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Deputy Mark Ward.
Dail Eireann,
Leinster House,
Kildare Street,
Dublin 2.

16th June 2023

PQ Number: 25433/23

PQ Question: To ask the Minister for Health the cost of fully funding the National Clinical Programme for Eating Disorders and deliver the remaining eating disorder teams by 2025; and if he will make a statement on the matter. – Mark Ward

Dear Deputy Ward,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

In January 2018, the HSE published a National Model of Care for Eating Disorders (MOC) in partnership with College of Psychiatrists' of Ireland and Bodywhys. In the absence of a pre-existing dedicated eating disorder infrastructure or strategy, this Model of Care document has been developed in order to guide the provision of high quality, accessible and value for money eating disorder services in Ireland. Key recommendations include the development of a national network of dedicated eating disorder teams embedded within the mental health service, a stepped model of outpatient, day patient and inpatient care provision based on clinical need, and the development of a skilled, trained workforce. In the context of the significant physical morbidity associated with eating disorders, this Model of Care also recommends a strong integration between primary care, mental health services and medical teams, including the bridging of the acute hospital and mental health service divide through mutual clinical commitments and shared pathways.

The NCPED aims to establish an ED network (8 adult teams and 8 CAMHS teams) in accordance with the agreed Model of Care 2018. The estimated cost of an additional adult team and CAMHS team for eating disorders serving a population of 500,000 based on model of care 2018 is listed below. We require an additional 3 teams each year. The MOC will be revised in 2023 and the number of posts required will be reviewed in line with the unprecedented demand for services and to ensure the delivery of comprehensive quality eating disorder services for children, adolescents and adults with equity of access across Ireland.

CAMHS ED team staffing is recommended at WTE 12.4 per 500,000-600,000. Adult ED Team staffing is recommended at WTE 13.4 per 500,000-600,000. Estimated costs for staff of a full MDT team is 1.2M – 1.4M. This varies as salaries change year on year. The Cost of a mini hub will be proportional to population size and clinical expertise already in place. The MOC used the data from 2016 census to predict demand and will need to be reviewed with 2022 census data. Below is a detailed table of the posts and costs recommended by the MOC 2018.

Post – Adult ED team Per 500,000-600,000.	WTE Total	Salary plus Allowances	Annual Salary (WTE)	Annual PRSI	Total Annual Pay	Non Pay	Total Budget
Adult Consultant	1	248,104	248,104	27,415	275,519	24,810	300,330
NCHD - HST	1	81,494	81,494	9,005	94,999	8,149	98,648
NCHD - BST	0.5	66,874	33,437	3,695	37,132	3,344	40,475
Senior Dietitian	1	63,691	63,691	7,038	70,729	6,369	77,098
Senior Clinical Psychologist	1	96,778	96,778	10,694	107,472	9,678	117,150
CNS	3	66,238	198,714	21,958	220,672	19,871	240,543
Senior Social Worker	1	70,647	70,647	7,806	78,453	7,065	85,518
Clinical Team Coordinator	0.5	63,691	31,846	3,519	35,364	3,185	38,549
Consultant Physician	0.3	248,104	74,431	8,225	82,656	7,443	90,099
Senior Occupational Therapist	1	63,691	63,691	7,038	70,729	6,369	77,098
Grade IV	1	40,237	40,237	4,446	44,683	4,024	48,707
Grade iii	1	34,813	34,813	3,847	38,660	3,481	42,141
Senior dietitian hospital	0.1	69,912	6,991	773	7,764	699	8,463
Creative therapist	1	63,691	63,691	7,038	70,729	6,369	77,098
Total cost	13.4						1,341,917

Post – CAMHS ED team Per 500,000-600,000.	WTE Total	Salary plus Allowances	Annual Salary (WTE)	Annual PRSI	Total Annual Pay	Non Pay	Total Budget
CAMHS Consultant	1	248,104	248,104	27,415	275,519	24,810	300,330
NCHD - HST	1	81,494	81,494	9,005	94,999	8,149	98,648
NCHD - BST	0.5	66,874	33,437	3,695	37,132	3,344	40,475
Senior Dietitian	1	63,691	63,691	7,038	70,729	6,369	77,098
Senior Clinical Psychologist	1	96,778	96,778	10,694	107,472	9,678	117,150
CNS	3	66,238	198,714	21,958	220,672	19,871	240,543
Senior Social Worker	1	70,647	70,647	7,806	78,453	7,065	85,518
Clinical Team Coordinator	0.5	63,691	31,846	3,519	35,364	3,185	38,549
Consultant Paediatrician	0.3	248,104	74,431	8,225	82,656	7,443	90,099
Senior Occupational Therapist	1	63,691	63,691	7,038	70,729	6,369	77,098
Grade IV	1	40,237	40,237	4,446	44,683	4,024	48,707

Grade iii	1	34,813	34,813	3,847	38,660	3,481	42,141
Senior dietitian hospital	0.1	69,912	6,991	773	7764	699	8,463
Total cost	12.4						1,264,819

The NCPED recommends delivering three eating disorder teams per year to ensure sustainable phased recruitment and training. The HSE receives funding on a yearly basis as per the estimates process for the National Service Plan. The remaining teams to receive funding are listed below.

Community Eating Disorder teams to be funded and planned from 2023-2025.

Eating Disorders Adult Teams	Eating Disorders CAMHS teams
CHO2	CHO1
CHO3	CHO5
CHO7	CHO6
	CHO3

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,



Dr Amir Niazi
National Clinical Advisor & Group Lead for Mental Health
Clinical Design and Innovation
Health Service Executive