



Deputy Clarke,  
Dail Eireann,  
Leinster House,  
Kildare Street,  
Dublin 2.

Date: 17<sup>TH</sup> April 2025

**PQ Number: 15880/25**

**PQ Question: To ask the Minister for Health further to Parliamentary Question No. 441 of 7 February 2025, where it stated that recruitment is underway for an adult eating disorder team in Dublin South West/Kildare and the Midlands, and a CAMHS eating disorder team in Mid-West in 2025, when she envisages seeing patients, the number and the breakdown of staff required for each team, the types of professionals that will make up these teams and what it will look like in practice. -Sorca Clarke**

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Dear Deputy Clarke,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

The HSE has prioritised eating disorder services as part of National Clinical Programmes (NCPs) and has established a specific clinical programme for eating disorders. The NCPs aim to develop person-centred, integrated care through a clinician-led, evidence-based approach to service reform. The need for specialist services is reflected in Sharing the Vision and more recently in the new Programme for Government. In January 2018 the HSE published a National Model of Care for Eating Disorders (MOC) in partnership with College of Psychiatrists' of Ireland and Bodywhys.

The HSE core focus is on developing regional community-based specialist eating disorder services across CAMHS and adult populations (in line with MOC) provided by skilled multidisciplinary teams, through the National Clinical Programme for Eating Disorders.

**Adult eating disorder team in Dublin South West/Kildare** – This service has received funding for 10WTEs including a consultant Psychiatrist to start an adult eating disorders service in the area in line with the Model Of Care to deliver outpatient eating disorder care, in time additional funding will be required to include more intensive outpatient treatment such as a day programme. The National Clinical Programme is linking with the local team in the area. They have commenced recruitment and approval has been granted approval to recruit a Consultant Psychiatrist via Public Appointments Service. The recruitment process can take

time and varies across disciplines and interest in the clinical area. It is not possible to give an exact date when all recruitment will be completed. In addition the service has established a steering group, has identified a premise in the community and is drafting plans for service delivery including all stakeholders and those with lived experience. In the interim all patients referred to mental health service with an eating disorder will be assessed by community mental health team.

**Dublin South West/Kildare – WTEs funded**

1. Consultant General Adult Psychiatrist
2. Psychologist, Senior Clinical
3. Dietitian, Clinical Specialist
4. Clinical Nurse Specialist (Mental Health)
5. Grade IV
6. Social Worker, Psychiatric Senior
7. Clinical Nurse Specialist (Mental Health)
8. Psychologist, Senior Clinical
9. Senior Registrar, Psychiatry
10. Occupational Therapist, Senior

**CAMHS eating disorder team in Mid-West in 2025**

This service has received funding in April 2025 for 6 WTEs including a consultant Psychiatrist to establish an eating disorders service in the Mid-West for CAMHS in line with the Model of Care. This is in addition to 2 Advanced Nurse Practitioner posts that were already in post. In time additional funding will be required to expand the service to deliver day programmes. The National Clinical Programme is linking with the local team in the area. The recruitment process can take time and varies across disciplines and interest in the clinical area. It is not possible to give an exact date when all recruitment will be completed. In preparation the service has established a steering group, has identified an interim premises in the community and is drafting plans for service delivery including all stakeholders. Recruitment is commencing following release of funding and in accordance with local protocols. In the interim all patients referred to mental health service with an eating disorder will be assessed by CAMHS Team.

1. Consultant Child & Adolescent Psychiatrist
2. Dietitian, Senior

3. Psychologist, Senior Clinical
4. Clinical Nurse Specialist (Mental Health)
5. Social Worker, Psychiatric Senior
6. Grade IV

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,

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**Dr Amir Niazi**  
**National Clinical Advisor & Group Lead for Mental Health**  
**Clinical Design and Innovation**  
**Health Service Executive**