



**Ceann Seirbhíse, Cúraim Príomhúil**  
Cúram Sláinte Pobail Cabhán Dún na nGall  
Liatroim Muineachán, Sligeach  
An Clochar, Sráid an Choláiste, Béal Átha  
Seanaidh, Co Dhun na nGall, F94 TPX4

**Head of Service, Primary Care**  
Community Healthcare Cavan Donegal  
Leitrim Monaghan Sligo  
HSE, An Clochar, College Street,  
Ballyshannon, Co Donegal, F94 TPX4

[www.hse.ie](http://www.hse.ie) @hselive  
t: 071 9834627 | 071 9834637  
e: HOSPC.CHO1@hse.ie

13<sup>th</sup> May 2025

Deputy Cathy Bennett  
Dáil Éireann  
Leinster House  
Kildare Street  
Dublin 2

**PQ ref 21599/25 - “To ask the Minister for Health the drug rehabilitation services available in County Monaghan; and if she will make a statement on the matter.”**

Dear Deputy Bennett

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response.

Having examined the matter, I can confirm that there are a number of HSE-funded services operating in County Monaghan as set out below.

Name of Service	Age Group	Services Provided
Monaghan & Cavan Youth Support Service (MACYSS)  A youth and family alcohol and drug service	Supports young people aged 12-18 years and their families in Cavan and Monaghan who are affected by substance use	<ul style="list-style-type: none"><li>Clinical intervention and professional support for young people and families</li><li>Education and awareness training for parents, youth workers, and teachers</li><li>Community engagement to reduce and prevent alcohol and drug-related harm</li><li>One-to-one therapeutic support and personalized plans for young people.</li></ul>
Cavan & Monaghan Drug & Alcohol Service (CAMDAS)  Provides community-based drug and alcohol treatment support for individuals and families	Adults aged 18 and over	<ul style="list-style-type: none"><li>Key working and case management</li><li>Information, education, and advocacy support</li><li>Family support</li><li>Drug Rehabilitation CE Scheme</li><li>Parenting Under Pressure (PuP) Programme</li></ul>
Family Addiction Support Network (FASN)  Offers support for families affected by addiction, helping them cope with the impact of a loved one's substance use	Adults aged 18 and over	Provides a range of services to support families affected by addiction. Their services include: <ul style="list-style-type: none"><li><b>24-Hour Telephone Helpline:</b> Confidential support available anytime for families in crisis</li><li><b>One-to-One Support:</b> Personalized sessions with trained specialists who have lived experience</li><li><b>Online &amp; Telephone Support:</b> Flexible options for families who cannot attend in-</li></ul>



		<p>person meetings</p> <ul style="list-style-type: none"> <li>• <b>5-Step Educational Program:</b> A structured online program covering addiction education, communication strategies, self-care, boundary-setting, and community resources</li> <li>• <b>Access to Online Counselling:</b> Professional counselling services tailored to family members dealing with addiction-related challenges.</li> </ul>
<p>Cuan Mhuire, Ballybay</p> <p>Offers support for individuals struggling with alcohol, drug, and gambling addictions. Cuan Mhuire Ballybay has an open-door policy, welcoming individuals from the greater Cavan/Monaghan area.</p>	Adults aged 18 and over	<ul style="list-style-type: none"> <li>• <b>Residential Treatment:</b> A structured program tailored to individual needs, lasting 12 to 20 weeks.</li> <li>• <b>Transition House:</b> Provides continued support for men who have completed residential treatment but need extra time and aftercare.</li> <li>• <b>Community Support:</b> The Fitzgerald Centre hosts Alcoholics Anonymous, Gamblers Anonymous, Al-Anon, and Gam-Anon meetings, along with counselling and family support services.</li> <li>• <b>Aftercare &amp; Life Skills Training:</b> Helps individuals reintegrate into society with employment opportunities and independent living support.</li> </ul>
Drug Treatment Service Opiate Substitute Clinic	Adults aged 18 and over	Opioid Substitution Treatment (OST) clinics at GP Level 2 in Cavan and Monaghan provide comprehensive care for opioid-dependent patients. Level 2 GPs are trained to assess, initiate treatment, stabilize, and maintain OST treatment in a primary care setting.
<p><b>SAOR</b></p> <p>The SAOR model is a structured approach to Screening and Brief Intervention (SBI) for alcohol and substance use. It is widely used in Ireland, particularly within HSE addiction services, to help professionals engage with individuals who may be experiencing</p>	Adults aged 18 and over	<p>SAOR Model Steps:</p> <ol style="list-style-type: none"> <li>1. <b>Support</b> – Establish rapport and create a safe space for discussion.</li> <li>2. <b>Ask &amp; Assess</b> – Explore the person's substance use and its impact.</li> <li>3. <b>Offer Assistance</b> – Provide brief interventions, advice, and support.</li> <li>4. <b>Refer</b> – Guide individuals toward appropriate treatment or further support.</li> </ol> <p>SAOR training is available for professionals working in healthcare, social services, and community settings. The HSE National Addiction</p>



substance-related harm.		Training Programme offers SAOR training, which includes an eLearning module followed by a skills practice workshop.
Primary Care Addiction Counsellor Cavan & Monaghan (vacant post at present)	Adults aged 18 and over	The Primary Care Addiction Counsellor role in Monaghan involves providing community-based support for individuals struggling with substance use.
North East Regional Drug & Alcohol Task Force (NERDATF)	Training and education for under 18s and Adults.	<p>Provides various supports in Monaghan related to education and training for people affected by substance use. Some key initiatives include:</p> <ul style="list-style-type: none"><li>• <b>Community-Based Education Programmes:</b> Offering workshops and training sessions on drug and alcohol awareness.</li><li>• <b>Youth &amp; Family Support Services:</b> Providing educational resources for young people and families impacted by substance use.</li><li>• <b>Training for Professionals:</b> Supporting healthcare workers, educators, and community leaders with specialised training in addiction-related topics.</li></ul>

In addition to the above support, the HSE Alcohol & Drug Helpline at 1800 459 459 is a confidential freephone helpline open from Monday to Friday between 9:30 am and 5:30 pm. The helpline provides support, information, guidance and referral on anything to do with substance use and alcohol. For further details, the websites [www.askaboutalcohol.ie](http://www.askaboutalcohol.ie) and [www.drugs.ie](http://www.drugs.ie) provide additional resources on addiction services, both locally and nationally.

I trust that this is of assistance, but please do not hesitate to contact me if you require anything further.

Yours sincerely

**Mandy Doyle**  
**Ceannasaí Seirbhíse, Cúram Príomhúil**  
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