

Oifig an Chomhairleora Chliniciúil Náisiúnta agus Ceannaire Grúpa do Mheabhairshláinte

HSE, Ospidéal an Dr Stevens, Baile Átha Cliath 8, DO8 W2A8

Office of the National Clinical Advisor and Group Lead for Mental Health

HSE, Dr Steevens' Hospital, Dublin 8, DO8 W2A8

www.hse.ie @hselive

DATE: 20th June 2025

e: ncagl.mentalhealth@hse.ie

Deputy Alan Kelly, Dail Eireann, Dublin 2.

PQ Number: 30397/25

PQ Question: To ask the Minister for Health the estimated full year costs of fully staffing four additional early intervention in psychos (EIP) teams; and the job title of staff required to fully resource a EIP team. -Alan Kelly

Dear Deputy Kelly,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

The HSE National Clinical Programme for Early Intervention in Psychosis is a joint initiative between the HSE and the College of Psychiatrists of Ireland, with the Model of Care launched on 12th June 2019. Each year in Ireland an estimated 1,500 people develop a psychotic disorder for the first time. National Implementation of this clinical programme will require the development of approximately 25 EIP services in Ireland in line with Sharing the Vision recommendation 52.

There are 5 EIP Teams in place across the HSE. All are at various stages of development and resourcing when compared with the HSE EIP Model of Care. The 5 EIP teams are RISE, South Lee & EIST North Lee CHO4 (2 teams), Sligo/ Leitrim/ South Donegal CHO 1, DETECT- Dublin, North Wicklow CHO 6, Meath CHO8. 3 additional adult teams have received funding in 2025 and are in the early stages of recruitment, they will serve, North Dublin, Tallaght/Ballyfermot and Mid-West. A small team (3.5WTEs) has been funded to establish a service for CAMHS based in South Dublin.

Early Intervention in Psychosis:

17 more EIP specialist services are required to provide national coverage for all people aged 14-64 years old as per the EIP Model of Care at an estimated cost of €30M.

EIP Teams: A fully staffed EIP Specialist Team providing care to a population of 200,000 people aged 14-64 years old will cost in the region of €1.6 million, €6.4m for 4 Teams. The costs will vary from urban to rural settings as the rates of psychosis are higher in urban settings, where there are more young people and where there are higher rates of socioeconomic deprivation. However, the HSE commissioned the development of a population based psychosis incidence model. This model was published in December 2022. This model allows us to predict the incidence of psychosis that would be expected in each community mental health team area in

Ireland. This allows us to identify the areas of the highest need (i.e. highest predicted rates of psychosis). It also allows us to allocate resources according to actual need in each area to ensure services are neither under nor over resourced. As detailed in the Model of Care the composition of EIP team by staff member is listed below, this is based on population of 200,000 with an incidence of 27/100,000.

Staff (WTE)
Consultant Psychiatrist
Registrar
Team coordinator
EIP Keyworkers
Psychologist/CBTp Lead
CBTp trained staff
Social Worker / BFT Lead
Behavioural Family Therapy (BFT) trained staff
Occupational Therapist
Individual Placement Support Worker (IPS)
Dietician
Admin (Grade IV)

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,

Dr Amir Niazi National Clinical Advisor & Group Lead for Mental Health Clinical Design and Innovation Health Service Executive