



Office of the Assistant National Director  
Access and Integration

HSE Mental Health Services,  
St. Loman's Hospital,  
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D20HK69

Oifig an Stiúrthóir Náisiúnta Cúnta  
Rochtain agus Comhtháthú: Seirbhísí  
Meabhairshláinte FSS  
Ospidéal Naomh Loman  
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Deputy Padraig Rice  
Dail Eireann,  
Leinster House,  
Kildare Street,  
Dublin 2.

19<sup>th</sup> August 2025

**PQ Number: 42700/25**

**PQ Question: To ask the Minister for Health the average wait time for urgent referrals for counselling services, by regional health area and integrated healthcare area, in tabular form. – Padraig Rice**

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Dear Deputy Rice,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

Referrals to the the HSE National Counselling Service are screened according to agreed eligibility criteria and if assessed as appropriate for counselling are placed on the waiting list in chronological order.

Counselling is not an urgent response service. The NCS does not maintain a waiting list for urgent referrals.

The table below indicates the latest available information for the number of people waiting for counselling and average waiting times at **30.6.2025**. Figures are provided by Health Region, LHO, and length of time waiting.



**Table 1: Number waiting for counselling with CIPC/Average Waiting Time by Area at 30.06.2025**

| HSE Region - CIPC Service<br>Number Waiting and Average<br>Waiting Time | LHO Area                      | Less than<br>1 Mth | >1<3 Mths   | 3-6 Mths    | 6 Mths +    | Total no.<br>Waiting | Average<br>Wait<br>time*<br>(Months) |
|---|-------------------------------|--------------------|-------------|-------------|-------------|----------------------|--------------------------------------|
| HSE Dublin & Midlands   | Dublin South City             | 20                 | 14          | 0           | 0           | 34                   | 1.12                                 |
| HSE Dublin & Midlands   | Dublin South West             | 22                 | 26          | 0           | 0           | 48                   | 1.31                                 |
| HSE Dublin & Midlands   | Dublin West                   | 31                 | 45          | 13          | 0           | 89                   | 1.84                                 |
| HSE Dublin & Midlands   | Kildare West Wicklow          | 36                 | 18          | 0           | 0           | 54                   | 1                                    |
| HSE Dublin & Midlands   | Laois Offaly                  | 47                 | 129         | 61          | 29          | 266                  | 2.91                                 |
| HSE Dublin & Midlands   | Longford Westmeath            | 29                 | 95          | 88          | 43          | 255                  | 3.62                                 |
| <b>HSE Dublin &amp; Midlands</b>  | <b>Total</b>                  | <b>185</b>         | <b>327</b>  | <b>162</b>  | <b>72</b>   | <b>746</b>           | <b>2.7</b>                           |
| HSE Dublin & North East   | Cavan Monaghan                | 11                 | 26          | 24          | 14          | 75                   | 3.61                                 |
| HSE Dublin & North East   | Dublin North                  | 55                 | 99          | 59          | 0           | 213                  | 2.3                                  |
| HSE Dublin & North East   | Dublin North Central          | 34                 | 77          | 129         | 19          | 259                  | 3.45                                 |
| HSE Dublin & North East   | Dublin North West             | 22                 | 65          | 97          | 4           | 188                  | 3.23                                 |
| HSE Dublin & North East   | Louth                         | 24                 | 62          | 42          | 2           | 130                  | 2.62                                 |
| HSE Dublin & North East   | Meath                         | 22                 | 62          | 118         | 74          | 276                  | 4.43                                 |
| <b>HSE Dublin &amp; North East</b>                                      | <b>Total</b>                  | <b>168</b>         | <b>391</b>  | <b>469</b>  | <b>113</b>  | <b>1141</b>          | <b>3.35</b>                          |
| HSE Dublin & South East   | Carlow Kilkenny               | 7                  | 45          | 82          | 22          | 156                  | 4.02                                 |
| HSE Dublin & South East   | Dublin South East             | 17                 | 33          | 50          | 70          | 170                  | 4.85                                 |
| HSE Dublin & South East   | Dun Laoghaire                 | 19                 | 40          | 72          | 151         | 282                  | 5.48                                 |
| HSE Dublin & South East   | South Tipperary               | 7                  | 33          | 24          | 19          | 83                   | 3.86                                 |
| HSE Dublin & South East   | Waterford                     | 21                 | 60          | 80          | 10          | 171                  | 3.31                                 |
| HSE Dublin & South East   | Wexford                       | 10                 | 41          | 54          | 19          | 124                  | 3.81                                 |
| HSE Dublin & South East   | Wicklow                       | 17                 | 32          | 76          | 103         | 228                  | 5.21                                 |
| <b>HSE Dublin &amp; South East</b>                                      | <b>Total</b>                  | <b>98</b>          | <b>284</b>  | <b>438</b>  | <b>394</b>  | <b>1214</b>          | <b>4.57</b>                          |
| HSE Mid West  | Clare                         | 4                  | 36          | 75          | 83          | 198                  | 5.22                                 |
| HSE Mid West  | Limerick                      | 19                 | 104         | 116         | 38          | 277                  | 3.7                                  |
| HSE Mid West  | North Tipperary East Limerick | 8                  | 28          | 39          | 77          | 152                  | 5.35                                 |
| <b>HSE Mid West</b>   | <b>Total</b>                  | <b>31</b>          | <b>168</b>  | <b>230</b>  | <b>198</b>  | <b>627</b>           | <b>4.58</b>                          |
| HSE South West  | Kerry                         | 21                 | 41          | 20          | 5           | 87                   | 2.53                                 |
| HSE South West  | North Cork                    | 11                 | 18          | 13          | 2           | 44                   | 2.61                                 |
| HSE South West  | North Lee                     | 30                 | 70          | 58          | 14          | 172                  | 3.03                                 |
| HSE South West  | South Lee                     | 26                 | 68          | 45          | 15          | 154                  | 3.01                                 |
| HSE South West  | West Cork                     | 7                  | 14          | 9           | 2           | 32                   | 2.72                                 |
| <b>HSE South West</b>   | <b>Total</b>                  | <b>95</b>          | <b>211</b>  | <b>145</b>  | <b>38</b>   | <b>489</b>           | <b>2.88</b>                          |
| HSE West & North West   | Donegal                       | 35                 | 63          | 54          | 22          | 174                  | 3.17                                 |
| HSE West & North West   | Galway                        | 46                 | 73          | 33          | 98          | 250                  | 4.21                                 |
| HSE West & North West   | Mayo                          | 18                 | 20          | 2           | 14          | 54                   | 3.02                                 |
| HSE West & North West   | Roscommon                     | 8                  | 8           | 3           | 8           | 27                   | 3.46                                 |
| HSE West & North West   | Sligo Leitrim                 | 31                 | 35          | 53          | 64          | 183                  | 4.39                                 |
| <b>HSE West &amp; North West</b>  | <b>Total</b>                  | <b>138</b>         | <b>199</b>  | <b>145</b>  | <b>206</b>  | <b>688</b>           | <b>3.87</b>                          |
| <b>National Total</b>   |                               | <b>715</b>         | <b>1580</b> | <b>1589</b> | <b>1021</b> | <b>4905</b>          | <b>3.62</b>                          |

I trust this information is of assistance to you.

Yours Sincerely,

**Tony McCusker**  
**General Manager**  
**Access and Integration; HSE Mental Health Services**

