

Oifig an Chomhairleora Chliniciúil Náisiúnta agus Ceannaire Grúpa do Mheabhairshláinte

HSE, Ospidéal an Dr Stevens, Baile Átha Cliath 8, DO8 W2A8 Office of the National Clinical Advisor and Group Lead for Mental Health

HSE, Dr Steevens' Hospital, Dublin 8, DO8 W2A8

www.hse.ie @hselive

e: ncagl.mentalhealth@hse.ie

Deputy Kerrane, Dail Eireann, Leinster House, Kildare Street, Dublin 2.

Date: 10th March 2025

PQ Number: 9623/25

PQ Question: To ask the Minister for Health to provide the number of psychiatrists working in the HSE that specialise in eating disorders; the number of psychiatrists working privately; and if she will make a statement on the matter. -Claire Kerrane

Dear Deputy Kerrane,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

The HSE has prioritised eating disorder services as part of National Clinical Programmes (NCPs) and has established a specific clinical programme for eating disorders. The NCPs aim to develop personcentred, integrated care through a clinician-led, evidence-based approach to service reform. The need for specialist services is reflected in Sharing the Vision and more recently in the new Programme for Government.

The HSE core focus is on developing regional community-based specialist eating disorder services across CAMHS and adult populations, provided by skilled multidisciplinary teams, through the National Clinical Programme for Eating Disorders.

There are currently five CAMHS teams and six adult teams at various stages of development across the HSE. These consultant-led teams provide specialist eating disorder assessment and treatment in the community and are the foundations of quality eating disorder care. The table below sets out the location of these teams in the newly established HSE regions.

Eating Disorders Regional teams by HSE Regions

Region /population	Current Eating Disorders Teams
HSE Dublin and North East: (1,187,082 population)	Cavan Monaghan – adult team
	Dublin North City and West – CAMHS Team
	Dublin North County – Adult Team
HSE Dublin and Midlands: (1,077,639 population)	Dublin South City and West/Kildare/West
	Wicklow – CAMHS Team
New 2025	Dublin South West/Kildare – Adult Team in
	recruitment 2025

New 2025	Midlands - Adult Team in recruitment 2025
HSE Dublin and South East: (971,093 Population)	Carlow Kilkenny/ Tipperary South/Waterford Wexford – Adult Team
	Dublin South and Wicklow – CAMHS Dublin South and Wicklow Adult Team
HSE Mid-West: (413,059 Population) New 2025	CAMHS ED team – Midwest in recruitment 2025
HSE South West: (740,614 population)	CAMHS team
	Adult team
HSE West and North West: (759,652 population)	CAMHS Team – Galway/Roscommon Adult Team – Sligo/Leitrim/South Donegal

Notes on Table

- While we develop specialist teams across areas there are a number of ANPs and other dedicated staff working in Cavan CAMHS, Donegal, Midlands, South Tipperary CAMHS that are preparing sites and attending all our training and education.
- Since the MOC was published (2018) the population has grown, and this will be reflected in any review.

Over 90 eating disorder clinicians have been recruited since the establishment of the NCP for eating disorders including 11 Consultant Psychiatrists (one vacancy March 2025). This is in contrast to pre-2018 when there were less than 5 HSE clinicians in dedicated eating disorder posts including 1 Consultant Psychiatrist. During 2025 an additional 3 ED teams will become operational with an additional 3 Consultant posts.

Every year more children, adolescents and adults are accessing assessments and treatment with HSE regional community-based specialist eating disorder teams. The HSE is a public service organisation. We do not collect number of private psychiatrists.

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,

Dr Amir Niazi National Clinical Advisor & Group Lead for Mental Health Clinical Design and Innovation Health Service Executive