



Offig de Meabhairshláinte Seirbhísi  
FSS Cheatharlach, Chill Chainnigh  
agus Thiobraid Árann Theas  
FSS Phort Láirge agus Loch Garman

St Canice's Hospital, Bóthar Átha Cliath  
Cill Chainnigh  
R95P231

Office of Head of Service Mental Health  
HSE Carlow Kilkenny and Tipperary  
South  
HSE Waterford Wexford

St. Canice's Hospital, Dublin Road  
Kilkenny  
R95P231

[dublinsoutheast.hse.ie](mailto:dublinsoutheast.hse.ie)

T: 0567784493

E: [cho5mentalhealth@hse.ie](mailto:cho5mentalhealth@hse.ie)

4<sup>th</sup> April 2025

Mr Conor McGuinness T.D.  
Leinster House,  
Kildare Street,  
Dublin 2.

**PQ 15373/25**

**To ask the Minister for Health the reason there are no publicly funded routes to access diagnostic services in the southeast for autistic and ADHD adults, especially as public diagnostic services are seen elsewhere in the country, and private diagnosis can cost thousands of euros; and if she will make a statement on the matter.**

Dear Deputy McGuinness,

I have reviewed the matter and liaised with colleagues in disability services and the following is the current position.

#### **Mental Health Services ADHD services for Adults**

In 2025 Mental Health Services have received national funding approval to develop an Adult ADHD Team to serve IHA Waterford Wexford and IHA Carlow Kilkenny and South Tipperary areas. This funding will allow for the recruitment of a Consultant with administrative support, a Psychologist, an Occupational Therapist and a Clinical Nurse Specialist. Recruitment of these posts is being prioritised with a view (subject to successful recruitment) to having in place in Quarter 3 2025.

#### **Disability Services - Autism**

The pathway for access to services and assessment of autism for children is through the National Access Policy by referral to either Children's Disability Network Teams (CDNTs) or referral to Primary Care Therapy Assessment Team (PCAT). The focus for Adult Disability Services is to provide support for adults who have transitioned from Children's Disability Services or provision of services for adults that have received a diagnosis of a disability.

I trust this information is of assistance to you. Should you have any further queries please do not hesitate to contact me.

Yours sincerely

---

**Mrs. Anne Donaghey**  
**Head of Service Mental Health Services**