



Oifig an Chomhairleora Chliniciúil
Náisiúnta agus Ceannaire Grúpa do
Mheabhairshláinte

HSE, Ospidéal an Dr Stevens, Baile Átha
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Deputy Grace Boland,
Dail Eireann,
Leinster House,
Kildare Street,
Dublin 2.

8th October 2025

PQ Number: 52725/25

PQ Question: To ask the Minister for Health the way in which her Department plans to ensure equitable access to specialist perinatal mental health services for women in larger towns such as Skerries and Balbriggan; and if outreach or satellite services are being considered. -Grace Boland

Dear Deputy Boland

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

The *Model of Care for Specialist Perinatal Mental Health Services* provides for a national network of six hub sites and thirteen spoke sites, ensuring access to specialist perinatal mental health care for women across all regions. Each hub site provides outreach and consultation to surrounding areas through satellite clinics and close collaboration with community-based services.

In Dublin, the Rotunda Hospital provides perinatal mental health services for women on the north side of the city and currently operates satellite clinics in Ballymun, Finglas, Swords and Ashbourne. The National Maternity Hospital provides outreach through its clinic in Harold's Cross, while the Coombe Women & Infants University Hospital is preparing to extend its service to Naas and Kildare. Other specialist hubs, including those in Cork and Limerick, are also planning further outreach clinics in their regions in collaboration with local maternity and primary care services.

Ensuring equitable access to specialist perinatal mental health care across all regions, including growing towns such as Skerries and Balbriggan, remains a key priority. The current refresh of the Model of Care will consider future service configuration and the potential for further outreach and satellite services in line with population growth and local need. As part of this ongoing development, additional consultant psychiatrist posts for the Rotunda Hospital and the National Maternity Hospital have been sought through the Estimates 2026 process to further enhance capacity within the Dublin region.

I trust this information is of assistance to you



Yours Sincerely,

Dr Amir Niazi
National Clinical Advisor & Group Lead for Mental Health
Clinical Design and Innovation
Health Service Executive