



Deputy Clarke,
Dail Eireann,
Leinster House,
Kildare Street,
Dublin 2.

Date: 07.08.2025

PQ Number: 41868/25

PQ Question: To ask the Minister for Health how the impact and effectiveness of the new eating disorder beds will be monitored and reported publicly. –Sorca Clarke

Dear Deputy Clarke,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

The HSE has prioritised eating disorder services as part of National Clinical Programmes (NCPs) and has established a specific clinical programme for eating disorders. The NCPs aim to develop person-centred, integrated care through a clinician-led, evidence-based approach. The HSE core focus is on developing regional community-based specialist eating disorder services across CAMHS and adult populations, provided by skilled multidisciplinary teams, through the National Clinical Programme for Eating Disorders.

The NCPED has been actively monitoring and reporting on the impact of community ED teams since the programme started. Data is collected by each team using agreed minimum datasets. This in has been used to inform services in Ireland and also published in international journals to contribute to global understanding of eating disorders. This culture will be followed through in any new inpatient facility and will also include patient and family/supporter feedback.

In Ireland the National Psychiatric Inpatient Reporting System (NPIRS) gathers data on patient admissions to, and discharges from, psychiatric hospitals and units throughout Ireland. The data collected have been reported in the Activities of Irish Psychiatric Services since 1965 and continue to play a central role in the planning of service delivery. These findings inform national policy, health service management, clinical practice and international academic research in the area of mental health.

Independent monitoring of inpatient facilities is provided by Inspector of Mental Health Services based in Mental Health Commission.

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,

Dr Amir Niazi
National Clinical Advisor & Group Lead for Mental Health
Clinical Design and Innovation
Health Service Executive