

Deputy Matt Carthy
Leinster House
Kildare Street,
Dublin 2

3rd March 2025

Re: Forwarded PQ ref 2507/25

To ask the Minister for Health the services that are available or planned, to provide consultation and assessment clinics for adults with ADHD in the Cavan/Monaghan area; and if he will make a statement on the matter.

Dear Deputy Carthy,

I refer to your correspondence received to this office on 27th January 2025 in connection with the above. I have examined the matter and the following outlines the position of Cavan Monaghan Mental Health Service (CMMHS). Apologies for the slight delay on the issuing of this response to you.

There are currently no specific, specialised ADHD mental health services in Cavan or Monaghan. We have been advised that, in 2024, Minister Butler has approved and provided funding for five additional posts to develop an Adult ADHD service across Cavan, Louth, Meath, and Monaghan mental health services. This initiative is to advance the HSE ADHD National Clinical Programme (NCP). This team is shared between Louth/Meath and Cavan/Monaghan services. Both areas will provide a base for the ADHD team to work from.

The posts are as follows:

- 1 WTE consultant psychiatrist;
- 1 WTE Clinical Nurse Specialist;
- 1 WTE Senior Psychologist;
- 1 WTE Senior Occupational Therapist;
- 1 WTE grade 4 administrative support.

The process has begun to plan the establishment of this service. You will appreciate that the setting up of a new service will take some time as we need to establish governance arrangements, locate accommodation for the team and recruit the staff.

The recruitment process for the Consultant Psychiatrist is almost complete with the post already on offer following interview. The recruitment process has commenced to fill the other four posts however it is not possible to advise at this time on a time frame for the completion of this process.

As there are ongoing shortages of suitably trained and qualified staff available for recruitment, across all staff disciplines, nationally and internationally, this may also impact on the timeline.

This is a specialist service and it is envisaged as we saw in the midlands that when fully recruited the team will require time to set up before roll out happens. Operational policies for this service will need to be developed, including admission, treatment and discharge. These will be guided and informed by the policies and guidelines of the HSE ADHD National Clinical Programme (NCP).

Cavan Monaghan and Louth Meath mental health service are eager to progress this for our population and are working together to have this service operational as soon as possible. In the meantime, services such as ADHD Ireland have proven to be helpful for people. This service is for adult >18. All under 18 services are provided by the CAMHS teams.

I hope this information will be of some assistance to you however should you require any further information please do not hesitate to contact me.

Yours sincerely

Pauline Ackermann

General Manager

Mental Health Services CHO1 CDLMS