

Deputy Matt Carthy
Leinster House
Kildare Street,
Dublin 2

22nd July 2024

Re: Forwarded PQ ref 24017/24

To ask the Minister for Health the services that are available or planned, to provide consultation and assessment clinics for adults with ADHD in the Cavan/Monaghan area; and if he will make a statement on the matter.

Dear Deputy Carthy,

I refer to your recent correspondence received to this office on 23rd May 2024 in connection with the above. My sincere apologies for the delay on issuing this response to you.

I have examined the matter and the following outlines the position of Cavan Monaghan Mental Health Service (CMMHS).

There are currently no specific, specialised ADHD mental health services in Cavan or Monaghan.

We have been advised that, in 2024, Minister Butler has approved and provided funding for five additional posts to develop an Adult ADHD service across Cavan, Louth, Meath, and Monaghan mental health services. This initiative is to advance the HSE ADHD National Clinical Programme (NCP).

The posts are as follows:

- 1 WTE consultant psychiatrist;
- 1 WTE Clinical Nurse Specialist;
- 1 WTE Senior Psychologist;
- 1 WTE Senior Occupational Therapist;
- 1 WTE grade 4 administrative support.

In partnership with our colleagues in Louth Meath Mental Health service, we have begun the process to plan the establishment of this service. You will appreciate that the setting up of a new service will take some time as we need to establish governance arrangements, locate accommodation for the team and recruit the staff. The recruitment process for the Consultant Psychiatrist will likely take the longest time. This is a specialist service and as there are ongoing shortages of suitably trained and qualified staff available for recruitment, across all staff disciplines, nationally and internationally, this may also impact on the timeline.

Operational policies for this service will also need to be developed, including admission, treatment and discharge. These will be guided and informed by the policies and guidelines of the HSE ADHD National Clinical Programme (NCP).

That being said, Cavan Monaghan and Louth Meath mental health service are eager to progress this for our population and are working together to have this service operational as soon as possible.

I hope this information will be of some assistance to you however should you require any further information please do not hesitate to contact me.

Yours sincerely



Pauline Ackermann
General Manager
Mental Health Services CHO1 CDLMS