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Na Seirbhísí Míchumais/An Rannán Cúram Sóisialta,
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17th October 2023

Deputy Catherine Murphy,
Dail Eireann,
Leinster House,
Kildare Street,
Dublin 2.
E-mail: catherine.murphy@oireachtas.ie

Dear Deputy Murphy,

The Health Service Executive has been requested to reply directly to you in the context of the following parliamentary question, which was submitted to this department for response.

PQ: 42114/23

To ask the Minister for Children; Equality; Disability; Integration and Youth the number of respite places in each CHO area; the number of respite places in each CHO that are reserved for emergency care; if there are plans to expand on existing services; and if he will clarify whether the HSE uses projections and or forecasting demand on respite places.

HSE Response

The HSE and its funded Agencies provide respite care to children and adults with disabilities. Respite can occur in a variety of settings for various lengths of time, depending on the needs of the individual service user and their family or carer, and according to available resources. Respite is not always centre-based and can be provided in a number of ways, e.g. Centre based; In-Home; Home-to-Home; Family Support, etc. As a vital part of the continuum of services for families, respite potentially helps prevent out-of-home full-time residential placements, preserves the family unit, and supports family stability.

The provision of residential respite services has come under increasing pressure in the past number of years due to a number of impacting factors such as:

- an increase in the number of children and adults who are seeking access to respite as a reflection of general population increase;
- increasing levels of complexity across the sector due to better and improved health care;
- an increase in the age of people with a disability resulting in people presenting with “changing needs”;
- a significant number of respite beds have been utilised on longer-term basis due to the presenting complexity of the individual with a disability and also due to home circumstances, which prevents availability of the bed to other respite users;
- the regulation of service provision as set by HIQA, which requires Service Providers to



comply with regulatory standards in order to meet regulation. Standards specify a requirement for personal and appropriate space which impacts on the capacity and Statement of Purpose for a Designated Centre. This has had a direct impact on capacity where respite beds are no longer allowed within a residential setting e.g. vacated by residents who go home at weekends or for holidays, can no longer be used for respite.

- Implementation of the national policy on congregated settings (Time to Move on from Congregated Settings Policy) is also affecting capacity.

Increased Investment

The table below provides information on the funding for respite services over the last 5 years:

Respite	2018	2019	2020	2021	2022
Funding for Respite Service Provision as per National Service Plan across disability services	€53,595,000	€56,212,000	€70,677,000	€87,423,000	€96,465,000

There has been increased investment in Respite Service over the last number of years that includes additional allocation in successive National Service Plans to develop:

- In 2021, nine additional centre-based respite services, providing some 10,400 additional respite nights along with a range of alternative respite projects including Saturday clubs, breakaway schemes, and summer schemes. The majority of these services are now in place.
- In 2022, three additional specialist centre-based services to provide 4,032 nights to 90 children, one to be Prader-Willi appropriate and the other two to provide high-support respite for children and young adults with complex support needs, in addition to seven further respite services which will provide 9,408 nights to 245 children and adults in a full year.
- In 2023, five additional respite services and one enhanced service from part time to full time opening to provide 7,872 additional nights to 278 people in a full year. Along with, the provision of 27 additional in-home respite packages to children and young adults in a full year and 265 day-only respite packages to 180 people in a full year.

The HSE is very much aware of the importance of respite service provision for the families of both children and adults with disabilities and the impact the absence of respite service provision can have on people's lives. Respite is a key priority area for the HSE for people with disabilities and their families and we have seen significant investment in respite services in the last few years. In this regard, the HSE continues to work with agencies to explore various ways of responding to this need in line with the budget available.

The following shows how this increased investment has impacted positively on the level of service delivered in successive years:

- **2020 - 87,177 overnights were accessed by people with a disability** (The delivery of Respite Services continued to operate during the pandemic, albeit at a reduced capacity; some centres remained open, while others were temporarily re-purposed as isolation facilities. The number of respite overnights operated at just over 50% of the NSP target for 2020; while the number of day only sessions operated at 62% of 2020 target. This was mainly due to necessary precautions to maintain physical distancing and to adhere to infection prevention and control requirements. Throughout the pandemic, staff and resources associated with closed or curtailed services were redeployed where possible to support residential provision and to provide for targeted



in-home, community and tele-/online supports for service users and families based on prioritised needs.)

- **2021 – 94,606 overnights and 16,306 day only sessions were accessed by people with a disability** (the number of respite overnights operated at 10.9% ahead of the target for the year of 85,336, which is reflective of the easing of restrictions during the second half of 2021.)
- **2022 - 131,057 overnights and 28,369 day only sessions were accessed by people with a disability** (the number of respite overnights was 41.6% ahead of the target for the year of 92,555, and which is reflective of the gradual return to pre-pandemic levels of service. The number of day only sessions (28,369) was also significantly ahead of the target of 22,474 for 2022.)
- **2023 (Quarter 2) – 76,994 overnights and 21,947 day only sessions were accessed by people with a disability in Q2** (the number of respite overnights is 19% ahead of the target for the period of 64,705 and 23.6% up on activity for same period last year; while the number of day only sessions is 79.5% ahead of the target of 12,229 for Quarter 2, 2023.)

Respite Places

With regard to the question asked, information regarding respite provision is collated in hours of overnight and day only respite provided and the number of people availing of respite. As mentioned above 76,994 overnights and 21,947 day only sessions were accessed by people with a disability in Q2. This was provided to 5,803 people.

However, a review of centre-based respite capacity and provision in the CHO Areas was completed recently in 2023. There is a maximum of 766 respite beds available (423 for Adults; 213 for Children; and 130 mixed).

It is important to note that there is reduced capacity in every CHO Area due to the following:

- a) Recruitment challenges;
- b) Complexity of some recipients leading to reduced capacity;
- c) Beds temporarily reduced due to redeployment of respite staff to adult residential services;
- d) Beds used for emergency residential for residents who are awaiting full time accommodation;
- e) Beds not always occupied due to complexity/compatibility of individuals;
- f) Risk of peer to peer behaviours may result in a reduction in capacity;
- g) HIQA Compliance issues e.g. Fire Doors;
- h) Ongoing negotiation with staff/Unions regarding rosters (sleep-over issues).

Estimates Process

Each year the HSE participates in the Estimates Process with the Department of Health and makes a submission for additional monies to meet the health and social care needs of the population it services.

The Disability Service makes submissions for additional funding for Day, Residential, Respite, Home Support/PA hours, Multi Disciplinary Posts and Neuro Rehab monies as a key element of its submission. Any new funding secured is allocated to the CHOs to provide services to those with the greatest need (priority basis).

The HSE makes every effort to secure multi-annual investment for services via the Estimates process and is very conscious of the need to deliver disability policy on a more sustainable footing given the



significant levels of need for increased and more effective services and supports to enable people with a disability to live independent lives in their own community.

Future Planning

With regard to centre based respite, the Disability Capacity Review informs of up to €10 million in additional provision per year is required (20% additional quantum – 26,200 approx. additional overnights per year).

The forthcoming Disability Action Plan will detail the mix of overnight and alternative respite that will be provided in the short term, and will aim to maximise the impact and reach of these services.

It is proposed to increase the level of respite provision by around a third, through a mix of:

- Provision of alternative respite options including in-home respite, after-school and day respite programmes, host families, summer programmes;
- Using existing overnight residential capacity to the maximum extent;
- Providing additional overnight respite capacity where this is needed.

Yours sincerely,



**Bernard O'Regan,
Head of Operations - Disability Services,
Community Operations**

