

Oifig an Stiúrthóra Náisiúnta Cúnta Oibríochtaí Meabhairshláinte

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Deputy Mark Ward. Dail Eireann, Leinster House, Kildare Street, Dublin 2.

8th February 2024.

PQ Number: 43567/23 PQ Question: To ask the Minister for Health the waiting times for Jigsaw services, by area; and if he will make a statement on the matter. –Mark Ward

Dear Deputy Ward,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

Jigsaw is funded by the HSE to provide youth mental health services for those with mild to moderate mental health difficulties. They provide face-to-face, online and phone based services to young people aged between 12 to 25 years old while working with communities to resource and support parents and other adults who work with young people.

****Please be advised that the information requested by the Deputy has been provided by Jigsaw directly.

****Please note that this data is subject to change due to ongoing review and validation by Jigsaw.

The most recently available wait time data per Jigsaw service is provided in the table below

| Service | Wait Time at end Sept 2023 |
|-------------------|----------------------------|
| Cork | 1-2 weeks |
| Donegal | 10 weeks |
| Dublin 15 | 6 weeks |
| Dublin City | 16 weeks |
| Dublin South West | 16 weeks |
| Galway | 7 weeks |
| Kerry | 2 weeks |
| Limerick | 8 weeks |
| Meath | 10 weeks |
| North Fingal | 8 weeks |
| Offaly-Laois | 14 weeks |
| Roscommon | 9 weeks |

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|---|-------------------|---------|--|
| | T ipperary | 4 weeks | |
| | Wicklow | 2 weeks | |
| | Live Chat Service | 0 weeks | |

All young people awaiting a first appointment with a Jigsaw service are made aware of the availability to them of Jigsaw's Live Chat service (a text based session with a qualified clinician). This service is available 5 days a week and there is little or no wait time to engage in a session.

In terms of further expansion, Jigsaw is ambitious to extend its reach and availability to young people across Ireland. This will take two key forms:

- 1. The development of a broader range of clinical services and supports for young people, many of them technology-enabled. Jigsaw's experience over 17 years has demonstrated that demand for mental health services is growing among young people, and that a more customised approach for each young person will help us meet their needs in a more timely fashion, be that through single or multi-session, online, video, chat or in-person, group or peer support. Work on this expanded range of offerings is already underway in 2023, in the form of development of an integrated new case management system (electronic health record) and the piloting of some new service offerings.
- **2.** The development of further community based services in counties where Jigsaw does not yet have a physical presence.

I trust this information is of assistance to you.

Yours sincerely,

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Sarah Hennessy General Manager National Mental Health Services