



Oifig an Stiúrthóir Cúnta Náisiúnta,  
Foireann Míchumais Náisiúnta, An Chéad  
Urlár - Oifigí 13, 14, 15, Áras Phlásóg na Rós,  
Coimpléasc Gnó na hOllscoile, Páirc  
Náisiúnta Teicneolaíochta, Caladh an  
Treoigh, Luimneach

Office of the Assistant National  
Director, National Disability Team,  
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28<sup>th</sup> May 2025

Deputy Catherine Callaghan,  
Dáil Éireann,  
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Kildare Street,  
Dublin 2.  
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**PQ: 20796/25**

*To ask the Minister for Children; Equality; Disability; Integration and Youth the increase in respite services, including locations, envisaged for 2025; and if she will make a statement on the matter.*

Dear Deputy Callaghan,

Thank you for your Parliamentary Question referenced above, which has been forwarded to me for direct reply

The HSE and its funded Agencies provide respite care to children and adults with disabilities. Respite can occur in a variety of settings for various lengths of time, depending on the needs of the individual service user and their family or carer, and according to available resources. Respite is not always centre-based and can be provided in a number of ways, e.g. Centre based; In-Home; Home-to-Home; Family Support, etc. As a vital part of the continuum of services for families, respite potentially helps prevent out-of-home full-time residential placements, preserves the family unit, and supports family stability.

The provision of residential respite services has come under increasing pressure in the past number of years due to a number of impacting factors such as:

- an increase in the number of children and adults who are seeking access to respite as a reflection of general population increase;
- increasing levels of complexity across the sector due to better and improved health care;
- an increase in the age of people with a disability resulting in people presenting with “changing needs”;
- a significant number of respite beds have been utilised on longer-term basis due to the presenting complexity of the individual with a disability and also due to home circumstances, which prevents availability of the bed to other respite users;
- the regulation of service provision as set by HIQA, which requires Service Providers to comply with regulatory standards in order to meet regulation. Standards specify a requirement for personal and appropriate space which impacts on the capacity and Statement of Purpose for a Designated Centre. This has had a direct impact on capacity where respite beds are no longer allowed within a residential setting e.g. vacated by residents who go home at weekends or for holidays, can no longer be used for respite.
- Implementation of the national policy on congregated settings (Time to Move on from Congregated Settings Policy) is also affecting capacity.

Respite is a key priority area for the HSE for people with disabilities and their families and we have seen significant investment in respite services, which has impacted positively on the level of service delivered in successive years.

In 2024, we delivered **160,952 overnights** and **64,162 day only sessions** to around 6,640 people with a disability. A comparison of 2023 and 2024 activity data, shows an increase of 9,351 respite



overnights, representing a growth rate of 6.2% and additional Day-Only Sessions of 19,721 and a growth rate of 43.4%.

### **Future Planning**

There is significant unmet need currently and the projected changes in the size and age profile of the disability population will add to unmet need over the coming decade.

With regard to centre based respite, the Disability Capacity Review informs of up to €10 million in additional provision per year is required (20% additional quantum – 26,200 approx. additional overnights per year).

The Action Plan for Disability Services 2024 – 2026, prepared by the Department of Children, Equality, Disability, Integration and Youth, details the mix of overnight and alternative respite that will be provided in the short term, and will aim to maximise the impact and reach of these services.

It is proposed to increase the level of respite provision by around a third, through a mix of:

- Provision of alternative respite options including in-home respite, after-school and day respite programmes, host families, summer programmes;
- Using existing overnight residential capacity to the maximum extent;
- Providing additional overnight respite capacity where this is needed.

In NSP 2025, additional allocation has been provided to increase the occupancy of existing respite capacity, where feasible, and alternative respite provision, including in-home respite support hours and group-based targeted measures such as summer camps and evening provision.

Yours Sincerely,

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Dr. Aoife O'Donohue,  
Stiúrthóir Náisiúnta Cúntóir, Seirbhísí Mhíchumas, Rochtain agus Imeascadh,  
Assistant National Director, Disability Services, Transformation & Programme Coordination,  
Access & Integration