 staff have completed levels one and two of Dialectical Behavioural Therapy (DBT) in the Autumn of 2022. A further 5 people have completed Level 1 and will complete Level 2 on the 30th January 2023. There is a further workshop available in February 2023.

Levels three and four will be then offered to staff who wish to progress further and qualify to deliver the model. Level three and four qualify staff to deliver DBT.

In order to run Dialectical Behavioural Therapy, a DBT Team will need to be formed in order to excel onto Module 3 & 4 and staff has to be able to commit to a minimum amount of time per week to working as part of the DBT team and providing the programme.

Once a sufficient number of staff are trained the model will be made available to those who qualify for the treatment. The timeline is dependent of the completion of the training for those staff who have made themselves available through expressions of interest.

Yours Sincerely,

A handwritten signature in blue ink that reads "Nuala Kelly".

Nuala Kelly
Head of Service
Mental Health Services
Mid West Community Healthcare