



Ceannasaí Náisiúnta Oibríochtaí Meabhairshláinte  
Ospidéal Naomh Lómáin,  
Baile Phámar Baile Átha Cliath 20.  
R: [PQReps.NatMHOPS@hse.ie](mailto:PQReps.NatMHOPS@hse.ie)

Head of Operations, Mental Health Service  
St Loman's Hospital,  
Palmerstown, Dublin 20.  
Email: [PQReps.NatMHOPS@hse.ie](mailto:PQReps.NatMHOPS@hse.ie)

Deputy Mark Ward.  
Dail Eireann,  
Leinster House,  
Kildare Street,  
Dublin 2.

19<sup>th</sup> July 2023

**PQ Number: 31466/23**

**PQ Question: To ask the Minister for Health the number of cognitive behavioural therapist positions funded through the HSE, by CHO area; for a breakdown of vacant positions; and if he will make a statement on the matter - Mark Ward**

---

Dear Deputy Ward,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

The HSE Strategic Workforce Planning and Intelligence (SWPI) Unit have confirmed that there is no dedicated grade code for Cognitive Behavioural Therapists within the HSE.

However, Cognitive Behavioural Therapy (CBT) is practiced by many professionals working within Mental Health Services and in 'face to face' and online HSE funded services.

I trust this information is of assistance to you.

Yours sincerely,

---

**Tony Mc Cusker**  
**General Manager**  
**National Mental Health Services**